

An aerial photograph of a vast, dense forest in Rwanda. The forest is thick with green trees, and a light mist or fog hangs in the air, particularly in the upper and middle sections of the image. The lighting is soft, suggesting early morning or late afternoon. The overall mood is serene and majestic.

# EXPERIENCES

*Wonders of the jungle*

*One & Only*

NYUNGWE HOUSE

*Rwanda*



# EXPLORE

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deep in the heart of this  
vast African rainforest,  
a million secrets to  
uncover, a million  
treasures to behold...  
and here, we've curated  
the most inspirational  
of them all for you to  
experience in the finest  
ways possible



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# ILLUMINATING ADVENTURES 'ON THE HOUSE'

*Complimentary activities*

## NATURE'S BOOTCAMP (MODERATE TO CHALLENGING)

Work up a sweat in a gymnasium unlike any you've seen before - the great outdoors! Allow our motivating guide to lead you on a kinetic workout through the leafy tracks surrounding our tea plantation. The natural landscape is the only equipment you'll need for this jungle-style bootcamp in the fresh, mountain air.

AVAILABLE DAILY UPON REQUEST

## SPEAR THROWING (MODERATE)

An iconic part of Africa's history, the spear is a symbol of strength, but it's also a lot of fun! On a hill top above our tea plantation, enjoy a refreshing cool drink as you learn how to make your own spear take flight and take in the fabulous fresh air views.

AVAILABLE DAILY UPON REQUEST  
MAXIMUM 10 PEOPLE

## CONSERVATION (MODERATE)

We don't just exist within Nyungwe's environment, we exist alongside it, which means conservation is part of our daily routine. Come and explore some of the initiatives that operate within the Nyungwe National Park and also around the resort.

AVAILABLE DAILY UPON REQUEST

## CHEF'S GARDEN (EASY)

Our world-class menus must be tasted to be believed, and now you can discover first-hand where the inspiration for every dish begins. Revealing the secrets of seasonal cultivation and flavour, one of our senior chefs will personally guide you through our kitchen's dedicated garden filled with unique native ingredients and a few culinary staples!

AVAILABLE DAILY UPON REQUEST

## UMUGANDA: COMMUNITY PARTICIPATION (MODERATE TO CHALLENGING)

'Umuganda' has roots back to Rwanda's independence, and is now a nationwide programme where citizens devote the last Saturday morning of every month to working in the local community. From developing infrastructure to environmental protection, you can elect to take part in this positive initiative, giving back to the communities of Nyungwe and getting to know the local people in a uniquely hands-on way.

AVAILABLE EVERY LAST SATURDAY OF THE MONTH  
8AM - 12PM

# ILLUMINATING ADVENTURES 'ON THE HOUSE'

*Complimentary activities*

## THE SECRETS OF AFRICAN TEA (EASY)

What makes the perfect cup of tea? Some will say it's all in the brew, but our tea expert will show you it starts right at the beginning. You will be invited to go into the tea plantation and learn the art of picking tea leaves and trying it out on your own. Don't miss the interactive and visual presentation revealing the process of growing and processing African tea leaves. No demonstration would be complete without a taste, so you will have the chance to sample some beautiful black tea grown in the local area of Gisakura.

MAXIMUM 4 PEOPLE  
AVAILABLE DAILY UPON REQUEST  
3PM - 3.45PM

## HILLTOP ARCHERY (MODERATE)

There's fun for all the family as you dabble in the ancient sport of archery. Located on a hilltop in our property's tea plantation, prepare to breathe in the fabulous views as you enjoy a refreshing cold drink and set your sights on the bullseye - ready, aim, fire!

AVAILABLE DAILY UPON REQUEST

## EXPLORING BY BICYCLE (MODERATE TO CHALLENGING)

Saddle up and explore the beautiful surrounds of our property, with the breeze in your hair, at a pace that suits you. There's a few hills around and some dirt track riding, but let your friendly guide know and we can tailor the journey to your comfort levels.

