



GRADING: INTERMEDIATE

DISTANCE: 25.9 KM

ESTIMATED DURATION: 4 HOURS

This route is a 23km cycle but will take roughly 4 hours. The short distance and long time frame is a good indication that the ride is quite a challenge. On this ride you are going up most of the time, rising from roughly 2,300m above sea level up to the peak which is at 2,605m. Much of the trip will be up and down over the rolling hills. Your reward, the highest point on the Nyika with spectacular views all round. On a clear day, Lake Malawi will be visible to the North East. Once you reach the foot of Nganda a vehicle will be there to greet you and offer a drink and some light refreshments. You then take the 1 hour walk up the hill until you reach the beacon at the summit. On a cloudy day you may be above the clouds and the views are not good across to the lake. The best time to have better views is in the rainy season when the skies are clear of smoke from bush fires. From the peak you will also be able to see Karonga and the red soils on the hill sides are a result of landslides. Enjoy the views and great photo opportunities before hiking back down to the vehicle. Your bikes will be loaded and your guide will be ready to drive you back to camp.

The route:

Cycle up past the chalets and into the pine plantation. You will follow the river that flows into Dam 1. Keep left at any junctions. This road will join the main road shortly before the air strip. At the first sign post you reach turn right. At the 2nd sign post you'll keep right and turn left at the 3rd. The 4th sign post you reach will be the right turn to Nganda.