

Packing List

General Packing List

- In general, pack lightly. Leave room for gifts and souvenirs. Soft sided luggage packs more easily into the safari vehicle
- Always carry passport, airline tickets and money on your person. A fanny pack or moneybag that hangs around the neck works well
- In case luggage doesn't arrive the same day you do, put enough clothing and supplies for the first day in your carryon luggage
- If taking a domestic flight luggage weight restrictions range between 15-20 kg (33-44 lbs) total per person

Footwear

- Sturdy, comfortable walking shoes, preferably waterproof. They will get dirty and wet
- Extra shoes or sandals for lounging in the evening
- Comfortable, breathable socks
- Very good quality hiking socks and silk liner socks (we advise that socks should be at least a size too small otherwise they stretch and bunch causing blisters)

Clothing

- Shorts, mid-thigh or longer (not advisable for village visits)
- Lightweight walking trousers (avoid jeans or heavy cotton as they chafe and dry slowly)
- Short-sleeved shirts, cool and breathable (neutral colors are best, avoid black, dark blue and bright red)
- Long-sleeved fleece or sweater for evenings and/or early mornings
- Insulated down jacket or similar
- Thermal long-johns
- Bathing suit if staying at a lodge with a swimming pool or if visiting Zanzibar
- Rain jacket or rain poncho
- Women: pants (capri-length or longer) and shirts that cover the shoulder are advisable for village visits. Lightweight dresses or skirts that cover the knees are optional depending on how rural your village visit is but can also be worn for evening dining at the accommodations.
- Men: short-sleeve shirts with collars (for visiting villages or evening dining at the accommodations).
- Keep valuable jewelry to a minimum

Note: Laundry service is available at most lodges either at a nominal cost or free of charge in some cases.

Baggage

- Day pack, for you to carry
- Large waterproof duffel bag or backpack

Other

- Sun hat
- Water bottle
- Maps, guidebooks
- Scarf (for dust and/or sun)
- Batteries
- Sunglasses
- Binocular
- Money (small Tanzanian bills and/or small US bills for small purchases and tips. Larger US bills for bigger purchases)
- Journal/notebook, pencil and pen
- Pocket knife (for travelers doing basic camping)
- Electricity adapter
- Energy bars and snacks
- Headlamp or flashlight
- Playing cards, games, books,
- Camera, memory cards
- Video camera
- Travel pillow
- Solar charger
- Ear plugs (in the event of attempting to sleep near barking dogs)
- Plastic bags (for dirty washing, used wrappers, etc)
- Telescopic walking poles (optional – and for use on active safaris & climbs only)

Toiletries

- Small hand towel (spare item)
- Roll of toilet paper (for some public restrooms)
- Soap
- Toothbrush and toothpaste
- Hand-wipes
- Lotion
- Sun cream
- Glasses, contacts, solution
- Comb, mirror
- Shampoo (without heavy fragrance)
- Unscented Deodorant (use cologne/perfume sparingly, if at all, in case it might attract bees or other insects)

Documents

- Passport (with visa stamp or completed visa application with \$50 or \$100 US cash, exact change)
- Yellow fever certificate (REQUIRED if traveling from or through an endemic zone – refer to **Medical Tips**)
- Medical and **Travel Insurance**
- Address book

First Aid

- Ibuprofen
- Paracetamol
- Antiseptic cream
- Band-Aids
- Bandages and tape
- Sunscreen (SPF 15+)
- Diarrhea medicine
- Anti-malaria pills
- Antibiotics
- Insect repellent
- Antihistamines
- Lip balm with sunscreen
- Prescription drugs
- Compeed Blister Pads
- Anti – diarrhea tablets

Camping

- Sleeping bags (we can provide if needed)
- Sheet for in sleeping bag
- Sleeping pillow and pillow case