

Destination Showcase:

# Cape Town, South Africa

Scenic beauty with a cosmopolitan beat



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# Cape Town - South Africa

## Map of Cape Town



Cape Town - South Africa

## The 'Mother City' - Cape Town

The City of Cape Town - one of the most beautiful cities in the world and now with a brand new airport. Its grandeur is staged with the backdrop of Table Mountain, glorious beaches, enchanting vineyards, rugged land and seascapes, and a unique collection of fauna and flora. Cape Town is renowned for its warm hospitality, fine dining, award winning wines and a diverse cosmopolitan culture.



## Easy access to cape town



Scheduled international flights arrive daily into Cape Town International Airport from Europe, the UK, Middle East, Far East as well as North and South America. Some of the flights use Johannesburg as their hub. There are regular domestic flights from Johannesburg taking approximately 2 hours and, on arrival in Cape Town, the journey from the airport to the city centre takes around 25 minutes.

[www.airports.co.za](http://www.airports.co.za)

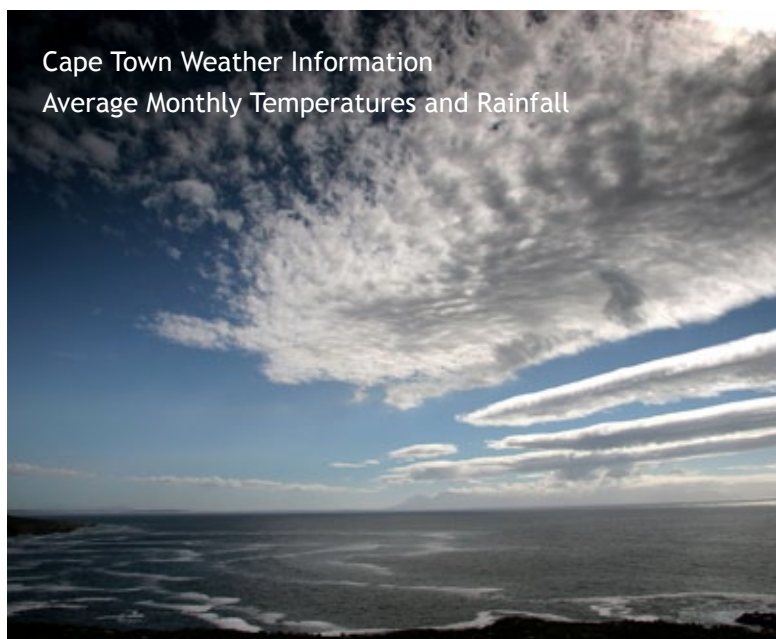




# Cape Town weather

## Cape Town Climate

The weather is not really a critical factor in deciding when to visit Cape Town. Great extremes of temperature are unknown, although it can be relatively cold and wet for a few months in winter - June, July and August. One of the Cape's most characteristic phenomena is the famous Cape Doctor, a south-easterly wind that descends on the Cape and lays Table Mountain's famous 'tablecloth' (a layer of cloud that covers the mountain). It can be a welcome breeze in summer, but can also reach gale force, particularly in spring. In winter, between June and August, pleasant, sunny days are scattered between the gloomy ones. From September to November, as summer rolls around again, the days are mostly warm and sunny, but it can often still be quite windy.



The wildflowers are at their best during August and September. December to March can be very hot, although a gentle breeze ensures pleasant conditions. From March to April, and to a lesser extent in May, the weather remains good and the wind is at its most gentle.

