

TITILAKA
LAGO TITICACA / PERÚ

**EXCURSIONS, CROSSINGS &
ACTIVITIES**

INTRODUCTION

The simple mention of Lake Titicaca is enough to transport one to a sublime, otherworldly place. Set between the Peruvian and Bolivian border, at 12,000 feet above sea level, Lake Titicaca, “the Incas’ birthplace”, is an emblem known for its cultural richness and enigmatic beauty.

Amidst sinuating roads and legendary landscapes, Titilaka has found refuge on a tranquil private peninsula along the shores of Lake Titicaca. The lodge offers splendid views of the lake’s crystalline waters, making sure to bring together the region’s extraordinary history and legacy with the unbounded beauty of its natural surroundings into every guest’s experience.

Uncover the cultural, historic and natural richness of the area around the lake through our wide array of activities and outings. These bespoke excursions are designed to meet your interests and capabilities, and can range from short to full-day, in the lake or around the lodge.

Except for the excursions to and from the airport, which require previous booking, all daytrips and activities are available daily. Based on your interests and abilities, our experienced guides will help you prepare an optimized travel plan for your stay with us.

All excursions and activities offered are included in our rates. The excursions are categorized into three levels of difficulty, according to the physical demand of each activity, which is specified in the summary chart.

Excursions Summary	Duration			Difficulty Level	Schedule	
	1-3 hrs	4-5 hrs	7-9hrs		AM	PM
MAIN EXCURSIONS						
● Islands of Lake Titicaca Excursion			X	I - II	X	
● Aymara Route Excursion			X	I - II	X	
EN ROUTE EXCURSIONS (to and from the Juliaca airport)						
● Excursion to Sillustani (not Monday)	X			II	X	X
SHORT EXCURSIONS						
● Colonial Temples Visit		X		I	X	X
● Birdwatching		X		II	X	X
NEARBY ACTIVITIES						
● Boat House - Nautical Sports	X			I - II - III	X	X
● Cycling Platería	X			II - III	X	X
● Aymara Constellation Observation	X			I		X
● Rafting Through the Reeds	X			I	X	X

TITILAKA EXCURSIONS GUIDE



ALTITUDE	Meters / Feet
4,000	Lake Titicaca 3,827 meters / 12,556 feet Cusco 3,399 meters / 11,152 feet
3,000	Sacred Valley 2,766 meters / 9,075 feet Machu Picchu Citadel 2,430 meters / 7,972 feet
2,000	
1,000	Tambopata 183 meters / 600 feet Lima 0 meters / 0 feet
0	

KEY			
	TITILAKA		BIRDS
	ARCHAEOLOGICAL SITE		PORT
	ASTRONOMY		PHOTOS
	CYCLING		BOAT
	TRAIN		LOCAL COMMUNITY
	AIRPORT		TEMPLE

MAIN EXCURSIONS	SHORT EXCURSIONS	NEARBY ACTIVITIES	BOLIVIA CROSSINGS (S)
A LAKE	1 EXCURSION TO SILLUSTANI	3 LOCAL FESTIVITIES	5 COLONIAL TEMPLES VISIT
B LAND	2 MARKETPLACE VISIT	4 EXCURSION TO LAMPA	6 COLLA ROUTE TREK
		7 BIRDWATCHING	8 BOAT HOUSE - NAUTICAL SPORTS
		9 RAFTING THROUGH THE REEDS	10 STROLLING ACROSS THE ALTIPLANO
		11 SUNDOWNER CONSTELLATION OBSERVATION	12 CYCLING PLATERIA
		13 ISLAND OF THE SUN CROSSING	14 TIAHUANACO CROSSING

MAIN EXCURSIONS

- Islands of Lake Titicaca Excursion
- Aymara Route Excursion

ISLANDS OF LAKE TITICACA EXCURSION



Explore the Uros floating islands and the Island of Taquile on this full-day trip, one of our most popular excursions. Neither land, sky, or water, but rather at the intersection of the three.

Totora, or junco reed roots, serve as unique building material for the floating islands of the Uros Titino communities of Lake Titicaca. The Islands of Lake Titicaca excursion brings our guests close to the islands' Uro-Aymara communities, providing a unique opportunity to grow personally acquainted with the men –skilled reed raftsmen–, and women –expert weavers famous for their craft–, as well as the ancestral techniques used to keep their islands afloat, among other aspects of their remarkable heritage. In Taquile, guests will experience the Quechua imagination in the textile weavings unique to the area and recently included in UNESCO's Masterpieces of the Oral and Intangible Heritage of Humanity.

