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**5R-AEG** 

MINURNA

# MIAVANA BY TIME + TIDE

Activities Guide



### EXPLORE + DISCOVER

### Follow the road less travelled

Rediscover your sense of wonder in a place where luxury means stepping foot where no man has before, surrounded by an unspoiled horizon. Explore uncharted waters and coral reefs hosting scores of jewel-toned fish. Stroll on the white sand beaches or take a guided nature walk to visit the resident lemurs and nesting sea turtles. Spot dolphins and migrating humpback whales as you gaze out over the Indian Ocean. Contribute to the long-term sustainability of the region simply by visiting.

### AN ADVENTURE PLAYGROUND AWAITS

### Come, let us show you

Our activities span the horizons of land, sea and air to celebrate the best of this incredible region. Miavana is an adventure playground, offering thrilling, unique experiences unlike anywhere else in the world. Join us and explore a destination at the ends of the Earth.

- + Underwater
- + On the Water
- + On Land
- + In the Air

### UNDERWATER

### A world of wonder

The waters around Miavana are a marine paradise perfect for scuba diving and snorkelling. Diverse underwater terrain and a confluence of currents support outstanding biodiversity. Many of the reefs we dive at are virtually unseen by other humans. Sea turtles, manta rays and spinner dolphins thrive in these waters alongside species such as napolean wrasse, bumphead parrotfish and Spanish dancers.



### UNDERWATER

#### SNORKELLING

Coral reefs fringe the island, so you can snorkel right from the beach in front of your villa. When you arrive, our activities team will kit you out with snorkelling gear that you can keep throughout your stay. You can also venture further afield by boat to explore reefs nearby, such as the phenomenal Nosy Manambiby.

#### SCUBA DIVING

We are a PADI qualified dive centre, with passionate dive instructors who are on hand to guide certified divers through Miavana's vibrant reefs, or introduce beginners to our shores through a variety of PADI dive courses. Divers who have not dived for 6 months or longer will be required to complete a refresher dive with our instructors. It is vital that you bring your dive certification card to the island. During the winter months, the number of dive sites can be limited.

### UNDERWATER

#### OPEN WATER COURSE

Upon completion, students are qualified to dive up to 18m with other qualified divers. It is recommended that the theory part of this course be completed online before arriving.

#### ADVANCED OPEN WATER

This course helps open water qualified divers improve their existing skills, such as buoyancy and diving to greater depths (max depth of 30m, extendable to 40m with deep specialty).

#### DISCOVER SCUBA DIVING

A closely guided introduction to diving for guests 10+ years of age looking to make their first foray into the underwater world (max depth of 12m).

#### BUBBLE MAKER

Children 8-9 years old can don full scuba gear and jump in to explore our house reef while very closely supervised by one of our PADI instructors (max depth of 2m).



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### Explore every shade of blue

With so many ways to explore it, you'll find that the turquoise water around Miavana is a never-ending source of beauty and wonder. Whether it's an exhilarating fishing expedition beyond the reef or a soothing SUP yoga session in Andragana Bay, there's something to suit everyone. A fleet of boats and an array of equipment opens the door to all things salty.

#### FISHING

Whether you are a pro or a novice, Miavana is an excellent destination for fishing. We have top of the line equipment and a passionate, experienced team. Try your hand at catch-and-release deep-sea fishing, jigging, popping, trolling or fly-fishing on the reef flats.

Around Miavana, you will find species such as sailfish, king mackerl, mahi mahi, giant trevally, yellowfin and dogtooth tuna and barracuda in abundance.



#### BOATING

Step aboard our boats and cruise the waters surrounding the island. Enjoy a sunset cruise, explore the archipelago, stop off for a picnic or snorkel, or just relax and enjoy the ride. On blue safaris with us, you can spot dolphins dancing in the wake of the boat, or migrating whales breaching from July to September.