AVAILABLE DAILY UPON REQUEST

MAXIMUM 8 PEOPLE







*Discover the spirit of*  
**NYUNGWE**

# DISCOVER THE SPIRIT OF NYUNGWE

*Signature activities*

## SIGNATURE NYUNGWE NOCTURNAL SPOTLIGHTING & STARGAZING TOUR (MODERATE)

When the sun goes down, the forest really comes to life, and now you don't have to miss a thing! Heading out on foot with your expert Field Guide, this private tour uses spotlights to seek out the intriguing nocturnal creatures that emerge from their tree hollows, burrows, nests, and dens at twilight. On clear nights, you can then take a turn on the telescope and hear fascinating stories about the dazzling equatorial night sky. Many of the major planets can be seen just after sunset, while famous constellations reveal their beauty against the dusk.

US\$50 PER PERSON  
AVAILABLE DAILY  
6.30PM - 8PM

## THE BEAUTIFUL BIRDS OF NYUNGWE (EASY)

Nyungwe is home to an abundant array of unique and captivating bird life, even on our doorstep. Along with our specialist guide, you'll be taken to the periphery of the National Park to spot and learn about the most prolific, iconic and rare species, so get your cameras ready!

US\$50 PER PERSON  
AVAILABLE UPON REQUEST, EARLY MORNINGS OR LATE AFTERNOONS  
2.5 HOURS

## NYUNGWE BY HELICOPTER (EASY)

Take in the epic panorama of Nyungwe Forest, Lake Kivu and other iconic landmarks from the unrivalled perspective of a helicopter. With 60 minutes in the air, you'll discover the true vastness of the jungle around you and learn more about the geography of this mountainous region. Flights take off and land at One&Only Nyungwe House's private helipad, for a truly door-to-door service.

FROM US\$2,000 PER TRIP  
MAXIMUM 6 PERSONS  
AVAILABLE UPON REQUEST (WEATHER PERMITTING)  
90 MINS



*Exploring*  
**THE HEART OF**  
*Nyungwe National Park*

# EXPLORING THE HEART OF NYUNGWE NATIONAL PARK

*Remote outdoor pursuits*

## CHIMPANZEE TREKKING (CHALLENGING)

Dashing at high speed through the flora, hooting and clanging – it truly is an exhilarating experience to encounter chimpanzees playing, wild and free. Home to one of East Africa's last intact chimpanzee populations, Nyungwe is an ideal place early morning to observe chimps in their natural habitat. Most active in the morning, an early rise is required for maximum viewing opportunity, and a beautifully prepared breakfast will be enjoyed 'on the go'. So, allow our experienced, expert trackers to guide you on a deep forest trail, learning about these fascinating creatures and the enchanting forest they call home.

With a maximum of 8 people per tour, this popular adventure requires early advanced booking. As this experience is authentically wild, chimpanzee viewing cannot be guaranteed. You must be fifteen years of age or over to take part in this activity.

US\$90 PER PERSON  
AVAILABLE DAILY

## COLOBUS MONKEY TREKKING (CHALLENGING)

Embrace the home of East Africa's most diverse primate population, as you track the Colobus monkeys through Nyungwe's lush forest trails. Most active and visible in the early morning, an early rise is required for maximum viewing opportunity, and a beautifully prepared breakfast will be enjoyed 'on the go'. We'll take you to the only location in Africa where you can encounter Colobus monkeys, and one of the few places on the planet where L'Hoests's monkeys can be seen. So keep your eyes peeled and prepare to be surprised at every turn by the sights and sounds of our jungle filled with life.

With a maximum of 8 people per tour, this popular adventure requires early advanced booking. As this experience is authentically wild, primate viewing cannot be guaranteed. Please note, children must be fifteen years or over to take part in this activity.

