



SPA MENU

Place of Peace Journey

90 MINS / R1,300

Choose between antioxidant Pinotage or hydrating Kalahari Melon to enjoy the ultimate spa experience. A full-body exfoliation to smooth, soothe and brighten the skin. Completely surrender and let peace await with a full body massage, specially tailored to your preferred pressure and focus areas.

Pure Being Shea Butter Massage

60 MINS / R850

Giving full hydration back to the skin using your choice of our curated butters: Energize and Uplift, Stillness Sleep Enhancing, Escape and Relax or Nourish.

Destress Muscle Release

60 MINS / R850

This massage targets stiff and sore muscles by concentrating on the areas of lactic acid build-up. Pressure is altered from medium to deep to adapt to those tough tension areas and improve circulation. A cooling gel is applied to the upper back to refresh, calm and soothe the relieved area.

Relaxation Aromatherapy Massage

60 MINS / R780

A relaxing light-to-medium pressure full-body massage using the beautifully-blended aromatherapy oil of your choice: Condition & Hydrate, Detox & Uplift or Relax & Destress.

Back, Neck, Shoulder & Foot Relief

60 MINS / R780

A popular option for those wanting to relieve tension in the upper body through a combination of manual manipulation and healing oils. The treatment includes a gentle foot massage with Healing Earth's award-winning antioxidant-rich and deeply detoxifying peppermint, rosemary and eucalyptus-infused foot ritual products.

Foot and Leg Relief

30 MINS / R450

A cleansing foot ritual to gently exfoliate and soften the feet. Enjoy a relaxing foot and lower leg massage to melt away tension and soothe tired muscles.

Back, Neck and Shoulder Reliever

30 MINS / R400

Target muscle tension in the upper back with this focused massage using your preferred degree of pressure.

Relaxing Head Massage

30 MINS / R400

Gently stimulate pressure points on the head, releasing tension and offering additional benefits such as improved hair growth, headache relief and increased circulation.

Earth Child Relaxation Massage

30 MINS / R380

A relaxing light-to-medium pressure massage to treat and ease the mind and body. Available to children aged 6–12.

OPTIONAL EXTRAS

Full Body Polish

30 MINS / R450

Soften and smooth the skin with your choice of Healing Earth body polishes to increase circulation, revive tired, dry skin and release a natural glow.

Extra Time

30 MINS / R350

Extend your choice of any 60-minute massage with additional time as you surrender in complete tranquillity and bliss.

