

Non-Vegetarian Kilimanjaro Menu Items:

Breakfast

Porridge | vegetables and fruit | toast | French toast | sausages | eggs | bread | jam | honey | butter | tea | coffee | hot chocolate

Lunch packets

Sandwich | hardboiled egg | pancake | pasty | portion of chicken | fruit | juice packet

Tea Time

Popcorn | biscuits | peanuts | tea | coffee | hot chocolate

Dinner

Soup of the day with bread | chips | spaghetti | rice | macaroni | stew | meat | vegetables | salads | fruit | tea | coffee | hot chocolate

Vegetarian Kilimanjaro Menu Items:

Breakfast

Porridge | vegetables and fruit | French toast | eggs | bread | jam | honey | butter | tea | coffee | hot chocolate

Lunch packets

Sandwich | hardboiled egg | pasty | fruit | juice packet

Tea Time

Popcorn | biscuits | peanuts | tea | coffee | hot chocolate

Dinner

Soup of the day with bread | chips | spaghetti | rice | macaroni | stew | vegetables | salads | fruit | tea | coffee | hot chocolate

Please note: The above items are to give a general idea of what to expect. All the items above will not be provided for each meal, instead a mixture of 4-5 items from each section will be offered. The final menu of course depends on the items available in the market at the time of purchasing and it may vary between each chef. We will do our best to cater for individual customers requirements if communicated before arrival or to your cook / guide. We highly recommend you to advise your preferences before you arrive as market purchasing is done in advance of your trek and may not be possible to change last minute.

Allergies: Please inform us of allergies which may require a separate chef, utensils, dining area and preparation area or method. Chefs are very careful to ensure no cross contamination however as all items are carried and shared between porters, we should be aware of any severe allergies.