



TOSEA PACKING LIST

During your Baja adventure days generally will be warm and sunny with lots of sun exposure, and nights generally will be very cool. If your adventure takes you on the water if can get chilly on the boats.

Highly Recommended:

- 2 swim suits
- Wide-brimmed hat
- Comfortable walking shoes
- Beach shoes
- Light-weight walking pants and/or shorts
- Tee-shirts or similar
- Polar fleece (cold at night)
- Pajamas
- Windbreaker
- Sun shirts
- Socks and underwear
- Water bottle (need 1 liter)
- Small day pack
- Sunglasses
- Small flashlight/headlamp with extra batteries

Highly Recommended:

- Binoculars
- Coral-friendly sunblock for skin and lips
- Casual but neat clothing for dining out
- Camera and extra batteries
- Travel alarm clock
- Insect repellent
- Toiletries such as shampoo, conditioner, deodorant, etc.
- Prescription medications

Optional:

- Field guides
- Notebook and pen
- Anti-itch cream for bites
- Anti-diarrhea medication

TOSEA recommends that you pack all prescription medication in your carry-on luggage.