

Making a Difference

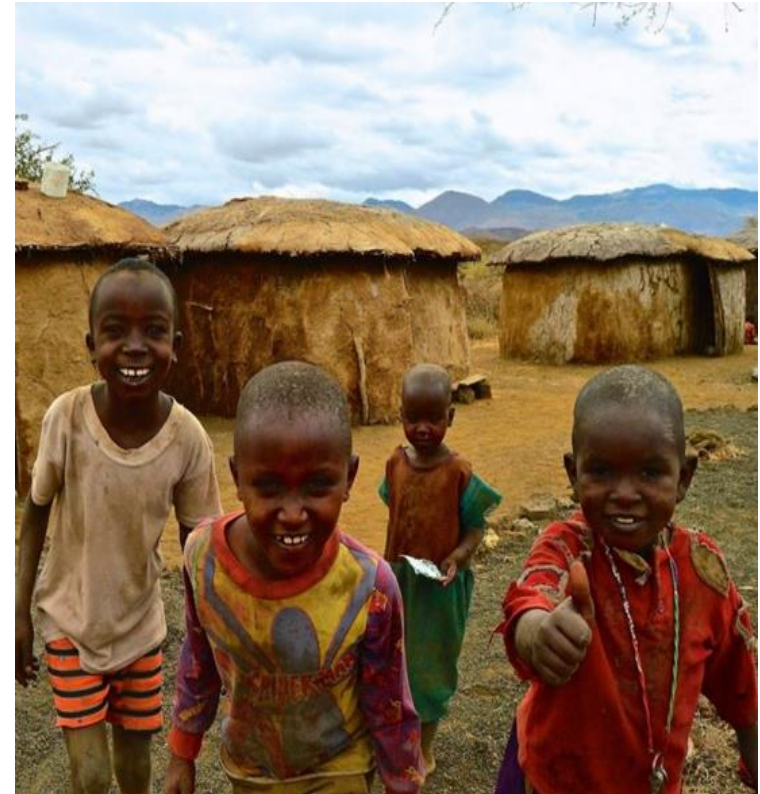
A fabulous holiday depends upon the integrity and purity of the experience which in turn is reliant upon the quality of its natural and cultural elements.

Epic recognises the priceless value of memorable experiences and is committed to supporting both the conservation of the unique ecosystems we visit and investment in the people who call them home.

Epic supports local organisations in the countries we visit who have developed effective small-scale programmes to:

- build local capacity and employment opportunities, empowering local communities to fight against poverty and to achieve sustainable development.
- provide economic incentives for conserving and enhancing bio-cultural diversity to help protect the natural and cultural heritage.
- and contribute to well-planned conservation projects.

“If you can’t feed a hundred people then just feed one.” Mother Theresa



Suggested donation items:

Basic School Supplies: Ball point pens, HB pencils, erasers, rulers, protractors, notebooks, sharpeners, solar powered calculators, exercise books A4 and A5 for both English and Math's, pencil crayons, glue stick, small scissors, chalk & brush, compasses, markers, English flash cards Alphabet/Maths/Words, English dictionary, paint brushes, children's story books

Sports equipment: Deflated soccer balls, small inflation pump, tennis balls, deflated netball & basketballs, skipping/jump ropes, whistles, frisbee, puzzles & draught board

Technology: Old phones/iPad/tablets/laptops (must have chargers and be unlocked for International SIM card or solar powered), flash drive/memory sticks

Clothing: Running shoes, boots, rain jackets for porters or anti-poaching teams, socks, new or gently used children's clothing and shoes, caps, sweaters, cloth nappies/diapers and for the ladies Sanitary Napkins (reusable cloth pads – girls miss 20% of school days in a year due to lack of sanitary products)

Miscellaneous: Beads for bead work, buttons with sewing needles and thread, glasses of all prescriptions including reading glasses, flashlights, solar lantern lights (for children to study in the evening), batteries (all sizes AA, AAA, C & D), torches

Unused First Aid Items: Antibiotic ointment, band aids, thermometer, insect repellent, bandages, scissors, safety pins, adhesive tape, tweezers, antibacterial cream, antiseptic hand wipes

~ Ps: If you do intend on bringing some of the above supplies on your trip, please let us know in advance as we need to consider the weight restrictions for the internal flights.