**Quick packing list for Costa Rica. The lighter you pack the better!**

**Health Kit/packet:**

* Masks kn95.
* Personal alcohol wipes and hand sanitizing.

**Carry-on:**

* Medications in their labelled containers.
* Spare prescription glasses or contact lenses.
* Sun glasses.
* Travel documents.
* Money.  200$ in cash. Credit cards are accepted.
* Camera and binoculars.
* Phones and electronics you may need.
* Mini toilet kit.
* Sun hat.
* Sun block.
* Water bottle.

**Clothing:**

* Well broken-in shoes (to prevent blisters).
* Pair of all terrain sandals with straps (like tevas) for wet landings or beach explorations.
* Extra pair of dry shoes for dinners.
* Down Vest.
* Swimming suit.
* Loose fitting pants.
* Hiking shorts.
* Hiking socks.
* Short sleeve shirt or t-shirt.
* Long sleeve shirt for sun protection.
* Pajamas.
* Lightweight rain jacket.

 **Other important items:**

* Small flash light or headlamp.
* Ziplock bags for your cameras, phones. Keep important electronics dry.
* Small compact umbrella.
* Insect repellent.
* Quick drying travel towel.
* Day pack.
* Note book and pens.
* Bandanas & buffs.

**What to leave at home:**

* Jewelry!! You won’t need it in Costa Rica.