Averages	Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sept	Oct	Nov	Dec
Max Temp °C	26.1	26.5	25.4	23.0	20.3	18.1	17.5	17.8	19.2	21.3	23.5	24.9
Min Temp °C	15.7	15.6	14.2	11.9	9.4	7.8	7.0	7.5	8.7	10.6	13.2	14.9
Max Temp °F	79.8	79	77	73	68	64	63	64	66	70	74	76
Min Temp °F	60	60	57	53	48	46	44	45.5	47	51	55.2	58.8
Rainfall mm	15	17	20	41	69	93	82	77	40	30	14	17

# Incentive class properties

**The Cape Grace Hotel & Spa** | 5\* Property | 120 rooms | [www.capegrace.com](http://www.capegrace.com)

Occupying its own quay in Cape Town's renowned Victoria and Alfred Waterfront with Table Mountain as the majestic backdrop, the Cape Grace presents an atmosphere of warmth and unpretentious elegance. From the moment you enter the 120 room, independently owned luxury hotel, the Cape Grace is a unique experience of considerate hospitality. Guestrooms are spacious with French doors opening to breathtaking views. Fresh flowers, carefully selected books from the library and a corner for tea and coffee in all rooms are a few of the comforts that are in place to ensure a memorable stay.



**The Table Bay Hotel** | 5\* Property | 329 rooms | [www.suninternational.co.za](http://www.suninternational.co.za)



The gracious Table Bay Hotel - at the heart of Cape Town's bustling Victoria & Alfred Waterfront - combines Victorian elegance with contemporary charm. All 329 rooms & suites enjoy stunning views across the harbour to Robben Island or the majestic Table Mountain. Exemplary service, sophisticated ambience, attention to detail, fine à la carte dining paired with a splendid wine list are all savoured in an atmosphere which recalls the era of the great cruise liners and the grand hotels which served them. Close by, a mahogany pool deck with comfortable chaise lounges stretch lazily above the ocean.



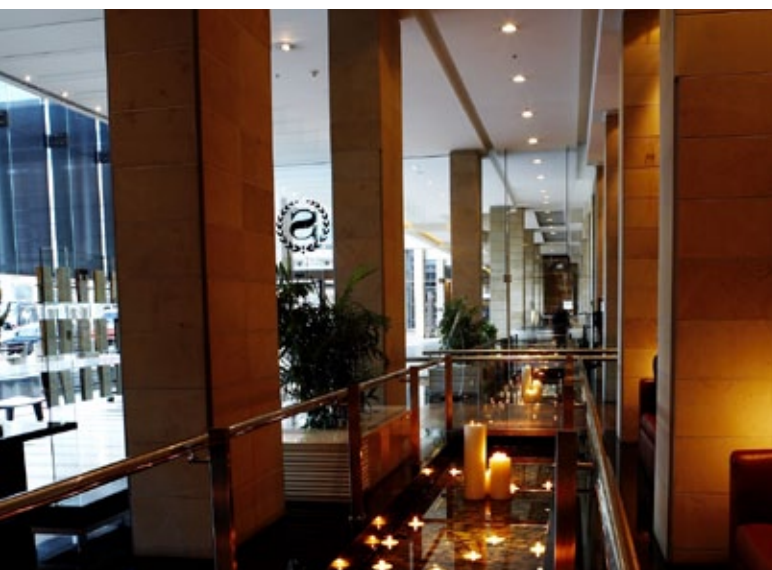
# incentive class properties

**The Radisson Blu Hotel Waterfront** | 5\* Property | 177 rooms | [www.radissonblu.com](http://www.radissonblu.com)

Spectacularly situated on the edge of the Atlantic Ocean overlooking its own private marina and famous Robben Island. This is a first class international hotel, combining high levels of luxury with efficient service and the warmth of true South African hospitality. Whether your needs revolve around business or pleasure, the Radisson Hotel Waterfront is ideally located. The business district and Cape Town's beautiful beaches are just a short drive away, while the world famous V&A Waterfront, the shopping and entertainment hub of the city, is within a few minutes' stroll



**The Westin Cape Town** | 5\* Property | 482 rooms | [www.westincapetown.com](http://www.westincapetown.com)



Set in one of the most popular destinations in the world at the gateway to the historic V&A Waterfront, the Westin Cape Town is only minutes away from excellent shopping, vibrant city night life, many award-winning restaurants, historical monuments and museums, iconic Table Mountain, and the pristine beaches of Clifton and Camps Bay. Most of the very well appointed 482 rooms and suites offer floor to ceiling panoramic views of the city, Table Mountain, and Cape Town's historic working harbour.





