Spa Treatments

Imagine having a therapeutic spa treatment while listening to the sound of Africa’s natural orchestra…. true nature inspired, sound therapy. Pure, fresh air and a silence so beneficial to the spirit. Many conversations we have daily are sadly clouded by urban noise and it is amazing how being in the African bush can enable one to connect again with oneself. If you are taking a long overdue break to recharge energies and connect with nature, you can now enjoy treatments in the privacy of our new spa area enjoying a beautiful view out into the bush.

PLEASE NOTE THAT SPA TREATMENTS CAN BE DONE BY APPOINTMENT ONLY – A MINIMUM OF 24 HOURS MUST BE ALLOWED IN ORDER TO BOOK TREATMENTS AND KINDLY NOTE WILL BE ACCORDING TO AVAILABILITY ONLY.

Herewith a list of the therapeutic treatments we offer at Sausage Tree:

 CLASSIC SWEDISH

 Traditional massage using an array of techniques                                                              60 mins /90 mins

DEEP TISSUE

Powerful therapy focusing on deep layers of muscle                                                          60 mins /90 mins

BACK, NECK AND SHOULDERS

A relaxing massage focused on back, neck and shoulders

45 mins /60 mins