



BUSH SPA AT BUNDOX SAFARI LODGE

EXPLORE | EXPERIENCE | RELAX | REPEAT

Embark on a journey to serenity at the Bush Spa, an oasis nestled within the heart of Bundox Safari Lodge where nature and luxury seamlessly converge, offering an unparalleled wellness experience. Our spa is surrounded by the untamed wilderness, inviting guests to immerse themselves in a sensory journey amidst the sights and sounds of the bushveld.

Designed to harmonize with the natural beauty of the landscape, our spacreates a serene ambiance. Envision yourself enveloped by indigenous flora, with the distant calls of wildlife serving as a soothing soundtrack to your relaxation. The Bush Spa at Bundox Safari Lodge presents a range of thoughtfully curated treatments inspired by both traditional healing practices and modern spa techniques. We exclusively use Healing Earth products, a premium African spa brand known for its natural, organic offerings, utilizing the continent's rich natural resources.

Our expert therapists provide personalized care, ensuring each guest experiences a rejuvenating and bespoke spa session. From invigorating massages that release tension to revitalizing facials using locally sourced ingredients, each treatment is a tribute to nature's therapeutic power. Following your spa session, unwind in our outdoor pergola or relaxation areas, allowing you to bask in the gentle breeze and absorb the rejuvenating energy of the bush. Whether you seek a solo retreat or wish to share the experience with a loved one, the Bush Spa at Bundox promises a sanctuary of tranquillity amidst the rugged allure of the wild.

At Bundox Safari Lodge, we extend an invitation to surrender to the serenity of our Bush Spa—a haven where the rhythms of nature and the art of relaxation converge, creating an unforgettable escape.

DESTRESS BACK, NECK AND SHOULDER MASSAGE 30 MIN R605 | 45MIN R735

Experience tranquility with our Back, Neck, and Shoulder Massage, offered in 30 or 45-minute durations. Immerse yourself in a rejuvenating massage tailored to alleviate tension specifically in the shoulders, lower back, and neck, providing a holistic sense of relaxation and release. Allow our skilled therapists to guide you through a therapeutic journey designed to promote overall well-being and alleviate the stresses carried out in these key areas.

TRADITIONAL SWEDISH MASSAGE

60 MIN R1035 | 90MIN R1150

Immerse yourself in the timeless tradition of a Traditional Swedish Massage, a comprehensive treatment that addresses the entire body. This soothing experience incorporates the use of essential oils and expert massage techniques, meticulously designed to instill a profound sense of relaxation and balance. Let our skilled therapists guide you through this rejuvenating session, promoting overall well-being and leaving you with a harmonious and tranquil state of being. Our Traditional Swedish Massage utilizes our specially blended massage oils to induce complete calmness of the mind and gently rejuvenate the body. This massage is ideal for those committed to enhancing their general well-being, as it effectively rebalances both body and mind.





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DEEP TISSUE MASSAGE

60 MIN R1150 | 90 MIN R1350

Discover profound relief from muscle tension and cultivate a sense of relaxation with our signature Full-Body Deep Tissue Massage. Specifically crafted to address deep-seated muscle tension and encourage overall relaxation, this specialized massage focuses on pressure points and relieving tension in aching muscles. Our skilled therapists provide a deep releasing experience, aiming to enhance your well-being and restore balance.

Our restorative Deep Tissue Massage not only relaxes the body but also facilitates the release of deeply held patterns of tension. The techniques applied during this treatment work synergistically to increase blood and lymph flow, enabling muscles to operate at their full capacity once again. Experience the transformative effects of our Deep Tissue Massage for a rejuvenated and balanced state of being.

ESSENTIAL AROMA MASSAGE

60 MIN R1050 | 90 MIN R1200

Discover ultimate relaxation with our Essential Aroma Massage, a personalized experience heightened by our exquisite Healing Earth Pinotage oils. Choose from a selection of Pinotage Relaxing, Detox, Hydrating, or Uplifting oils to craft a bespoke massage, harmonizing aromas that resonate with your desired therapeutic journey. Rooted in ancient wellness practices, this discipline enhances overall health by blending aromatic elixirs with a gentle touch. Delight in a variety of techniques on the skin, muscles, and joints, culminating in a luxurious face and scalp massage. This holistic treatment nurtures your mind, body, and spirit, leaving you rejuvenated and serene

HEALING EARTH FACIAL

40 MIN R625

Revitalize your skin with a Healing Earth Facial, a rejuvenating treatment designed to refresh and promote skin health. Immerse yourself in a soothing experience that not only protects your skin but also facilitates healing, leaving you with a renewed and radiant complexion.