#### MANGROVE CRUISE

Meander through the mangroves on the mainland and explore this unique ecosystem by kayak, surf ski or stand-up paddleboard. For an authentic traditional experience, you can opt for a local Madagascan canoe. Soak up your spectacular surroundings as you cruise gently along these peaceful waters. The experience can be enjoyed in the morning, or in the afternoon as a sunset cruise experience, depending on the tides.





#### STAND-UP PADDLE-BOARDING

Find your balance on the Indian Ocean. Miavana's calm waters provide the perfect training ground for standup paddleboarding, offering an all-round workout and beautiful views above and below the translucent water.

### KAYAKING / SURFSKI

Whether you would simply like to paddle around in the safety of our bay or take on the challenge of a round-theisland trip, we have something to suit every taste.

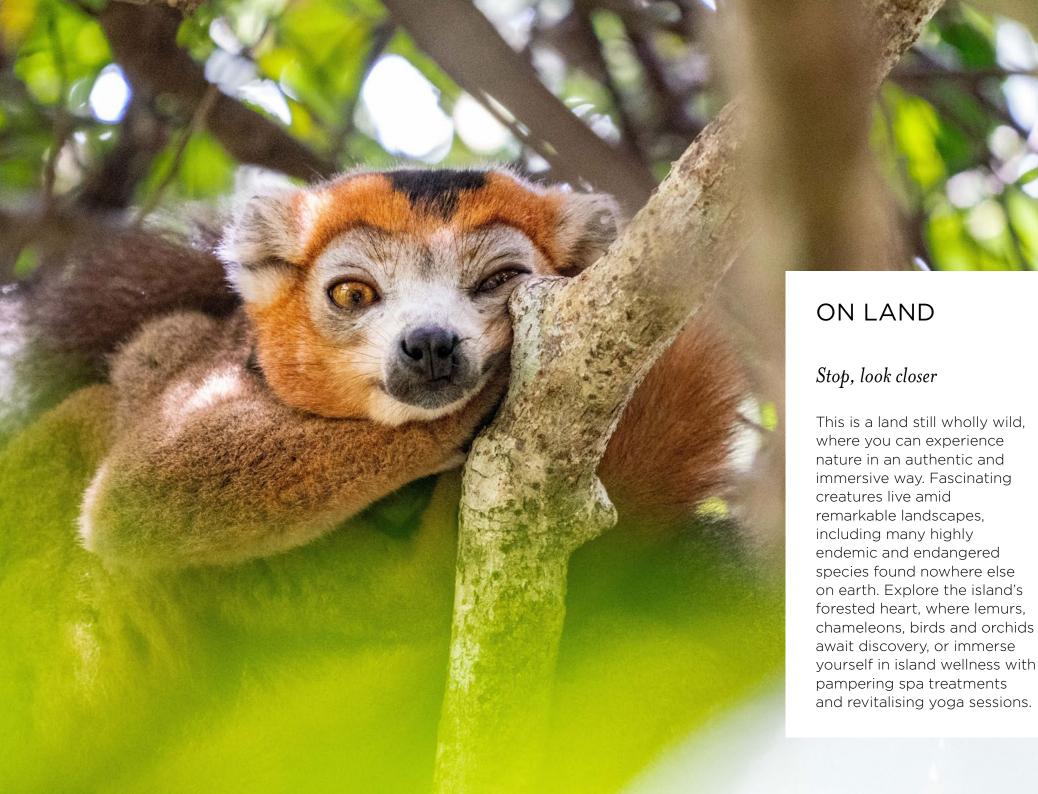
#### WATERSPORTS

Wakeboarding and waterskiing make for an exciting day of adrenaline-fuelled activity at Andragana Bay. Pair this with a picnic to keep the energy levels at a high.

#### KITEBOARDING

Miavana is a kiteboarder's paradise, with warm waters, consistent trade winds from mid May to October, and a wide diversity of kite spots around the island - all of which can be enjoyed in complete privacy and exclusivity. There's also opportunity to explore locations further afield with our helicopters. We have Cabrinha kite gear available for use on the island for experienced riders, and IKO certified instructors available as an optional extra for beginners who would like to learn through our partner kite school.