Enjoy lunch outdoors as you treat yourself to the grandeur of Puno's deep blue skies mirrored across Lake Titicaca with views of Bolivia's Cordillera Real, or Royal Mountain Range, in the background.

Duration	7-9 hrs
Difficulty level	I, II
Frequency	Daily
Schedule	Morning
Meals	Snack, lunch, and beverages
Attractions	Geography, birds, natural beauty, traditional customs
Highlight(s)	Taquile's textiles, a UNESCO Masterpiece of the Oral and Intangible Heritage of Humanity; unique Totora reed floating islands. Recommended for Children

AYMARA ROUTE EXCURSION



The Aymara Route excursion, spanning a whole day, involves growing acquainted with the geography, nature, and views of Acora and the Chucuito peninsula.

Dive into the pre-Incan era through the legends and stories your guide will share and learn about Lake Titicaca's importance in the local worldview and as a means of subsistence. Make your way through meandering paths, open fields and pastures, be it by car, bike, or foot, watching native birds in their ecosystems, archaeological remains, and astonishing landscapes.

As part of the excursion, guests will get to meet members of the neighbouring communities learn about their daily labours. Eventually we will reach natural lookouts, having the chance to stop and enjoy specially prepared lunches in the company of the lake's calm and majestic views.

Duration	7-9 hrs
Difficulty level	I, II
Frequency	Daily
Schedule	Morning
Meals	Snack, lunch, and on-field beverages
Attractions	Geography, birds, customs, and archaeology
Highlight	Beautiful scenery and examples of lake lifestyles

EN ROUTE EXCURSIONS

(to and from the Juliaca Airport)

- Excursion to Sillustani



EXCURSION TO SILLUSTANI



Perhaps the region's largest and most important pre-Hispanic funeral ground, the archaeological complex of Sillustani is evidence of the area's rich past and offers visitors privileged views of Lake Umayo.

Host to a number of chullpas – the ancient funerary tower-like structures – built exclusively to house the remains of nobles and distinguished individuals, Sillustani is among the best kept archaeological sites in the area. The chullpas have varying architectural forms resulting from changing time periods and power shifts of groups such as the Pucara, Kolla, and Incas. Made up of rocks weighing between 2 and 6 tons, the largest tower in the complex, known as the Lizard Tower, is estimated to have taken over 50 years to build. Combining archaeology, history, and unforgettable views, Sillustani is a must-see location.

Duration	1-3 hrs
Difficulty level	II
Frequency	Daily (en route to and from the Juliaca airport)
Schedule	Morning and Afternoon
Meals	Snack or lunch, and beverages
Attractions	Geography, birds, local traditions, and archaeology
Highlight	The region's best kept chullpas, or funerary towers; beautiful views of nearby Lake Umayo. Recommended for Children

SHORT EXCURSIONS

- Colonial Temples Visit
- Birdwatching



COLONIAL TEMPLES VISIT



Stop and explore the epicentre of the region’s evangelizing mission during the Spanish conquest, in Puno’s Juli and Pomata churches. Located between Cuzco and the historic mining town of Potosí, these religious centres are at the intersection of millenary cultural legacies, the mining rush, and the clash of faiths. Harbours the construction of four churches in the XVI and XVII centuries, the town of Juli came to be known as the “Little Rome of America,” while Pomata grew famous for its baroque church, built entirely out of red pumice stone. The churches’ impressive architecture includes gold leaf altars –a technique unique to the time–, notable paintings of the vice regal period and large bells which are still rung to this day. Guests will be able to enjoy this excursion peacefully and without interruption, since this spot is not very well known by tourists and visitors.

On your way back, you’ll see the mysterious Aramu Muru, or Wilka Uta portal, a human-sized rectangular frame carved into a massive red rock, similar to sandstone. The mystical Aramu Muru was previously used as a holy site for rituals to the Sun god or Inti during Incan times.

Duration	4-5 hrs
Difficulty level	I
Frequency	Booking required
Schedule	Morning
Meals	Snack, picnic, and beverages
Attractions	Geography, birds, local traditions, and archaeology
Highlight	Churches, history, and art

BIRDWATCHING



Accompanied by our specialized guides, you'll be led in spotting, identifying, and even mimicking bird songs in this immersive birdwatching experience. As part of the excursion, you'll visit different ecosystems where you'll be able to find a wide range of local bird species. As a member of the RAMSAR Convention on wildlife, this neighbouring protection site is home to some 103 species of migratory and residential birds, several of which are only native to this area.

