

MASSAGE THERAPY

Swedish massage

Back & Neck	30min	290
Back, Neck, Shoulder & Scalp or back of legs	45min	350
Full Body Massage	60min	450

Hot Stone Massage

Energising and relaxing massage by use of stones	60min	490
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Deep Tissue Massage

Sport massage/ deep pressure to relieve tension	60min	490
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Aromatherapy Massage

Gentle relaxing massage with use of pure essential oils	60min	490
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Soy Candle Massage

Luxurious hydrating treatment to your skin	60min	490
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Indian head Massage

Treatment includes back, neck and scalp	30min	300
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Pressure point massage

Relax while you experience the benefits in stimulation of pressure points	45min	350
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Advanced Pregnancy massage 60min

With specialized Mama Mia products		580
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Enrich your massage with the following add on's

Add 30mins onto your 60min massage		
30min Back Scrub treatment		210
20min Pressure point foot massage		80
20min		190

SPA NOTES & TIPS

**** Treatments marked are not available at all branches. Please enquire with the spa you wish to visit.**

- Booking in advance is recommended.
- First time clients to arrive 15min earlier to fill in consultation cards.
- Ask your therapist about our Loyalty Card and Beauty Passport system.
- Kindly switch off your mobile devices.
- Gratuities are not included in our prices, kindly add according to your discretion of treatment excellence.
- Prices are subject to change without notice.

BRANCHES



River Spa Port Alfred

The Halyards Hotel
046 604 3358 / 0797155314
Spa1@myriver.com
Open Monday – Sunday 08:00 -17:00



River Spa Tsitsikamma

Tsitsikamma Lodge
042 280 3802
Spa2@myriver.com
Open Monday – Sunday 09:00 -18:00



River Spa Tenahead

Tenahead Lodge / Rhodes
045 971 8901/2
tenahead@riverhotels.co.za
Open Monday – Sunday 08:00 -17:00

WE CUSTOM BUILD PACKAGES:

Special occasions & birthday packages
Bridal Parties & Bachelorettes
Group bookings & corporate gifts/Conferencing
Contact: spamanager@myriver.com

GIFT VOUCHERS AVAILABLE

CANCELLATION POLICY

Treatments will be shortened accordingly for late arrivals while the full treatment will be charged.

Clients have to give 1 day's notice on reschedule or cancellation of a booking. River Spa will charge 50% of the treatment fee should this not be adhered to.

**RIVER
SPAS**

TREATMENT MENU

www.riverspa.co.za

riverspas

PORT ALFRED • TSITSIKAMMA • TENAHEAD

GATINEAU PARIS SKIN THERAPY

High quality ingredients with cutting-edge products that deliver instant and long-term results.

River Spa Skin Analysis Session

15min **free**

Our skin care expert will examine your skin and assist with your concerns while advising you on the correct treatments to benefit your skin type and conditions.

Gatineau Express Facial

30min **320**

This basic facial can be customised to all skin types and concerns. This facial excludes a massage.

Gatineau Moisture Replenishing Facial

60min **500**

Hydrating & revitalising treatment to replenish skin using Hyaluronic acid.

Gatineau Collagen Plumping Facial

60min **550**

Anti-ageing advance collagen Treatment.

**DERMALOGICA SKIN TREATMENTS

Dermalogica Face Mapping®

15min **free**

Unique skin analysis - provides insight into your skin's past and present, and allows the subsequent prescription of a targeted home care & professional regime for a healthy skin future.

MicroZone® treatment

20min **350**

Quick, targeted solution to an immediate skin care concern. Flash exfoliation, Black head relief, Break out control, Skin Soother, Intensive moisture.

The Dermalogica Skin Treatment

60min **490**

Treatment will be designed specifically for you by an expert skin therapist based on your skin needs.

Clear Start Breakout Freakout Treatment

30min **270**

Teen breakout / Skin Acne.

Dermalogica Advance Skin Treatment

75min **590**

- AGE Smart® (Anti-Ageing)
- Medibac® (Clearing)
- Ultracalming™ (Sensitive or irritated)

BioSurface™ Peel Treatment

40-60min **690**

Skin resurfacing system. It helps reduce acne, pigmentation and signs of premature ageing to reveal smoother, brighter and softer skin.

IonActive™ Power Treatment

45min

Use thermal activity to optimize product penetration for dramatically-improved skin.

Retinol - Ageing

590

Niacinamide - Acne

590

Hyaluronic Acid - Sensitive or Dehydration

495

Oligopeptide -Brighten or Pigmentation

495

BEAUTY TREATMENTS

**Eyelash Extensions

Individual Lashes **60min 400**

(includes free lash tint)

Fill Up **30-40min 200**

Soak Off **20min 150**

Tinting

Brows **15min 70**

Lashes **20min 90**

Brows & Lashes **30min 130**

HAND & FOOT TREATMENTS

Spa Manicure **45min 290**

Spa Pedicure **60min 320**

Treatments include nail maintenance & cuticle care followed by scrub and mask, massage & polish.

Flash Manicure **30min 210**

Flash Pedicure **45min 250**

Treatments include nail maintenance & cuticle care followed by scrub & polish.

Nail maintenance & paint **15min 90**

Nail maintenance & gel polish **30min 200**

Gel polish Manicure **60min 360**

Gel polish Pedicure **75min 400**

Flash manicure/pedicure with gel polish.

Paraffin wax treatment **15min 80**

Gel polish removal before re-application **20min 80**

WAXING

Lip/Brow/Chin **10min 70**

Brow wax and shape **20min 90**

Full face/Under arm **20min 120**

Full Arm/Half leg **30min 150**

Bikini/Half arm **20min 130**

Brazilian** **45min 190**

Hollywood** **45min 240**

Full leg **40min 180**

Full leg including bikini **60min 230**

Chest & Back **45min 240**

BODY TREATMENTS

Body Scrub & Exfoliation **30min 230**

Removes dry and dead skin, leaving your skin feeling smooth and hydrated.

Body Mask & Wrap **45min 390**

Full body mask and wrap with essential oils assisting in detoxing & nourishing your skin.

River Spa Body Restore. **120min 600**

Treat your skin and body to the ultimate experience including body exfoliation and wrap treatment.

Detoxing Aromatherapy Jet bath **30min 110

Enhance your treatment and detoxing process while soaking in the jet bath with your added detoxing beverage.

RIVER SPA PACKAGES

River Spa package **2hrs 900**

Specialized Body Exfoliation treatment & Detoxing mask & wrap application followed by Luxurious full body soy candle massage treatment.

** River Spa Couples package **2hrs 1700**

River Spa package for two including sparkling wine.

The River Spa day package **6hrs 1950**

River Spa body restore (60min), Aromatherapy massage (60min), Spa Manicure & Pedicure (2hr) & Moisture replenishing facial (60min). Light spa lunch included.

Manly Package **2hrs 990**

Express Facial. 60 minute Swedish & Pressure point foot massage/Men's pedicure.