



The Outpost prides itself in its peaceful surroundings and relaxed ambiance. The wellbeing of body and mind will allow you to truly appreciate your break in Africa's untouched wilderness.

Our trained masseuses will ease your tensions during your time with us with their unique style of massage. Choose from our select range of massages and experience a blissful, stress-free break in the most tranquil of surroundings.

Massage menu

Baobab Serenity Full Body Massage

60 minutes R650
90 minutes R850
120 minutes R1000

A relaxing massage encompassing the head, neck, back, abdomen, arms, legs and feet. A variety of techniques will be employed to ease the tension in some of the large muscles in the body.

Mopani Head, Neck and Shoulder Massage

30 minutes R550
60 minutes R650
90 minutes R750

A specialised massage concentrating on the scalp, trapezius and deltoid muscles. A scalp massage will leave you incredibly relaxed whilst the increased blood supply to the head will leave you invigorated.

Luvuvhu Foot and Leg Massage

30 minutes R550
60 minutes R650

A luxurious foot exfoliation and cleansing ritual followed by a relaxing foot and lower leg massage.

Oils used in these treatments are The Outpost's own unique blend of aromatherapy oils mixed in a vegetable carrier oil.