

Dee's African Mobile Spa  
@ SABI SANDS

## MASSAGE RITUALS

### SWEDISH MASSAGE

A blend of Swedish massage techniques to invigorate the muscles, energies, increase blood circulation and release tension.

60 min | **R990**

90 min | **R1180**

### DEEP TISSUE MASSAGE

Deep Tissue Massage is a deeper more intense massage that focus in the deeper layers of the muscle and connective tissue. Deep Tissue Massage is often recommended for individuals who experience consistent pain and soreness in both large and small muscle groups.

60 min | **R1020**

90 min | **R1080**

### AROMATHERAPY MASSAGE

A fragrant and uplifting full-body or targeted massage using pure aromatherapy oils according to your unique needs.

60 min | **R1045**

90 min | **R1070**

### HOTSTONE MASSAGE

Our African hot stone massage blends the penetrating heat of warm stones with the firm, flowing strokes of a massage to melt away tight muscles and release muscular and emotional tensions throughout the body extremely relaxing but even more invigorating. The result is deep relaxation and peaceful.

60 min | **R1045**

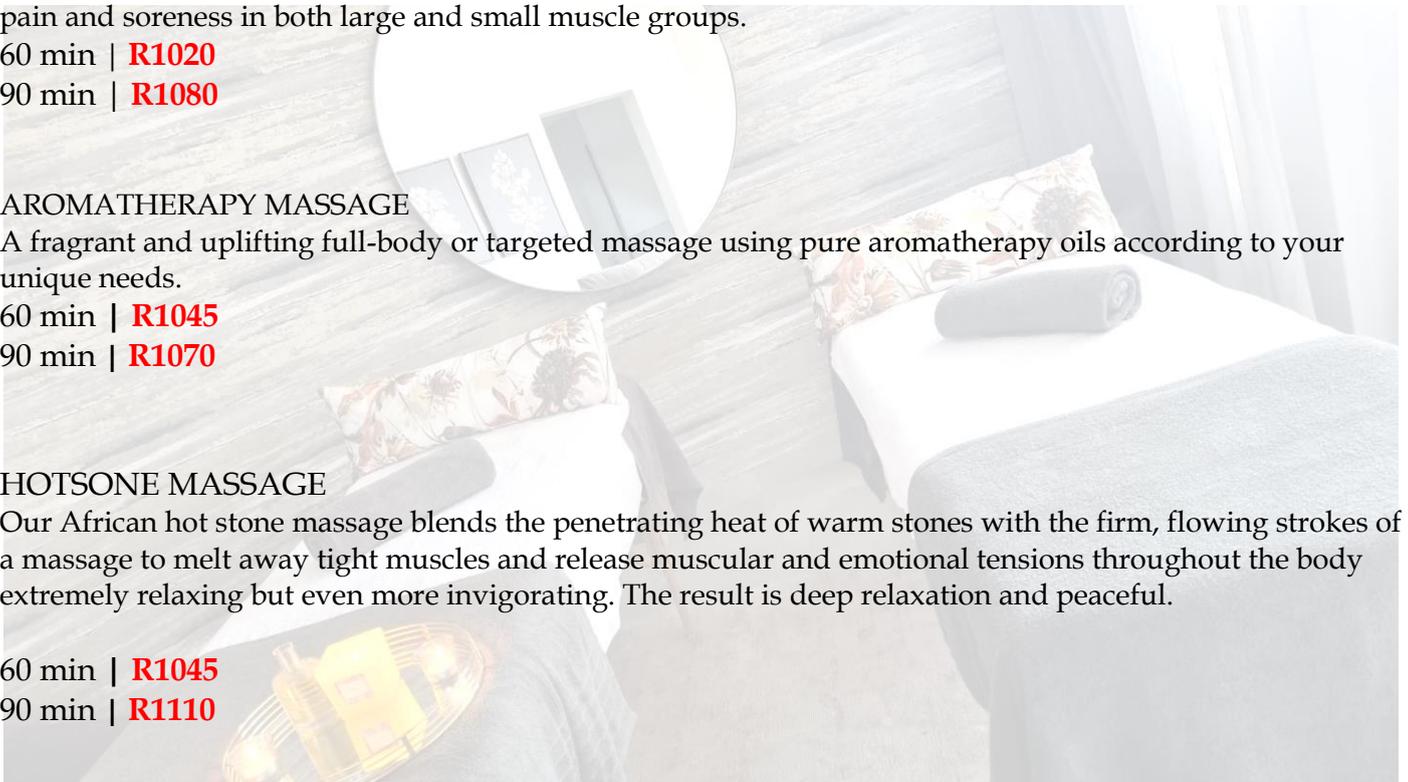
90 min | **R1110**

## SPA PACKAGES

### COUPLES PAMPER

This romantic celebration takes place in comfort of your own suite. First, get your feet ready with a foot ritual pamper. Enjoy a tribal foot reflexology/foot massage. End your relaxation pamper with a Tribal Head Massage

90 min | **R2200**



## AFRICOLOGY FACIALS

### Deep Cleanse

A deep cleanse can leave the skin looking refreshed and more youthful. By using our gentle Exfoliating Cream and hot mittens, we purify the skin without the long-term damage usually caused by steaming and harsh exfoliators. An exfoliation with massage that stimulates and uplifts tired and dull skin and clears problematic skin.

75 min | **R990**

### African Goddess Facial®

When your primary focus is a facial rejuvenation, but the body is also calling for tender loving care. Our treatment starts with a back and neck exfoliation followed by a muscular releasing massage, melting away tension. We know that a stressed muscular system can place much gravity on the facial muscles; often resulting in sagging skin. This treatment is a wonderful ritual that involves cleansing, massage and sound therapy, making it a sacred and sensory way to celebrate the Goddess within. A woman's breast is sacred, and with your permission your therapist will also work on rejuvenating the skin around this area.

90 min | **R1320**

### Balancing Rose Facial

Our Beautiful Blend of Rose Absolute is designed to restore the skins natural balance while eliminating feelings of sadness, rejection or fear. Warmed Rose quartz stones are

90 min | **R1100**

## HAND & FOOT RITUALS

### MANICURE

A classic treatment to reshape the nails, neaten up the cuticles and massage moisture into the hands. Finished with a fresh coat of nail lacquer.

60 min | **R490**

### PEDICURE

Feet are soaked, skin is gently exfoliated, cuticles are perfected, toenails are clipped, reshaped, buffed and polished. Feet are massaged with a good moisturizer. Finished with a fresh coat of nail polish.

75 min | **R520**



### CONTACT

Dineo 082 926 5403

<http://www.deesafricanspa.co.za>

<https://www.facebook.com/dees.africanspa/>

<https://www.instagram.com/deesafricanspa/>

**PLEASE NOTE GATE ENTRANCE FEE IS EXCLUDED, to be paid separate.**