



QUEPOS VERDE AVENTURA TOURS

MANUEL ANTONIO NATIONAL PARK TOUR

NATURE HIKE ON PARADOR'S JUNGLE TRAILS - BIRD WATCHING TOUR

MYSTERIES OF THE NIGHT TOUR

TWO WHEELS "TICO" VILLAGE & WATERFALL TOUR

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ARCHIVO DE REVISIÓN
PARA APROBACIÓN DEL CLIENTE



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MANUEL ANTONIO

NATIONAL PARK TOUR



One of the nation's ecological gems and the second most visited nature reserve in Costa Rica; famed Manuel Antonio National Park is a "don't miss" excursion while visiting our beautiful area.

Under the aegis of professional certified naturalists, this is an easy and relaxing trek over well marked trails that will introduce you to the varied flora and fauna of our rich rainforests. Although many of the animals will be clearly visible (including squirrel, white face and howler monkeys, sloths, toucans and more), the guide is armed with a high-powered telescopic lens that will allow you to view resident wildlife obscured by the lush jungle. He or she will also share extensive information about everything you see.

From the Park's entrance, you will journey on the main "Forrest Trail" for an hour to 1 1/2 hours, which will lead you to the Park's spectacular white sand beaches where you will take a short break (one-hour beach stop and swim, but you will have a few minutes to take a dip if you want).

Parador's free shuttles run several times a day (check schedules with us) so you can easily get back to the hotel in the afternoon.

This is an extremely educational and enjoyable tour for the entire family. As one recent guest testified: "I've been traveling through Costa Rica for three weeks and have seen more wildlife in these few hours in one place than during my entire time in the rest of the country."

DURATION:
4 1/2 hours

SCHEDULE:
7:30 am or 12 md every day - Monday the park is closed

INCLUDES:
Round-trip transportation, park entrance fee, guide, fresh fruit, water and beach towels.

WHAT TO BRING:

- Comfortable walking shoes. (no flip flops)
- Sunscreen.
- Sunglasses and sun hat. (if desired)
- Water.
- Bathing suit.
- Camera.

* Please note that if you would like a private tour, we can also arrange that.

MANUEL ANTONIO
NATIONAL PARK TOUR

Rack: \$ 62
Children under 10 years old
50% discount.

For all ages.
Group: 2 - 10 people



Rates per person. Rates do not include taxes (13%) and they are valid until december 19, 2021



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NATURE HIKE

ON PARADOR'S JUNGLE TRAILS

BIRD WATCHING TOUR

This two-hour guided nature tour through Parador's ten acres of lush jungle trails is offered two times a day – which is the day Manuel Antonio National Park is closed. A certified professional guide will lead you through fertile secondary rainforest inhabited by a vast array of Indigenous wildlife where you will likely encounter brilliantly-hued tropical birds (including toucans, parrots and macaws), our three-resident species of monkeys (squirrel, white-face and howler), two and three-toed sloths, giant iguanas and other native reptiles. If lucky, you might also spot an elusive Caudal, a wildcat in the puma family.

Our experienced professional guide is equipped with a powerful telescope for better viewing and will share his broad knowledge of the area's flora and fauna. This is a great (and convenient!) educational activity for nature lovers of all ages.

* Please note – although this is a fairly easy trek, it is recommended that participants be in reasonable physical condition.

DURATION:
2 hours

SCHEDULE:
Every day at 6:00 am and 4:00 pm

INCLUDES:
Guide with telescope, water and fresh fruits.

- WHAT TO BRING:**
- Hiking Boots or Sturdy Sneakers (no flip flops)
 - Sunscreen.
 - Sunglasses and sun hat. (if desired)
 - Comfortable clothes.
 - Camera.

* Please note that if you would like a private tour, we can also arrange that.



NATURE HIKE
ON PARADOR'S JUNGLE TRAILS

Rack: \$ 35
Children under 10 years old
50% discount.

