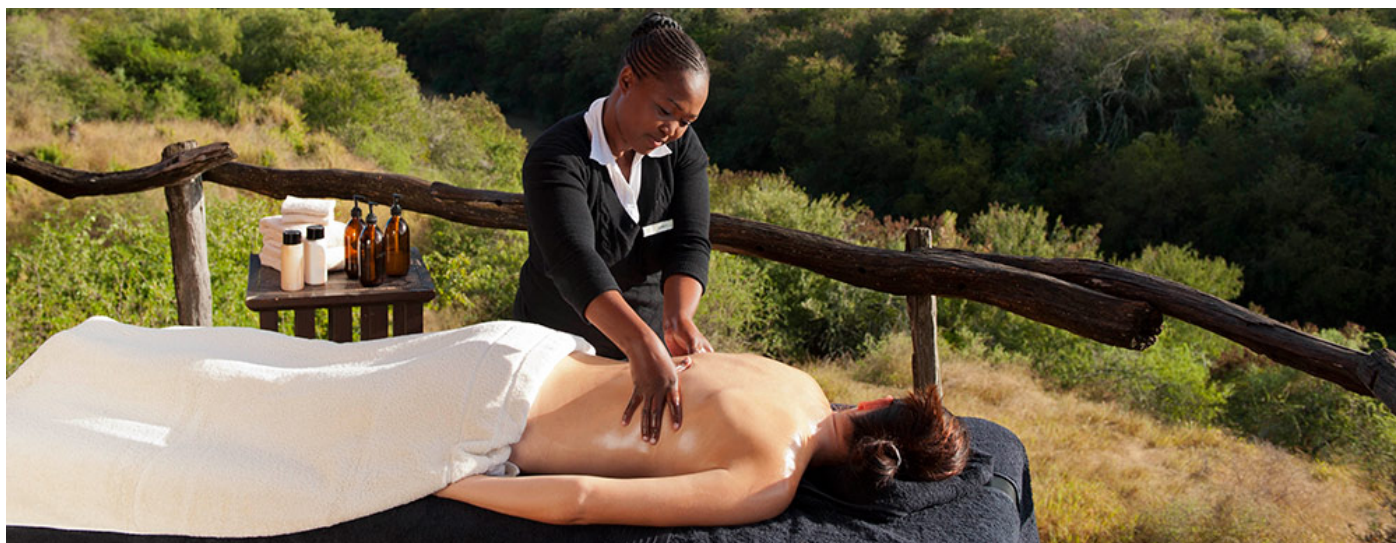


KWANDWE

IN ROOM TREATMENTS



TheraNaka means 'Beauty of Africa'. Our unique treatments and rituals were inspired by, designed and based on Africa's rich heritage and created to celebrate mother earth and her connection with life. TheraNaka is used for all treatments and has been developed using only the finest natural ingredients available from the eco-system.

SIGNATURE MESSAGES

AFRICAN WOOD	90 min	R850	Light stretching techniques and specially designed body and facial wooden implements are used to relax and restore your weary body. A warm olive and shea butter ointment will assist in nourishing and healing dry skin while allowing you to experience blissful relaxation and rejuvenation.
AFRICAN AWAKENING	90 min	R850	The skillful combination of contracting and oxygenating-enhancing breathing techniques will awaken your senses and revive your body and mind. Choosing your favourite scent from our selection of marula herb-infused Fusion body oils to address your every need.
AFRICAN VIGOUR (back only)	45 min	R600	A warm aroma blend infused with circulatory-boosting essential oils is coupled with a deep tissue massage relieving deep seated tension all the way to the core of the muscle. A refreshing gel is applied, leaving your body feeling fresh and invigorated
BACK, NECK & SHOULDER	30 min	R400	This ancient therapy concentrates on releasing tension in your upper back, neck and shoulders where physical stress often manifests.

FULL BODY MASSAGE & EXFOLIATION

AFRICAN FUSION MESSAGES	60 min	R600	PEACE – Relaxing RECHARGE – Uplifting STORM – Detoxifying EARTH - Safe and soothing VIGOUR – Invigorating
	90 min	R750	Choose your treatment type and select your favourite scent from our selection of marula herb-infused Fusion body oils.
EXPRESS EXFOLIATION	45 min	R490	A gentle cleansing full body exfoliation, using botanical extracts that effectively eliminate lifeless skin cells. Baobab lotion is applied leaving your skin feeling silky soft.



+27 (0)46 603 3418

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www.kwandwe.com

Heatherton Towers , Fort Brown , Kwandwe Private Game Reserve , Eastern Cape , 6140 , South Africa

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SKINCARE ESSENTIALS

ESSENTIAL CARE FACIAL	30 min	R350	Influenced by nature and focused on naturally improving the condition of the skin. The treatment was designed to create a healing experience from the earth and leave you feeling renewed and revitalised with guaranteed results. This idyllic and rejuvenating facial will repair, hydrate and re-balance the skin's natural protective functions while leaving the skin feeling smooth, radiant and ultra-nourished.
	60 min	R600	

PAMPER HANDS & FEET

MANICURE	45 min	R350	Indulge in an African-inspired spa manicure, treating your hands and forearms to a gentle exfoliation followed by an African Earth Fusion hand massage, while including nail and cuticle attention, followed by a nail colour of your choice for your rejuvenated younger-looking hands.
PEDICURE	45 min	R400	Pamper tired feet and legs during a soothing spa pedicure which focuses on exfoliation and includes a nourishing African Shea butter dumbbell massage with nail and cuticle attention. Choose a dazzling nail colour for your gorgeous new feet.
FOOT RITUAL	45 min	R400	Indulge tired, achy feet with a luxurious detoxifying foot soak, scrub and foot & leg massage. Pure bliss for feet in need of some love.

KWANDWE ESCAPE – Create your own escape with our express spa 'treats' either as a couple or an individual. Each treatment is 30 minutes and prices are per person per experience. Combine any two or three treatments to complete your Kwandwe Escape.

60 min	R500	Express Facial
90 min	R1000	Back Massage
		Foot Massage
		Pedicure/Manicure

All spa appointments are available year-round, subject to availability. Enquire for latest prices and for more information on your favoured treatment.

Thera **WAKA**™
SOUTH AFRICA



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