#### GUIDED ISLAND TOURS

Hop on a quad bike (ATV) to explore the island from top to toe. Miavana is 5km long by 2km wide, with 10 square kilometres of land to explore. Pass through a local village and stop off at the Lighthouse, which offers spectacular 360-degree views across the archipelago to the mountains on Madagascar's mainland.

### LEMUR TREKKING

Meet Miavana's resident population of Crowned Lemurs while trekking through pristine forests. The lemurs on Miavana were translocated by the Bekaroaka Lemur project with community support to protect them from the threat of habitat destruction and hunting. Our Conservation team carefully monitors these lemur families to ensure they are thriving, with the benefit that we can be sure to find them without too much effort.



#### NATURE WALKS

Head out on your own to explore the island's trails or enjoy a guided nature walk for an introduction to Miavana's abundant fauna and flora. There is the possibility of seeing the world's biggest chameleon and one of its smallest as well as nonvenomous snakes, a variety of butterflies and bountiful bird life. We can also recommend a night walk at full moon or when the stars are bright.

#### TURTLE MONITORING

Join one of our Conservation team members on their daily beach walks, looking for signs of nesting activity. Depending on the time of year, you can witness mothers nesting on our protected shores, or babies hatching right in front of your villa. Miavana is one of the rare places in the world where several species of sea turtles nest in safety, including the critically-endangered Hawksbill turtle, Green turtle and Olive Ridley turtle.





#### BIRD WATCHING

Take a boat trip to a nearby island in our archipelago to see four species of Terns, predominantly Sooty Terns, at one of the largest nesting sites in the Indian Ocean. From mid-May to September, over 40 000 breeding pairs arrive on Manamphao. Combined with a castaway beach picnic on its uninhabited shores, this is an experience that can't be beat.

#### TREE PLANTING

In developing the island, our Landscaping team removed many invasive species of plants and trees and planted hundreds of thousands of endemic species in their place. Contribute to the island's ecosystem and plant a tree yourself.



## ACTIVITIES CENTRE & GYM

The Gym is located right next to our Activities Centre, where you will also find a Petanque pitch and an array of other beach games available over and above our watersports equipment, including volleyball, beach bats, frisbee, beach cricket, soccer, table tennis, and more.

#### CABINET DE CURIOSITIES

Housing rare items such as an extinct elephant-bird egg, pygmy hippo skeleton and other cultural and natural artefacts, the Cabinet de Curiosities celebrates Madagascar's rich heritage.

