



PUERTO VARAS / HOTEL
LA VIDA FLUYE

2017 – 2018 EXCURSIONS MENU IN HOUSE – NO ARRENGEMENT REQUIRED

HIKING

Service	Duration	Level	Description
Sendero el Solitario	5 hrs.	Medium	4 hours of hiking in Osorno Volcano's rain forest.
Sendero Paso Desolación	8 hrs.	Medium - High	6 hours of hiking through a historic trail with great views of Todos los Saltos Lake.
Alerce Andino National Park	9 hrs.	Medium	5 hours of hiking between Alerce forests, lagoons and more.
Sendero El Solitario + Saltos del Petrohué	6 hrs.	Medium Low	4 hours of hiking in the Osorno Volcano's rainforest and waterfalls in Petrohué River.
Cayutué Lagoon	9 hrs.	Medium	Boat ride at the Todos Los Santos Lake, followed by a 3 hours hike through a remote part of Vicente Perez Rosales Park.
Vicente Pérez Rosales	8 hrs.	Medium	Visit to Osorno Volcano ski center with amazing views from above. 4 hours of hiking at El Solitario or soft hiking at Laguna Verde; Petrohué falls and Todos los Santos Lake.

CULTURAL

Service	Duration	Level	Description
German Culture: Frutillar and Nueva Braunau	5 hrs.	Low	Visit to Antonio Felmer museum and historical town of Frutillar.
German Culture: Arround Lake Llanquihue	8 hrs.	Low	Surround all the Lake with stops in Puerto Fonck, Puerto Octay, Frutillar and Puerto Varas.

HISTORY AND NATURE

Service	Duration	Level	Description
Monte Verde and Lahuen Ñadi	5 hrs.	Low	Visit to the archeological site of Monte Verde and soft hiking at a millenary temperate rain forest.

Observations:

All excursions are operated by AWA Hotel.
All excursions are subject to availability and weather conditions (third party partners may operate them).
All excursions can be scheduled on arrival.
All excursions include a snack and excursions over 5 hours include Box Lunch prepared by the hotel.





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EXCURSIONS MENU

OUR PARTNERS – PRE ARRENGEMENT REQUIERED

KAYAK, RAFTING AND STAND-UP PADDLE

Service	Duration	Level	Description
Rafting – Petrohué River. ****	5 hrs.	Low - Medium	2 hours of descending with level 3 rapids.
Kayak - Reloncaví Estuary	8 hrs.	Low - Medium	4.5 hours of rowing in calm water with volcano and mountain views.
Kayak – Lake Todos los Santos	8 hrs.	Low - Medium	4.5 hours of rowing toward town of Puntagudo and volcano views.
Kayak - Laguna Escondida	5 hrs.	Low - Medium	3 hours of rowing in calm water in a hidden lagoon with views of the Calbuco Volcano.
Kayak - Reloncaví Estuary	8 hrs.	Low - Medium	4.5 hours of paddling; Ralún to Cochamó village.
Stand Up Paddle - introduction	3 hrs.	Low	2 hours of rowing, includes introduction class.
Stand Up Paddle - La Poza	5 hrs.	Low	4 hours of paddling with 30 minutes of hiking; Volcano views with sightings of flora and fauna.

HORSEBACK RIDING

Service	Duration	Level	Description
Horseback riding to Cayutué Lagoon	7 hrs.	Low	Collection of ingredients from local providers followed by preparation of dishes.
Horseback riding in the native forest and wetlands	4 hrs.	Low	Riding in morning or afternoon.
Horseback riding in the shore of Petrohué river	4 hrs.	Low	Natural riding in the mountains.

COOKING EXPERIENCE

Service	Duration	Level	Description
Culinary Experience of Southern Chile	6 hrs.	Low	Collection of ingredients from local providers followed by preparation of dishes.

Observations:

All excursions are operated by a third party.
All excursions are subject to availability and weather conditions.
All excursions must be scheduled 15 days in advance.

Notes:

* Activities that require previous experience.
**** Group excursions.



EXCURSIONS WITH ADDITIONAL COST PRE ARRENGEMENT REQUIRED

BIRDWATCHING

Service	Duration	Level	Description	Extra cost per person
Continental Los Lagos Region.	9 hrs.	Low	Sightings in parks, valleys, sea and wetlands.	50
Hike and Observation in the Los Lagos Region.	6 hrs.	Low	Lahuen Nadi Natural Monument, wetlands and parks.	50
Quenuir Wetlands and Maullín River.	9 hrs.	Low	Navigate Maullín River, Quenuir Bay and wetlands.	50
Endemics of the Rainforest.	8 hrs.	Low	Alerce Andino Park.	50

CULTURAL EXCURSIONS

Service	Duration	Description	> 2 Pax
Huilliche Community and the Culture.**	9 horas	Share with a huilliche family and learning about their culture and food	70
Northern Chiloé Island.	9 horas	Visit to Bird Sanctuary and navigation to Penguin Colony	50

Observations:

All excursions are operated by third parties.
All excursions are subject to availability and weather conditions.
All excursions must be scheduled 15 days in advance.
Flight excursions are coordinated with the Tompkins family pilot and an AWA Hotel guide.

Notes:

* Activities that require previous experience.
**** Group excursions.





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EXCURSIONS WITH ADDITIONAL COST PRE ARRENGEMENT REQUIRED

HELICOPTER TOURS

Service	Cost	Cost with Guide
30 minutes	Consult	+ 150
60 minutes	Consult	+ 150
90 minutes	Consult	+ 150
120 minutes	Consult	+ 150

Helicopter Tours:

30 minutes: Calbuco Volcano and Return through Puerto Varas.

60 minutes: Osorno Volcano, Calbuco, and Todos Los Santos Lake.

90 minutes or more: Osorno Volcano, Calbuco and Puyehue, view of Lago Oculito in Puyehue; Views of the Cochamó Valley, Yates Volcano or Tronador Mountain.

Notes:

Cost is dependent on the size of the group.

The route is suggested and can be individually tailored for each excursion.

Trips of more than 60 minutes can include stops of 2 hours.

FLY FISHING

Service	Length	1 Pax	2 Pax
Mauñín River or Alto Petrohué.	Half Day	200	100
Mauñín River.	Full Day	200	100
Upper or Lower Petrouhué River.	Full Day	200	100
Rahue River.	Full Day	220	110
Todos los Santos Lake or Puelo River.	Full Day	300	150

Observations

All excursions are operated by third parties.

All excursions are subject to availability and climate conditions.

Notes:

* Activities that require previous experience.

** Minimum of 4 passengers.

