

SPA TREATMENT MENU

Your journey to total relaxation and well-being begins at Delaire Graff Spa. Set in exquisite surroundings, five elegant and private spa suites offer a more rarefied calm, where skin perfection and treatments leave the body and mind in balance.

*ALL TREATMENTS INCLUDE A REFRESHING DRINK FROM INDOCHINE | ALL FACIALS INCLUDE A BROW SHAPE & TINT

DELUXE TREATMENTS

45 MINUTES | R 1150

ORGANIC GOODLEAF CBD | Lower Leg and Feet Warm Poultice Massage

Deeply relaxing, reduces stress and strengthens immunity

DEEP RELAX | Back, Neck and Shoulder Massage

Rosemary, warm oil, pressure points

JARDIN DE DELAIRE BOTANICAL SCRUB | Full Body Exfoliation

Softening, sensory experience, deeply hydrating

BLACK PEARL SEA MINERALS | Luxury Hair and Scalp Treatment

Pressure point face, neck and scalp massage, deeply conditioning

LUXURY TREATMENTS

60 MINUTES | R 1700

DR BARBARA STURM | Glow Facial Therapy

Refines skin irregularities, hyaluronic serum, purslane

AFRICAN BOTANICAL WARM OIL MASSAGE | Organic essential oils, warm poultices

Deeply relaxing, detoxifying, eases muscle aches

JARDIN DE DELAIRE BOTANICAL SCRUB | Full Body Exfoliation; Back, Neck and Shoulder Massage

Gently buffs, brightens and smoothes skin texture. Followed by pressure point back, neck and shoulder massage

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SUPERIOR TREATMENTS

90 MINUTES | R 2 100

DELAIRE GRAFF SPA | Signature Deep Tissue Massage

Trigger point therapy, stretching, Bella Baci cups, warm poultices

DR BARBARA STURM | Resculpting Lifting Facial Therapy

Micro-needling, purslane and hyaluronic serum, myofascial massage

BLACK PEARL | Body Illumination Ritual

Dead Sea salt scrub, back of body massage with gold infused oil, ultimate luxurious Cleopatra gold mask application

LING 'WOW' SIGNATURE FACIAL | Triple peel

Steam, extractions, lymph drainage, double masking

JARDIN DE DELAIRE BATH RITUAL | Rest and Restore

Botanical full body exfoliation, muscle relaxing bath, gold collagen face mask, back, neck and shoulder warm oil massage

AUGUSTINUS BADER TREATMENT RITUALS

RED CARPET BADER GLOW FACIAL | Beauty expert Mario Dedivanovic's ritual

45 MIN | R 1 200

Augustinus Bader Facial using the four icons, flawless, dewy finish and trademark #BaderGlow

THE METHOD SIGNATURE FACIAL | The manual Augustinus Bader ritual

75 MIN | R 2 200

Fascia massage, collagen sheet mask, firmness, reduced puffy eyes #augustinusbaderskincare

THE MANUAL METHOD | Fascia Body Massage

60 MIN | R 1 900

Dry full body brushing, hot stones, reduced swollen legs, detoxifying Body Oil and Body Cream application

#augustinusbader

THE AUGUSTINUS BADER SIGNATURE RITUAL | Method Facial & Fascia Body Massage

120 MIN | R 3 500

Collagen stimulation of face and body, deeply hydrating, clinically proven results #thecreamthatworks

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GROOMING

MARGARET DABBS MANICURE World Class Hand Therapy Nail care, buff, scrub, massage, polish/gel	60 MINUTES R 500
MARGARET DABBS PEDICURE World Class Foot Therapy Nail care, buff, scrub, massage, polish/gel	60 MINUTES R 700
MEDI HEEL Specialised Pedicure Nail care, heel peel, long lasting results	30 MINUTES R 300 60 MINUTES R 595
GEMINI POLISH APPLICATION Long lasting polish, re-varnish Nail polish treatments for specific nail concerns, French Polish	30 MINUTES R 300
GEL SOAK OFF Conditioning Vitamin nail treatment	30 MINUTES R 200
WAXING Lamica gentle wax	Prices on request

ENHANCEMENTS

MICRONEEDLING Dermapen collagen induction* Advanced skin needling technology, induces collagen production, aids active ingredient absorption	30 MINUTES R 500
DELAIRE SPA PEELS Simildiet specialized peels* Your choice of Mandelic, Glycolic and Yellow peel. Visible results	
KNESKO COLLAGEN MASK Diamond Dust and Gold dust* Reiki infused collagen masks give instant hydrating and anti-aging results	
TECHNOLOGY Specialized treatments* Your choice of LED, diamond tip micro-dermabrasion or nano non-surgical face lift	

*add on to a facial treatment



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JARDIN DE DELAIRE SIGNATURE COUPLES EXPERIENCE

R 2 700 per person

This ritual is inspired by the gardens on our estate and entails an African botanical massage, blending your own botanical scrub sourced from our gardens and then applying the botanical scrub and rooibos-infused body mask to each other in our private sauna and steam room facility.

Following your ritual, you will enjoy a complimentary bottle of Delaire Graff Cap Classique Sunrise Brut while enjoying the beautiful views of Table Mountain.

INCLUDES

60-minute African botanical massage

Jardin de Delaire botanical massage scrub

Rooibos aloe soufflé body mask

Private sauna and steam room session

Use of our private facilities

Bottle of MCC Sunrise Brut

DELAIRE GRAFF SPA PACKAGES/EXPERIENCES

R 4 000 per person

HALF DAY SPA RITUAL

Your choice of 120 minutes of spa treatments
(Excluding Augustinus Bader)

INDOCHINE LUNCH EXPERIENCE | 3-course Menu

Beautifully balanced flavours find creativity and unexpected combinations under Head Chef Virgil Kahn's philosophy

SPA FACILITIES | Infinity pool, jacuzzi

After lunch, enjoy use of our beautiful spa deck with views of Table Mountain



SPA TREATMENT MENU

FULL DAY SPA RITUAL

R 6 400 per person

Your choice of 240 minutes of spa treatments
(Excluding Augustinus Bader)

INDOCHINE LUNCH EXPERIENCE | 3-course Menu

Beautifully balanced flavours find creativity and unexpected combinations under Head Chef Virgil Kahn's philosophy

SPA FACILITIES | Infinity pool, jacuzzi

After lunch, enjoy use of our beautiful spa deck with views of Table Mountain

BESPOKE EXPERIENCES

Prices on request

Our wellness experts are able to create a personalized, bespoke experience for you. Please contact the Spa manager for more information.