US\$60 PER PERSON  
AVAILABLE DAILY

# EXPLORING THE HEART OF NYUNGWE NATIONAL PARK

*Remote outdoor pursuits*

## BIRD WATCHING IN THE NATIONAL PARK (CHALLENGING)

Welcome to a true birder's paradise. Described by Bird life International as «the most important site for biodiversity conservation in Rwanda,» the Nyungwe National Park is home to over 300 bird species, 27 of which are endemic to the local Albertine Rift. You'll enjoy a mesmerising trail through the forest floor as bird song accompanies your every step, and your expert guide identifies birds by ear alone, from the elusive Rwenzori Turaco to the Grey-Chested Kakamega.

A beautifully prepared breakfast or lunch is included. As this experience is authentically wild, bird viewing cannot be guaranteed.

**We recommend:**

Comfortable outdoor clothing, covered footwear and sun protection.

US\$50 PER PERSON  
AVAILABLE UPON REQUEST

## CANOPY WALK (MODERATE - INVOLVES SWINGING BRIDGE)

Experience the rainforest from a dazzling new perspective - on the famous Canopy Walkway. The only walk of its kind in East Africa, this breathtaking construction hangs 60 metres above the forest floor between giant trees and towers, revealing a stunning view of the flora and fauna, both below and above. An iconic experience, not to be missed!

**We recommend:**

Comfortable outdoor clothing, covered footwear and sun protection. Please note, children must be six years or over to take part in this activity.

US\$60 PER PERSON  
AVAILABLE DAILY  
DEPARTS AT 7AM / 9AM / 12PM / 2PM





# EXPLORING THE HEART OF NYUNGWE NATIONAL PARK

*Remote outdoor pursuits*

## KARAMBE TRAIL (EASY)

The perfect option for those seeking a more leisurely hike, this relatively flat, sparkling quartz trail begins in the open-air site of an original gold mine, market, and army camp, and leads through an area of low fern trees and young vegetation, the ideal conditions for spotting birds in Nyungwe.

US\$50 PER PERSON  
AVAILABLE DAILY

## UMUGOTE TRAIL (MODERATE)

With moderate inclines, this hike reveals exceptional views of numerous stunning ridges, as far as the mountains of Kibira National Park in Burundi. Clearings along the way offer sunlit spaces for flowers to bloom, and viewpoints over different layers of the rainforest. Monkeys and birds can be spotted from this trail, along with tree frogs and swirls of brightly coloured butterflies.

US\$50 PER PERSON  
AVAILABLE DAILY

## UMOYOVE TRAIL (MODERATE)

Also known as the Mahogany Trail, this is one of Nyungwe's most popular hikes. Relax by an idyllic natural waterfall, stroll under some of the park's tallest trees and savour the scent of aromatic flora. Branching off the main trail, you'll also have the chance to sight Grey-Cheeked Mangabeys, Colobus monkeys and chimpanzees, among other famous local primates.

US\$50 PER PERSON  
AVAILABLE DAILY

## IREBRO TRAIL (MODERATE)

'Irebero' means a 'place to observe from', and views are certainly the highlight of this trail. Looping around one of the park's highest peaks, you can gaze all the way across the Rwandan border to the first ridge of Burundi on the south, and also to Lake Kivu, 30 km northwest. Wildflowers, towering trees and an abundance of birds complement this beautiful journey.

US\$50 PER COUPLE  
AVAILABLE DAILY



# EXPLORING THE HEART OF NYUNGWE NATIONAL PARK

*Remote outdoor pursuits*

## ISUMO TRAIL (MODERATE)

Meaning 'waterfall' in Kinyarwanda, the culmination of the 'Isumo' trail is Nyungwe's biggest waterfall, thundering down to produce beautiful plumes of mist above the rocky river, surrounded by ferns. The journey begins differently - in open-air tea fields, bursting with life from goats and butterflies to sun-loving wildflowers, offering views across to Lake Kivu and the Democratic Republic of Congo.

US\$50 PER PERSON  
AVAILABLE DAILY

## KAMIRANZOVU TRAIL (MODERATE)

Behold the park's largest wetland - the Kamiranzovu Marsh - an impressive geological formation with a circular rim of lush, forest-covered mountains, resembling a giant caldera. Along the trail you'll discover waterfalls, colourful begonia and species that thrive in the humid swap, from ferns and lichens, to Grauer's Rush Warblers and frogs.