Departing early in the morning or late in the afternoon, you'll find birds leaving for breakfast or returning home for a night's rest. Some species are highly recognizable on account of their colourful feathers while others are harder to spot in the opaque and subdued tones of their plumages used as camouflage. Depending on the season, you'll be able to see flamingos and Great crested grebes, among other species.

Duration	4-5 hrs
Difficulty level	II
Frequency	Booking required
Schedule	Morning and Afternoon
Meals	Snack and beverages
Attractions	Geography, birds
Highlight	Great crested grebes, or the Zambullidor del Titicaca, an endangered native bird at risk of extinction

NEARBY ACTIVITIES

- Boat House - Nautical Sports
- Cycling Platería
- Aymara Constellation Observation
- Rafting through the Reeds



BOAT HOUSE - NAUTICAL SPORTS



The first nautical sports facility on Lake Titicaca, our boat house offers you the exclusive opportunity to sail at more than 12,000 feet above sea level. Choose among kayaks, Canadian canoes, paddle boards, and sunfish sailboats, or try them all as you explore this wonderful body of water.

Experienced Titilaka instructors are at hand to look over your safety and explain navigation procedures before you begin your nautical journey. Explore the lake at your pace while enjoying the serenity of its views and silence. Discover the nearby ecosystems strewn among its shores and Totora reeds, an ideal location to observe local wildlife and plants making Titicaca their home.

Don't miss views of the lodge as you make your way through the lake and look forward to snacks and refreshing beverages on our outdoor terrace once you're ready to head back.

Duration	1-3 hrs
Difficulty level	I, II, III
Frequency	Daily
Schedule	Morning and Afternoon
Meals	Snack and beverages
Attractions	Birdwatching and Lake Titicaca coastal wildlife
Highlights	explore the world's highest navigable lake

CYCLING PLATERÍA



Undoubtedly one of our most memorable journeys, cycling through the fields of Platería offers unforgettable scenery as guests explore outdoors under Puno's blue sky.

Crossing varying terrain, you'll follow rural paths along the lakeshore where you will see locals participating in their daily activities, possibly in traditional wear. Be it farming the earth with old-fashioned tools, or employing old school means of transportation like a donkey for Titora reed gathering, locals can be seen working in the company of their playing children.

Enjoy the freedom and fresh air in this engaging activity where you set the pace and direction.

Duration	1-3 hrs
Difficulty level	II - III
Frequency	Daily
Schedule	Morning and Afternoon
Meals	Snack and beverages
Attractions	Geography, beaches, local traditions, and communities
Highlight	A pleasant outdoor activity; marvellous views of local Pasteur lands; traditional lifestyles of the Lake Titicaca area.
	Suggested for children above 12

AYMARA CONSTELLATION OBSERVATION



Puno's clear skies and the Altiplano's serenity collaborate to make the lake's environment a perfect place for astrological observation. Layer up before stepping outside to our lodge gardens where your guide will explain the movement of stars and locate constellations such as the Wawawara Hawira, or Milky Way. Learn about the religious beliefs of the Andean societies, with duality between the sun and moon serving as origin of the world and cosmic order. Partake in the tradition of story-telling, a local source of knowledge, as you listen to legends passed down through generations, from ancestral times to this day.

Duration	1 hr
Difficulty level	I
Frequency	Daily
Schedule	Night-time
Meals	Warm beverages
Attractions	Stargazing, Andean worldview
Highlight	Observing the spectacular Altiplano sky while listening to unique stories from the region

RAFTING THROUGH THE REEDS



Allow our guides to gently lead you on a raft through masses of Totora reed near the lodge as you learn more about this local hydrophilic plant species. Explore the lake's ecosystem and learn about the close relationship existing between the people inhabiting the lake and its natural resources.

The Totora reed is as much part of the local diet as it is a construction material used for housing. The system for Totora reed distribution is similar to that used for property or land, with reed distributed among locals for harvesting. This nutritious reed also provides a special ecosystem for birds such as the goldcrest, flightless grebe, moorhen and heron.

Duration	1-3 hrs
Difficulty level	I
Frequency	Daily
Schedule	Morning and Afternoon
Meals	Snack and beverages
Attractions	Birdwatching, beaches, local traditions