# incentive class properties

**Queen Victoria** | 5\* Property | 35 rooms | [www.newmarkhotels.com](http://www.newmarkhotels.com)

What sets the Queen Victoria Hotel apart from other hotels at the world-renowned V&A Waterfront is undoubtedly its position. Located within a precinct of heritage buildings along Portsworld Road - a main artery leading to and from the Waterfront - the Queen Victoria Hotel imparts a sense of being within the vicinity of the Waterfront but removed from the frenetic pace of it.

Luxury and sophistication are the hallmarks of the 3 suites and 32 luxury rooms, each individually designed and decorated.



With an ambience of glamour, most of the suites offer panoramic views of either Table Mountain or Cape Town Harbour, and all rooms include a fully stocked private mini-bar and Charlotte Rhys pamper accessories. Dash, the restaurant and bar at the Queen Victoria Hotel, is named after the Queen's favourite pet. However, there is nothing cute about this space, to the contrary, it is the ultimate in sophisticated fine dining. The 36-seater restaurant offers patrons an elegant yet relaxed experience with a touch of drama in the presentation of the well-crafted menu. Guests can also enjoy a meal at Oyo, located at the nearby V&A Hotel.

Also included is access to state-of-the-art gym facilities, a designer spa and a pool area situated in the beautifully manicured garden of the adjacent Dock House Boutique Hotel.



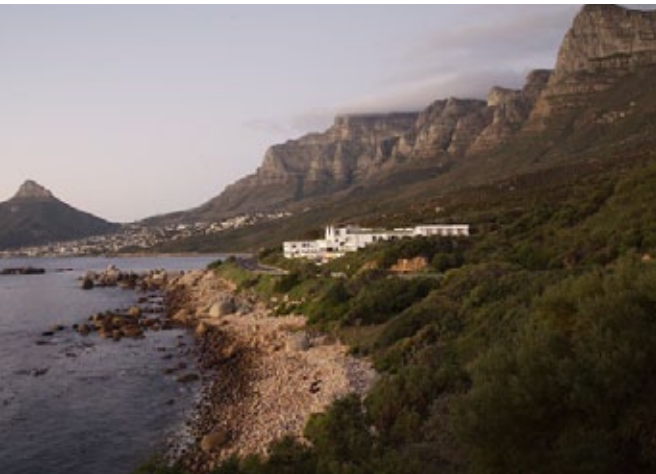
# incentive class properties

**Belmond Mount Nelson Hotel** | 5\* Property | 198 rooms | [www.mountnelsonhotel.co.za](http://www.mountnelsonhotel.co.za)

Situated at the foot of Table Mountain and set in nine acres of lush gardens, the Mount Nelson Hotel is one of Cape Town's most elegant hotels offering unparalleled tradition, history and luxury. The Mount Nelson Hotel boasts six individual wings, separated from the Main Hotel, each with its own unique character, private gardens and facilities. Fine dining has long been a tradition at the Mount Nelson Hotel and guests have a choice of venues, each with its own individual style, to be able to enjoy the very best cuisine in Cape Town. Planet Bar is the place to be seen in Cape Town - and the superb Planet Restaurant is consistently rated as one of the top restaurants in the country.



**The 12 Apostles Hotel and Spa** | 5\* Property | 70 rooms | [www.12apostleshotel.com](http://www.12apostleshotel.com)



The luxurious Twelve Apostles hotel lies where earth, sea and sky meet - poised above Atlantic rollers and flanked by the majestic Table Mountain and her Twelve Apostles mountain range. This intimate five star hotel fully lives up to its stunning location, with exceptional standards of service and relaxed Cape hospitality providing the perfect counterpoint to its dramatic backdrop. Deluxe guest rooms and spacious suites, two breathtaking pools, gardens magically perched above the ocean, the glorious Azure Restaurant accompanying exquisite cuisine and wonderful friendly service with endlessly seductive sea views. All barely ten minutes from the bustling heart of Cape Town, with nearby attractions including prime diving spots, nature trails, and seals, dolphins, whales and penguins.