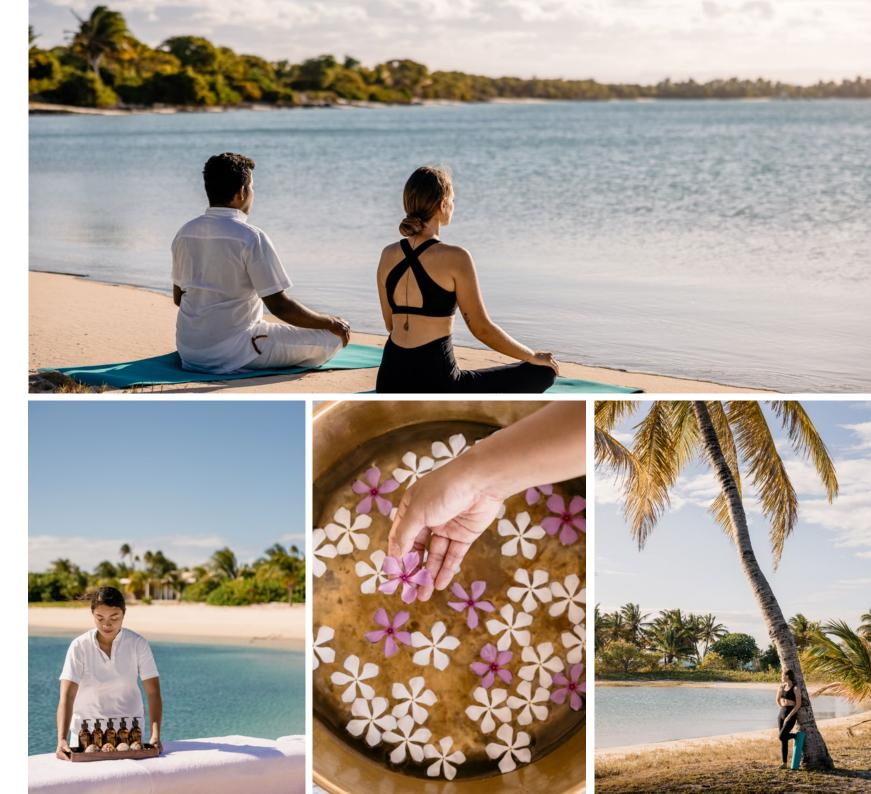
### BOUTIQUE

Browse the Boutique for a touch of retail therapy. Here you'll find a range of beachwear, perfect for island days, and a curated collection of Madagascan handmade crafts, supporting local artisans.

#### SPA & YOGA

At Miavana, the entire island is your spa. Enjoy a treatment in the privacy of your villa, or anywhere on the island that resonates with you. Take time to immerse yourself in this untouched environment, allowing yourself to reconnect with nature and yourself. Seclusion and wide, open spaces invite you on a journey toward total relaxation.

Miavana's wellness menu covers a range of luxurious massages, facials, body treatments and finishing touches, as well as Aryuvedic treatments and yoga classes. Treatments are enhanced by organic products from Terres D'Afrique that harness the power of rare African botanicals, as well as handharvested products from the island.



### IN THE AIR

### Take to the skies

Several extraordinary national parks are a short helicopter flight away on the mainland. With our knowledgeable guides, you can explore the region's rare wildlife, remarkable landscapes and fascinating natural history.

- + Daraina, Tattersali Camp
- + Anjahakely, Black Lemur Camp
- + Ankarana National Park
- + Tsingy Rouge
- + Baobabs
- + Secluded Sundowners and Scenic Flights
- + Tailor-make your own adventure...

View our off-island Helicopter Adventures guide for more information.

### KIDS ACTIVITIES

### The ultimate playground for children

Miavana offers activities tailored to each child's age and interests. Our little island explorers can adventure across land and sea, learning about the environment as well as from different members of the team. Enriching, inspiring, and importantly, fun.

- + PADI Bubblemaker & Discover Scuba Diving, snorkelling, fishing, watersports, swimming
- + Treasure hunt, chameleon challenge, and scavenger hunt
- + Petanque, dominoes, solitaire and other local games
- + Malagasy face painting and other cultural experiences
- + Bike riding, buggy license and guided quad biking
- + Cabinet talk, turtle walks, lemur treks, and tree planting
- + Beach volleyball, cricket, soccer, table tennis, beach bats
- + Sand castle making, coconut painting, Madagascan animal mask making, beading and other crafts
- + Pizza making, cookie baking and cupcake decoration
- + Kids spa treatments and yoga

View our Family Offering for more information.



### A SEASON FOR EVERYTHING

Miavana has two distinct seasons, with different activities that are best suited to each season.

From November to mid-May, the days are warm, with light rains mainly overnight, making it best for diving, fishing, snorkelling and sea turtles. Mid-May to October has cooler days with seasonal winds, making it perfect for intrepid travellers who want to see whales, terns, or go kiteboarding.

On arrival at Miavana, our team will recommend experiences tailored to your interests and the time of year. Do as much or as little as you please, request a detailed itinerary or plan your days as they come. Miavana gives you the sense of time and space you need to live in the moment.

Come, let us show you what it means to feel truly alive.

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BY TIME + TIDE

Time and tide wait for no man, start your journey today.

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