US\$50 PER PERSON  
AVAILABLE DAILY

## RUKUZI TRAIL (CHALLENGING)

This exhilarating hike is characterised by continuous open vistas on one side of the track, and the opportunity to spot chimps in their natural habitat. Lake Kivu and the islands of the Democratic Republic of Congo are visible early on, and as you descend the peak, listen out for the sounds of children playing as their voices carry up the mountainside from Banda village below.

US\$50 PER PERSON  
AVAILABLE DAILY

# EXPLORING THE HEART OF NYUNGWE NATIONAL PARK

*Remote outdoor pursuits*

## IMBARAGE TRAIL (CHALLENGING)

Geared towards more experienced hikers, this challenging trail rewards you with the sight of not one, but four, scenic waterfalls and spectacular views across the Bururi valley. Covering approximately 740m of ascent and descent, you can listen to the variety of bird calls, along with tree frogs, crickets, cicadas and sometimes monkeys.

A fully-equipped backpack will be provided, including binoculars to help you catch every exceptional detail, and authentic African walking sticks to help you master the trail itself.

US\$50 PER PERSON  
AVAILABLE DAILY

## UWINKA TRAIL (CHALLENGING)

This may be considered a challenging hike, but it is also considered one of the most beautiful. Views over Kamiranzovu Marsh are spectacular, and along the trail you will encounter towering trees, glossy yellow-flowered begonia, and a small remote waterfall. Mangabeys, Blue Monkeys and Colobus can often be seen here, along with the red flashes of a passing Turaco birds which you can also hear singing in the morning.

US\$50 PER PERSON  
AVAILABLE DAILY

## MT. BIGUGU TRAIL (CHALLENGING)

Surrounding the highest peak in the park, this trail is known for its incredible array of colourful flora and the stunning views of Lake Kivu as well as the hills of the Democratic Republic of Congo. Covering around 660m of ascent and descent, birders will be treated with chance to see the Red-Collared Mountain-Babbler among other attractive species.

US\$50 PER PERSON  
AVAILABLE DAILY





EVERYTHING  
*you need to know*

# EVERYTHING YOU NEED TO KNOW

## *Booking & preparing*

### HOW TO BOOK

Our Experience Guides possess a deep knowledge of the property, the National Park and our beautiful surroundings, and they can design a tailored programme of activities suited to your personal interests and desires, including suggestions for the most scenic picnic locations and points of interest.

Activity bookings must be made directly through Guest Services/Front Office before 6pm daily for next day's activity. For National Park activities, they need to be booked at Rwanda Development Board (RDB) offices before 5pm daily.

### MEETING POINTS

You will be advised of the meeting point for each activity at the time of booking. All scheduled tours will depart promptly at the scheduled start time.

### CLOTHING & WHAT TO BRING

For all outdoor activities, we recommend suitable outdoor clothing, appropriate to the season and weather, particularly covered or closed shoes for mountain bike riding & hiking. A hat, sun protection, and a waterproof jacket are strongly recommended and it is important that adequate water is carried for hydration.

The weather in the rainforest and mountains can change quickly, ranging from warm, sunny days, to rainy spells and very cool conditions during winter evenings. We recommend that you pack a range of clothing suitable for all conditions, particularly warm gloves, scarves, and head wear during winter, as well as waterproof outer-wear.

### TERMS & CONDITIONS

Cancellation policies apply for Signature & Private Touring Experiences, with cancellations required at least 8 hours prior to the start of the activity. Full fee will be charged for cancellations made outside this period.

Please bear in mind that some activities may be affected by inclement weather. We will, however, do everything possible to accommodate your activity request. Activities may be cancelled or postponed by resort management or National Parks in adverse or dangerous weather conditions, in which case cancellation penalties will not apply.

Prices are subject to change without prior notice.

*Blessed are the curious,  
for they shall have adventures.*

LOVELLE DRACHMAN