# incentive class properties

**One&Only Cape Town** | 5\* Property | 131 rooms | [www.oneandonlyresort.com](http://www.oneandonlyresort.com)

Welcome to One&Only Cape Town, South Africa's premiere urban chic resort introducing an unprecedented level of luxury and style to one of the world's most fascinating cities. With its spectacular location in the Victoria & Alfred Waterfront and its stunning views of Table Mountain, the resort is a destination unto itself.

Clean lines, dark African woods and contemporary artwork by local artisans accentuate the 131 spacious rooms and suites - the largest in all of Cape Town. With a combination of Marina rooms, Island rooms and suites, there is a style to suit all budgets.

Located on its very own lushly landscaped private island in the centre of the waterway, One&Only Spa Cape Town is an oasis of serenity; an unparalleled day spa in the heart of a bustling city and a perfect escape for a day of pampered rejuvenation.



Discerning travellers and Capetonians alike are extended a warm welcome to dine on the celebrated cuisines of Nobuyuki "Nobu" Matsuhisa and Reuben Riffel, revel in the high energy vibe of The Vista Bar and sample rare and undiscovered vintages at the stunning Wine Loft. The hotel offers state-of-the-art conference facilities. The largest room capacity is 120 guests cinema style.



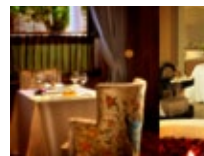
# incentive class properties

**Taj Cape Town** | 5\* Property | 176 rooms | [www.tajcapetown.co.za](http://www.tajcapetown.co.za)

The Taj Cape Town is perfectly located in the centre of historic “Mother City” at the entrance to St George’s Mall, within walking distance to most tourist attractions, restaurants, markets and nightlife.

The hotel offers two unique dining experiences; the Indian fine dining restaurant, Bombay Brasserie and Mint, a relaxed all-day dining restaurant. Alongside this you’ll find a wonderful Champagne and tapas bar known as The Twankey Bar.

The 176 rooms are spread over both the heritage and the contemporary tower wing.



Taj Cape Town offers a selection of professional facilities, which includes seven meeting rooms and The Reserve at Taj Cape Town, a premier events space. Venues can accommodate a variety of functions from small breakfast sessions to banquets and stylish cocktail events for up to 400 guests.



# incentive class properties

**African Pride 15 on Orange** | 5\* Property | 129 rooms | [www.marriott.com](http://www.marriott.com)

Experience the ultimate in luxury at the African Pride 15 on Orange Hotel, set in the upmarket suburb of Gardens at the foot of Table Mountain. The ideal location is near the National Museum, Planetarium and Company Gardens as well as superb golf courses and world-class shopping destinations. Just 25 minutes from Cape Town International Airport.

Guests are welcomed at the front desk and foyer which flows out on to an airy open-plan modern lounge, with a 7 story volume space above your head. The décor is a bright hybrid of retro & contemporary styles. Guests can choose from a total of 129 rooms incorporating standard guest rooms, spacious suites or penthouse apartments.

Guests have the pleasure of experiencing chef Michael Meyepa's inspired authentic global dishes



in a sophisticated and enticing setting at Savour Restaurant. The opulent Murano Bar, in the elevated chandelier pod, offers panoramic views of Table Mountain, Lion's Head and Signal Hill.

The African Pride 15 On Orange Hotel Gym/Health Club, with its roof top pool, and Suntra Spa offer modern spaces to relax and unwind. The hotel boasts five boardrooms, four meetings rooms and a conference room to host up to 200 guests.





# incentive class properties

**Spier Hotel** | 4\* Property | 153 rooms | [www.spier.co.za](http://www.spier.co.za)

Spier is one of the oldest wine farms in South Africa with a recorded history dating back to 1692. It is a mere 35 minutes' drive from Cape Town.

The Spier Hotel, located on the wine farm, is built in the village-style with buildings, lush green lawns and spacious rooms dotted along the banks of the tranquil Eerste River.