BUSH PEDICURE

40 MIN R435

Indulge in our Bush Pedicure, tailored for both men and women. Treat your feet to a luxurious session focusing on the heels and nails, providing a pampering experience that promotes overall foot health and well-being.





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BUSH MANICURE

40 MIN R435

Experience our Bush Manicure, thoughtfully designed for both men and women. Treat yourself to impeccably manicured hands, complete with a color of your choice. This indulgent session is crafted to enhance the appearance and health of your hands, ensuring a pampering experience that leaves you feeling polished and refined

HOT STONE MASSAGE

60 MIN R1200 | 90-MIN R1400

Discover the serene benefits of our Hot Stone Massage, where the combined influence of the weight and radiant heat emitted by volcanic stones, along with the calming essence of essential oils, seamlessly permeates muscle tissue, fostering a profound and tranquil sense of relaxation. Immerse yourself in the therapeutic journey as meticulously heated, polished black river stones are expertly utilized in a deep tissue massage. Positioned strategically, these warmed stones skillfully activate the body's energy pathways, promoting a state of restful and rejuvenating relaxation. Please be advised that this treatment is not available during instances of load shedding.

AFRICAN HEAD MASSAGE

30 MIN R660

Immerse into the tranquility of our African Head Massage, a serene encounter dedicated to addressing pressure points in the scalp, neck, and face. Let the gentle touch create a soothing sensation, fostering relaxation and rejuvenation. Our African Head Massage is meticulously crafted to bring a smile to your face and dissolve away stress.

HAND AND FOOTPRINT CEREMONY

30 MIN R660

Embark on the epitome of hand and foot care through our Hand and Footprint Ceremony. This exclusive ritual integrates Healing Earth's Essential Oils and Body Polishes, delivering a lavish and thorough treatment for your hands and feet. Immerse yourself in this unparalleled pampering experience, harmonizing the therapeutic advantages of essential oils with the revitalizing effects of body polishes, offering relief and conditioning for tired feet.



SPA ETIQUETTE GUIDELINES

OPERATING HOURS:

Our spa operates daily from 07:00 to 16:00. To schedule treatments beyond these hours or following game drives, we kindly ask that you make advance bookings at least a day in advance. If you wish to arrange a treatment outside of our usual hours, please contact the reception team or the therapist on duty in advance for coordination.

COUPLES OR GROUP MASSAGES:

We currently have one designated spa therapist. If you're interested in a couples massage or a group massage, kindly make inquiries in advance. This allows us the opportunity to arrange the services of a freelance therapist or therapists to ensure your treatment is accommodated seamlessly.

ARRIVAL TIME:

To optimize your spa experience, we advise arriving at least 15 minutes before your scheduled appointment. This allows ample time for relaxation and the enjoyment of our facilities. Please note that late arrival may restrict the duration of your treatment. During your first visit, a consultation card will be provided to assess any contraindications to treatments. Kindly meet your spa therapist at the designated spa pergola.

LATE ARRIVAL:

Timely arrival is crucial to preserving the allocated treatment time, ensuring Its effectiveness and maximizing your overall enjoyment. To uphold the schedules of all guests, treatments will be concluded as originally scheduled.

CANCELLATION POLICY:

A 12-hour notice is required for cancellations; otherwise, 25% of the treatment cost will be charged. Every effort will be made to reschedule your treatment based on availability. No-shows will incur charges at the full treatment price.

GRATUITIES:

In acknowledgment of exceptional service, gratuities for staff may be left at your discretion or settled conveniently at the reception upon departure.

GIFT VOUCHERS:

Share the gift of a luxurious wellness experience at the Bush Spa at Bundox Safari Lodge. Choose from our complete menu of treatments or opt for a gift voucher for the gift of choice. For details, inquire at the reception or with our reservations team.

HEALTH INFORMATION:

Prior to your treatment, kindly inform your therapist of any known allergies or existing illnesses.

SPA FACILITY USAGE:

Utilizing the spa facilities is at your own risk.

Your cooperation with these guidelines is greatly appreciated, ensuring a smooth and enjoyable spa experience for all our valued quests.

