



ELLERMAN HOUSE

ELLERMAN HOUSE GYM

A small, well-equipped fitness centre with its own sauna and change rooms is located beneath the main house for those who want to maintain a workout regime while travelling. There is also an outdoor, heated lap pool tucked away on a private terrace. Up-to-date apparatus set the scene for an invigorating workout with a view. Equipment includes free weights and a bench, treadmill, stationary bicycle, full-body toning machine, stability balls, weighted medicine balls and exercise mats.

