



Light Lunches

TOASTIES AND BURGUERS

SERVED WITH CHIPS

Ham, cheese and tomato

300 Mzm

Tomate and pesto on rye bread

340 Mzm

Chicken mayonnaise on Low GI bread

430 Mzm

Juicy chicken burger

510 Mzm

Homemade beef burger

530 Mzm

Traditional prego roll

500 Mzm

SALADS

Greek salad

330 Mzm

Chicken Caesar salad

with lettuce, bacon, avocado, tomato, boiled egg and
croutons

510 Mzm

Blue crab, mango, and avocado salad with a spicy dressing

600 Mzm

Calamari Nicoise salad

620 Mzm

Prawn salad

with cashew nuts, pesto and cocktail sauce

600 Mzm





Starters

Original samoussa platter
Chicken, beef, and crab (3 PCS)
350 Mzm

Vegetable samoussa platter
Cheese & vegetables, springroll (3 PCS)
330 Mzm

Prawn Rissois (3 PCS)
380 Mzm

Stuffed blue crab (2 PCS)
400 Mzm

Prawn Tempura
440 Mzm

Brushetta platter (2 PCS)
Brushetta with Portuguese cheese, tomato and onions
topped with anchovies, and proscutto ham
500 Mzm

Portuguese Platter
Grilled chorizo, olives and Portuguese cheese
550 Mzm

Ceviche with sweet potato puree
630 Mzm

SOUPS

Caldo verde
Traditional Portuguese soup made with kale and chorizo
300 Mzm

Bahia Mar Prawn soup
340 Mzm





Fish and Seafood

Fresh grilled fish of the day
750 Mzm

Seven spices fish fillet cooked in coconut milk
840 Mzm

Bahia Mar prawn curry
900 Mzm

Grilled calamari
950 Mzm

Grilled prawns
1,350Mzm

Seafood platter for 2
3,550 Mzm

Add Lobster (order in advance)
6,850 Mzm

**OUR DISHES ARE SERVED WITH A CHOICE OF
VEGETABLES, RICE, CHIPS OR SALAD.**

**OUR FISH AND SEAFOOD IS DONE WITH
LEMON & GARLIC SAUCE**





Chicken and Meat

Peanut and coconut Mozambican chicken stew
700 Mzm

Grilled Mozambican Piri Piri chicken
(40 minutes preparation)
750 Mzm

Pork fillet with a whole grain mustard sauce
served with green beans and potatoes
740 Mzm

Sirloin steak with our Chef's pepper sauce
990 Mzm

Beef fillet espetada
1,190 Mzm

**OUR DISHES ARE SERVED WITH A CHOICE OF
RICE, SAVOURY RICE, CHIPS OR SALAD.**





Pastas

Spaghetti bolognese

500 Mzm

Linguine pasta with grilled chicken strips,
a touch of pesto fresh tomatoes, parmesan,
and a balsamic reduction

650 Mzm

Our very FAMOUS homemade crab ravioli
served in a fresh tomato sauce

750 Mzm

Prawns chilli penne pasta

830 Mzm

Sophie's secret lobster pasta
in a homemade light creamy sauce

1,250 Mzm





Desserts

Vanilla ice cream

Homemade ice cream with our special chocolate sauce

310 Mzm

Butterscotch banana

Sun-ripened banana, shallow fried and drizzled with a butterscotch sauce served with homemade ice-cream

310 Mzm

House dessert

A delicious and refreshing three layer dessert with vanilla ice cream, caramel and fruit

340 Mzm

Tipsy Affogato

Chocolate ice-cream drenched with a shot of dark rum and espresso, sprinkled with cashew nuts.

410 Mzm

Mozambican ice cream pie

A rich peanut ice cream encased in a peanut and coconut toasted crust

410 Mzm

Chocolate Volcano

Warm chocolate cake with a fondant center served with vanilla ice cream

430 Mzm





Kids Menu

CHICKEN NUGGETS WITH CHIPS AND VEGETABLES
390 Mzm

FISH GOUJONS WITH CHIPS AND TARTAR SAUCE
390 Mzm

MARGARITA PIZZA
390 Mzm

KID'S SPECIAL DESSERT
Vanilla crepe with chocolate sauce
320 Mzm