For all ages.
Group: 2 - 10 people



Rates per person. Rates do not include taxes (13%) and they are valid until december 19, 2021

MYSTERIES OF THE NIGHT TOUR

The mysteries of the jungle are unveiled at night and this post-sunset guided walking tour through Parador's secondary rainforest provides guests with a great opportunity to experience the wondrous nocturnal world of our resident wildlife.

Under the aegis of a certified naturalist armed with a telescopic lens and a fistful of knowledge, sightings can include coatis, sloths, raccoons, skunks, porcupines, numerous species of reptiles and amphibians, and a plethora of curious insects (monkeys are generally not visible at night).

Particularly striking is the highly photogenic red eyed frog, found only in Costa Rica's rainforests and living right here on our grounds. If lucky, a Caucel or another of the elusive wildcats that lurk in the forest's deep shadows might also be spotted. A perfect educational and light adventure outing for the entire family.

DURATION:

1 ½ - 2 hours (depending on number of participants)

SCHEDULE:

Nightly at 6:00 pm. You will return with plenty time for dinner.

INCLUDES:

Guide with telescope, flashlight, water and fresh fruit; revitalizing cold hand towel.

WHAT TO BRING:

- Hiking Boots or Sturdy Sneakers (no flip flops)
- Insect repellent.
- Comfortable clothes.
- Camera.

* Please note that if you would like a private tour, we can also arrange that.



MYSTERIES OF THE NIGHT TOUR

Rack: \$ 35
Children under 10 years old
50% discount.

For all ages.
Group: 2 - 10 people



Rates per person. Rates do not include taxes (13%) and they are valid until december 19, 2021



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TWO WHEELS

“TICO” VILLAGE & WATERFALL TOUR

Enjoy a guided bicycle tour of the small rural town of Portasol about 30 minutes from Quepos. Visit the local school which has made huge efforts in sustainability which is a vital part of communities across the country. Stop at the characterful “pulperia” which is the ‘local convenience store’ where all the locals meet daily to socialize and to buy their groceries.

This visit will provide a real insight of the rural life of the local Costa Rican people. From here travel to a small farm for a short walk to a waterfall to enjoy swimming and a typical local snack of corn tortillas with cheese will be served.

For those taking this tour in the afternoon we recommend completing the day with a visit to Matapalo Beach, just 15 minutes drive away to watch the sunset. This tour can be taken in the morning or afternoon and lasts approximately 4 hours plus the sunset visit to Matapalo Beach.

DURATION:
4 hours

SCHEDULE:
Every day at 8:00 am and 2:00 pm

INCLUDES:
Round-trip transportation, guide, fresh fruit, water and snacks.

WHAT TO BRING:
Running or Hiking Shoes (no flip flops)
- Sunscreen.
- Sunglasses and sun hat. (if desired)
- Bathing suit.
- Camera.

* Please note that if you would like a private tour, we can also arrange that.

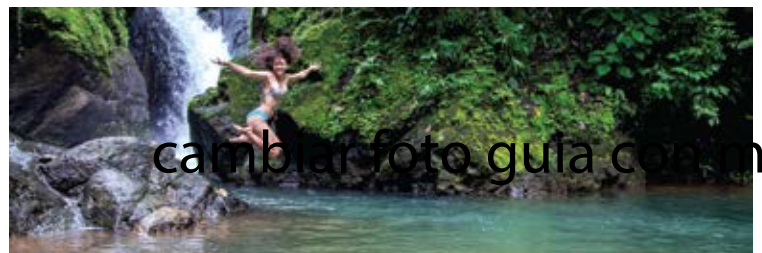


TWO WHEELS

“TICO” VILLAGE & WATERFALL TOUR

Rack: \$ 75
Children under 10 years old
Rack: \$50 Net: \$35

For all ages.
Group: 4 - 9 people



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Rates per person. Rates do not include taxes (13%) and they are valid until december 19, 2021