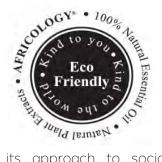


SPA TREATMENT MENU

Our Aroma Boma spa treatment room at Safari Lodge is built on the banks of the dry Mabrak riverbed amongst the trees and away from the main lodge area, so the only likely disturbance is perhaps the odd elephant wandering past!

OUR PRODUCTS

We use a range of products from Africology. Their ethical skincare products capture the rejuvenating and healing essences of Africa, helping to revitalise the skin as well as prevent damage and premature ageing. Africology prides itself on its roots, taking inspiration from the home and using local ingredients including Rooibos, Aloe, Marula and African Potato. The entire range is suitable for vegans, is not tested on animals and is free from harmful chemicals and perfumes.



The brand's empowerment philosophy is also apparent in its approach to social responsibility. Africology only practices fair trade and is always looking for new ways to help develop individuals and communities in Africa. The products have also been designed for reed-bed disposal, so they do not harm conservation efforts.

Africology products are available in our guest rooms, so feel free to give them a try during your stay. If you wish to continue the Aroma Boma experience once you've left Ulusaba, you can purchase your favourite Africology products before you leave!

GENERAL INFORMATION

Treatments are not included in the normal room rates and are priced in South African Rand. You can book an appointment before you arrive by contacting Reservations or on property by talking to one of our Spa Therapists or a team member. Please note that prices are subject to change without notice. If you are unable to make your appointment, please let a member of the team on property know the day before.

A 100% cancellation charge will apply for any appointments cancelled on the same day.

The treatment time stated includes a consultation, so please arrive on time for your treatment, as in busier periods we will not be able to extend the session.

Safety guidelines

- For the safety of both our spa therapists and guests, our spa therapist will be wearing a face mask during your spa treatment. Whilst this may well hide their smile, they will most certainly still have smiling eyes! We also require guests to wear a face mask during their spa treatment.
- Please note that massage treatments will no longer include décolleté, scalp and face.





BODY TREATMENTS

WELLNESS JOURNEY PACKAGE

This treatment begins with a back, neck and shoulder massage, followed by pressure points reflexology on your feet using warm and cool stones. This will help to improve your blood circulation and remove any toxins in your body.

75 mins - R 1,500

SOUL OF AFRICA

In Africa, Marula is seen as a miracle oil and used in many skin treatments and traditional ceremonies. Blended with Neroli, Marula is used to soften signs of ageing through its antistress action, as well as to treat sun-damaged skin as it improves skin hydration and helps fight free radicals. This treatment begins with a back exfoliation followed by an application of warm, soothing mud to release any tension stored in your muscles, whilst helping to remove any toxins in your body. Marula oil is then applied in preparation for your massage.

90 mins - R 1,900

INTONGA AMASATCHI MASSAGE

A deep tissue and stress relieving treatment; skillful movements are performed with the hands and different sized wooden sticks are used to stretch tight muscles and ease toxic overload from daily stress. Symbolically, the stick or Spa Therapist's hands represents wisdom and direction to the healer, and is created from wood, symbolising growth and abundance. This is a grounding treatment that absorbs and purifies negativity, redirecting the energy flow into greater efficiency.

60 mins – R 1,350 90 mins – R 1,800

THE BESPOKE MASSAGE

After a consultation, your therapist will choose the perfect oil or balms to tailor a treatment specific to your needs.

45 mins - R 1,000 60 mins - R 1,300 90 mins - R 1,700

LASTONE SOLE REFLEXOLOGY

Using warm and cool stones on your feet's reflex points, this treatment will work on all the systems in your body, leaving you feeling totally relaxed.

45 mins - R 900

Fully indulge by adding a LaStone therapeutic marble stone to your massage for an additional R 300.





BEAUTY ESSENTIALS

AFRICOLOGY INTONGA DETOX PEDICURE®

This detoxing pedicure targets swollen and tired legs that have poor circulation, lymph build up or water retention. Warm detoxifying oil combined with an Intonga stick massage will leave your legs feeling light and deeply hydrated - the perfect treatment for after a long journey! Finish with a touch of colour.

60 mins - R 700

AFRICOLOGY AFRICAN POTATO MANICURE®

A relaxing manicure that treats your hands and nails with natural ingredients to keep them hydrated, flexible and strong. Finish with a touch of colour.

60 mins - R 700

AFRICOLOGY INTONGA DETOX PEDICURE® AND AFRICOLOGY AFRICAN POTATO MANICURE®

120 mins - R 1.300

EXPRESS MANICURE OR PEDICURE

This express treatment will focus on your areas of concern on either your hands or feet, finished with a colour of your choice.

30 mins - R 370

EXPRESS MANICURE AND PEDICURE

60 mins - R 700

SHELLAC

The perfect 14 day non-chip, non-smudge manicure or pedicure. A hybrid between regular varnish and flexible gel, shellac is UV-resistant and does not darken as it ages. The finished result is a high shine, high gloss look.

60 mins - R 750

SHELLAC REMOVAL R 350 (within a shellac treatment R 200)

When you're booking a pedicure or manicure, please let us know if you would like a French polish (additional R 50) so that we can allow for an extra 15 minutes.





CUBS CLUB SPA TREATMENT MENU

All treatments last 45 minutes each, parental consent is required

HAND AND FOOT TREATMENT - R 350

Get your hands and feet pampered with a combined mini manicure and pedicure. The treatment includes a mini scrub, a hand and foot massage, shaping of your nails, finished with a touch of colour

ROSE QUARTZ MASSAGE - R 700

During this massage, a warmed rose quartz is used to gently massage a combination of carefully selected oils into the skin, leaving you feeling hydrated

COCONUT COCOON RELAXING BODY MASSAGE - R 700

A healing and relaxing massage that repairs and protects the skin as well as calms and soothes the mind. Choose a coconut infused balm from a selection of strawberry, mixed berry, vanilla or butterscotch!

LASTONE CASTLE BUILDING - R 700

This treatment uses warm basalt stones and cool marble stones, that are placed on your body over a sheet, relaxing your mind as well as releasing any tension in your muscles

All treatments are subject to availability and pricing is subject to change without notice