The 153 rooms and suites are clustered around six private courtyards, each with its own swimming pool. Gardens and walkways connect the rooms with the reception area, lounge, bar, terrace and restaurant. Known as a pioneer in responsible tourism, the hotel boasts numerous accreditations.

The hotel's well-appointed restaurant offers elegant à la carte dining and both the restaurant and wine bar source the freshest produce available from selected local farmers and suppliers. For more informal meals, guests can choose to dine at Eight Restaurant or relax with a picnic on the estate lawns.



Also included is the boutique Camelot Spa where guests can indulge in a variety of treatments.

Spier Wine Estate also offers a state-of-the-art convention centre, a wine tasting centre, an endangered Eagle Encounter and Segway tours.

One of Spier's unique offerings is its extensive collection of contemporary art. From the public spaces to the Manor House, hotel and wine-tasting room, art is as much part of the Spier experience as good food and fine wine. The works are rotated on an annual basis to provide exposure to as many artists as possible.



# Cape Town highlights

## Table Mountain

Ascending Table Mountain by cable car is a breathtaking introduction to Cape Town. This highlight is best included at the beginning of a program as the cablecar is weather dependent. A rotating Swiss-designed cablecar provides stunning views over the Peninsula and the mountain trail on the summit is easy to explore.



## The Cape Peninsula



A diversity of natural beauty unfolds as you explore the coastline of the rugged Peninsula. Highlights include the Atlantic Seaboard, Houtbay & the Cape Fur Seal Colony on Duiker Island, Chapman's Peak scenic drive, the Cape of Good Hope (the most southwestern tip of Africa), Cape Point's old lighthouse viewpoint, the African Penguin Colony at Boulders Beach, Groot Constantia Wine Estate and Kirstenbosch Botanical Gardens. At certain times of the year it is possible to spot whales cruising along the shoreline.



# Cape Town highlights

## Robben Island

This World Heritage Site is best known for Nelson Mandela's incarceration for almost 27 years. The island lies 11 kilometers off the main Peninsula. Tours depart from the mainland every hour between 09h00 and 15h00. Ex-political prisoners conduct the tours around Robben Island and through the prison. The return cruise to Table Bay affords breathtaking views of Table Mountain and the city skyline.



## The Cape Winelands



Discover your senses and heritage in the tranquil surrounds of the Cape Winelands, 25 minutes from Cape Town by road. Here you will re-discover yourself and your roots hidden in breathtaking views and in the serenity of a country lifestyle. Exclusive wine estates of international calibre invite guests to sample fine wines amidst scenic vineyards that date back to the 1600's. Enjoy delicious cuisine paired with fine wines in a choice of sophisticated Estate restaurants, or simply relax on the lush lawns beneath the shade of the old oak trees, with a delicious South African picnic.





## Cape Town - South Africa

# Unique activities

### Cape Malay Cooking Safari

Perched on the slopes of Signal Hill, overlooking Table Bay and Mountain, lies the colourful Bo-Kaap with its cobblestone streets, legends and secrets.

Your adventure begins at the Bo-Kaap Museum, where you will get a feel for the history and tradition of the area. Your guide will then lead you on a leisurely stroll through some of the more historic streets, giving you a chance to appreciate the extraordinary collection of pre-1840 architecture that resulted in this area being declared a national monument.

Your walk through this historical quarter focuses on the extraordinary cuisine of the Cape Malay community. While shopping for ingredients to make a typical Cape Malay dish you will discover links between history, food and religion in the Bo Kaap.



