



RELAXATION MENU



EMSSENCE SPECIALISED RITUALS

Facial Rituals

Emssence Soothing / Anti-aging Facial

60min

N\$ 1100

This ultimate Soothing Facial is Designed to rejuvenate mature skin by improving the appearance of wrinkles, creases, folds and sensitivity. Providing deep hydration, skin brightness and collagen boosting.

Emssence Purifying Deep Cleanse Facial

60min

N\$ 950

A deep pore cleansing facial that penetrates the skin to remove dirt and debris that accumulates in the pores to achieve a clear and radiant complexion.

Emssence Men's Deep Cleanse Facial

60min

N\$ 850

A deep pore cleansing facial that uses Men's Facial products to penetrate the skin to remove dirt and debris that accumulates in the pores to achieve a clear and radiant complexion. Leaving the skin feeling deeply clean, ultra- refreshed and completely revived.

Nail Care

Kigelia Manicure: Range inspired by the Kigelia Africana Tree (Sausage Tree) found along the Okavango River. The Kigelia Fragrance contains subtle notes of Lavender.

Quiver Manicure: Range inspired by the Quiver Aloe Tree. The Quiver Fragrance provides memories of veld cucumbers.

Express Manicure

30min

N\$ 400

Soak, Cuticle work, shape and Lotion application, optional lacquer application.

Full Manicure

60min

N\$ 650

Soak, Scrub, Cuticle work, Shaping, Massage, optional lacquer application.

Makalani Pedicure: Range inspired by the Tall and Elegant Makalani Tree from the sub- tropical north of Namibia. Makalani Fragrance contains spicey lime notes.

Quiver Pedicure: Range inspired by the Quiver Aloe Tree. The Quiver Fragrance provides memories of veld cucumbers.

Express Pedicure

30min

N\$ 400

Soak, Cuticle work, shape and Lotion application, optional lacquer application.

Full Pedicure

60min

N\$ 700

Foot Filing, Soak, Scrub, Cuticle work, Shaping, Massage, optional lacquer application.

MASSAGES

Using African massage tools in combination with your choice of oils.

African Calabash

60min

N\$ 1100

A soft pressure full body massage with traditional African roots, using the African Calabash to replicate the traditional massage therapy.

African Rungu

60min

N\$ 1100

A deeply stimulating massage using long strokes that reduce pain and aches, improves blood circulation, lymph drainage and muscle toning providing immediate relaxation.

African Bamboo

60min

N\$ 1100

A traditional massage using heated bamboo to roll and knead the muscles to create an extreme sense of relaxation and well-being.

Miracle Repair SOS

60min

N\$ 1100

A skin healing full body massage using the award-winning Healing EARTH African Potato Balm, ideal for sunburnt, problematic skin or dry skin.

Wellness massage

45min

N\$ 850

The perfect balance of hands and stones, bringing balance to the body.

60min

N\$ 1100

90min

N\$ 1400

MUSCLE MELT MASSAGE with marula and mopane essential oil blend Detox and Lymph drainage with Kalahari melon seed and Namibian Myrrh Body Sculpting and uplifting with peppermint, Jasmin and ylang-ylang.

The Rhino

60min

N\$ 1100

This vigorous massage combines a variety of compression, stretch and cross fiber friction techniques.

Ongava massage

60min

N\$ 1000

The Ongava massage with Quiver-Cucumber and

90min

N\$ 1400

Melon Vibes, is a blend of massage techniques to invigorate the muscles, energize, increase blood circulation and release tension.

Hot oil Scalp Massage

30min

N\$ 525

A relaxing hot oil (with Namibian Ximenia oil which is a super emollient and deeply nourishing for hair and scalp) scalp massage that promotes hair growth and scalp health, releases tension in the head and neck area aiding in better sleep, healthy hair and stress reduction.

ONGAVA



Pressure Point Foot ritual**30min****N\$ 525**

A relaxing foot massage making use of pressure massage using hands, fingers and a specialized tool to promote healing, relaxation and alleviate stress

“Just because you deserve it“ massage**30min****N\$ 525**

A back, neck, shoulder and scalp massage to

45min**N\$ 725**

release tension, invigorate and rejuvenate a tired upper body.

EMSSENCE SIGNATURE TREATMENTS**Emsence top-toe ritual****90min****N\$ 1500**

Receive a relaxing 45min back Massage with our specialized Emsence calabash tools. Followed by an express facial and while the facial mask is on receive a relaxing foot and leg massage.

Emsence Muscle Ease Back Ritual**90min****N\$ 1500**

Hot towel back exfoliation, followed by a relaxing eucalyptus mud wrap, enjoy a hot oil scalp massage followed by a back massage with our specialized Emsence calabash tools.

Description of PURE Products:

Our signature PURE range contains all natural ingredients and is small-batch-made locally with great consideration for fragrance and essential oil selection.

Description of EMSSENCE Botanical Body range:

Since 2015 Emsence has supplied the hospitality industry with fragranced amenities. This led us to develop our very own range of fragrances and packaging, offering bespoke labeling for a personalized body-care experience. Inspired by Namibia's lush botanicals, Emsence's wide range of personal care products are thoughtfully blended and packaged in Namibia.

Cancellation Policy: A 50% cancellation charge will be incurred for any treatment cancelled at least 12 hours prior to appointment. Cancellation within 6 hours will incur a 100% charge. Arrival Time: Please be advised that late arrivals will not receive additional time on treatments.

The spa is managed by Wellness in the Wild (pty) Ltd www.wellnessinthewild.co.za Prices Valid from April 1st 2022.