It's all-hands-on during the informal cooking workshop, which follows in a Bo-Kaap family home. You learn how to mix Masala, fold Samosas and how to balance the flavours of a Cape Malay curry, catering for both, Vegetarians and Non-Vegetarians. Sharing the table with your hostess and cooking instructor offers the opportunity for interesting talk and interaction

### African Beading Workshop and Kayamandi Township Tour

Jewellery, toys, Christmas decorations and more; delegates will create beautiful souvenirs, learning first hand from locals on this unique township tour in the friendly Kayamandi township close to Stellenbosch. The tour starts with a guided walk, which will give delegates an intimate introduction to everyday life in the township. Later, in the workshop of the community centre equipped with a beading kit, local crafters share the art of African beading with the delegates



### Shark Cage Diving



Located approximately 2 ½ hours drive from Cape Town is the fishing village of Gaansbaai. The area has become renowned for the viewing of the Great White sharks. Getting into the cage with the sharks around, is truly one of the most breathtaking adventure activities you will ever live to remember. When feeding actively around the boat, the sharks may occasionally brush their tail against the cage, but NEVER attack the cage. They are very curious though and often come close-up to the cage, taking a closer look at the diver. A personal, eye-to-eye encounter with this awesome animal, is guaranteed to get the adrenaline going!



### Streetwires Interactive Wire-Art Workshop

Started in 2000 with two artists and three founders, Streetwires is a business with a social mission that is tackling the problems of unemployment and poverty in our country head on. Focusing on the unique and dynamic genre of wire art, this Proudly South African project is providing the skills training, support and raw materials necessary to enable formerly unemployed men and women to channel their natural creative energies into this vibrant art form, using old telephone wire.



### Bread Making & Lunch at Bread & Wine Restaurant



Experience hands on bread making at Bread and Wine Restaurant on Moreson Estate in Franschhoek. On arrival you receive your very own apron, recipe book and ingredients. With a little bit of guidance you will make four types of dough, fill, twist and shape them and whilst they are baking, go off and to taste wines. By the time you have worked up an appetite lunch will be served with some of your very own baked breads!





## Unique activities

### Desert Storm

From the entrance of Atlantis the group will be transported via Land Rovers and Quad Bikes to a base camp surrounded by rolling sand dunes and offering amazing views of Table Mountain. The clients will then be divided between a number of rotations so that everyone will get a chance to try their hand at all the activities.

#### The Activities will include: 4x4ing

Under careful instruction everyone has the chance to put a Land Rover through its paces. Dropping off steep descents and climbing the soft sand as well as overcoming technical obstacles. Driving never felt this good!

#### Quad Biking

Heading off on automatic easy to drive Quad Bikes, the group will follow a track that takes them exploring the depths of this scenic area. A guide who controls the speed and route at all times, will lead the riders.

#### Sandboarding

Surfing the sand dunes! Like snow boarding only warmer and easier to learn! Stand up and sit down boards will be available for all levels of competency to have fun on! This will take place right next to the base camp keeping the spectators entertained as well!



#### Other Activities

For larger groups a number of optional activities will be set-up for the group to choose from. These could include Archery, Volleyball, Kites, Golf Bunker Course, Beach Bats and Frisbees.

#### Catering

It is important to have drinks, snacks and shade available for the group to relax under while not participating in any activities. There are a number of options ranging from Beach Umbrellas and Picnic Blankets to Bedouin Tents. It is also possible to have good quality portable ablution facilities transported.



# Eating out in cape town

## Eating Out!

The cosmopolitan atmosphere of Cape Town is captured by many restaurants, which reflect a great variety of traditions. Cape Malay cooking, with its spicy delicacies, is very much part of the popular culinary scene. One may relish the novelty of New World cuisine or savour the wealth of the authentic Dutch cooking. Chinese, Japanese, Taiwanese and Indian cuisine is all within walking distance of one another whilst the nationalities of Europe jostle dish by dish and so one may find the subtle nuances of the French kitchen, the robust flavours of Italian fare or the hearty roasts of an English Squire. Here in the city one can also find the pioneering and colonial platters of the Americas or the national dishes from Bulgaria and Turkey. Whether you wish to enjoy a lobster whilst viewing the sea and Table Mountain as a backdrop, a venison dish in a cosy Victorian atmosphere, watch the tugs guide in a new arrival whilst eating calamari steaks, or sampling a traditional plate of bobotie whilst sipping a glass of good Cape wine - all is possible.

For a detailed list of Dragonfly and Green Route recommended and up to date restaurants, please contact our respective offices.

