



**VERGENOEGD**  
**LÖW** | *Since 1696*

VERGENOEGD LÖW  
SPA MENU

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# VERGENOEGD LÖW SPA

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Housed in the beautifully restored farm slave quarters and old dairy adjacent to the gracious homestead, Vergenoegd Löw Spa takes you on a tantalizing journey through history.

Honoring the farms rich heritage and fertile soils, we use only locally sourced beauty products and perform a wide range of traditional, natural treatments.

Enjoy panoramic views from the outdoor relaxation area just as the vrijburgers did before us, enjoy some of Vergenoegd Löw's award winning wines or immerse yourself in a hydrating milk bath while we do the rest to ensure a truly fulfilling and gratifying experience.

All massages, facials and spa packages can be booked as individual treatments or as a couple treatment.

## MASSAGE TREATMENTS

Our therapists have a wealth of experience, just like the many Faure Family generations before us, and all our massage treatments are custom designed to your specific needs and preferences. Tell us which areas you would like us to focus on and your desired pressure - light, medium or firm.

## TRADITIONAL MASSAGES

60 minutes R1050 | 90 minutes R1220

### Gables Swedish Full Body Massage

This massage is designed to be just as complex as our beautiful “holbol” gables – it provides profound relief from muscle tightness, improves circulation and promotes sensational relaxation.

### Eersterivier Hot Stone Full Body Massage

Just as the life-giving river energizes our land, this massage encourages blood flow to relieve muscle pain and reduce stress.

### Eikenbosch Aromatherapy Full Body Massage

Transport your mind to the beautiful oak forest that first drew us to our farm with this sensory essential oil massage, which is sure to leave you feeling renewed and elevated.

## SPECIALTY MASSAGES

### Vergenoegd Löw Signature Massage (120 minutes)

R1650

Our most luxurious massage experience provides a blissful respite from everyday life. With a choice of pre-blended soothing oils, we start with a full body massage to encourage deep relaxation and relieve from muscle tension. This is followed by a facial and scalp massage and a full body salt scrub, leaving you fully content and uplifted.

### Six Generations Full Body Pregnancy Massage (60 minutes)

R1050

Vergenoegd Löw is built on a strong family legacy and understands the importance of future generations. An incredible experience awaits all our expecting moms to help ease those niggling discomforts that come with pregnancy, while ensuring both mom and baby have a healthy and relaxing time.

## FACIAL TREATMENTS

The people of Africa have developed an intimate knowledge and understanding of the environment, using ancient botanical remedies and hidden therapies that have survived over generations to benefit us all today.

The Kalahari skincare range recognizes the exceptional benefits of using African plant extracts combined with innovative formulations to provide visible results and treatment solutions for all skin conditions.

Enjoy a complimentary hand or foot massage with any facial treatment.

### **Hottentots Holland Honey Bush Facial (60 minutes) R995**

This deep cleansing facial addresses dry and dehydrated skin, leaving you feeling as fresh and clear as the Hottentots Holland view on a sunny winter's day.

### **De Vos Anti-Aging Facial (80 minutes) R1 150**

Transport yourself back in time to the best version of yourself with our advanced, restorative facial using an algenating mask focused on anti-aging.

### **Panoramic LED Light Therapy Facial (80 minutes) R1 200**

Bring light and rejuvenation to your skin with our LED light therapy. This technique makes use of different wavelengths of light targeting skin cells to stimulate new collagen, giving you that refreshing 360° feeling. This treatment is suitable for all skin types.

## SPA PACKAGES

### Vrijburgher Package (2hours 30min)

R2 050

A holistic and liberating spa package to explore luxurious relaxation. The package includes a 60-minute full body massage, an express facial and your choice of either a luxury manicure or a luxury pedicure.

### Tranquility Milk Bath Experience (75 min)

R1 250

Immerse yourself in this extravagant and ancient ritual, just as our forefathers did, in an effort to rejuvenate and hydrate the skin. A relaxing back massage and salt scrub is followed by a luxurious moisturizing back rub for the ultimate holistic relaxation. Your milk bath is waiting for you with a glass of bubbly and a snack platter to truly tantalize and unwind your whole body and mind. This treatment can be enjoyed as a single or as a couple treatment.

### Inner calm Stress Relief Package (120 min)

R1 850

Choose between a hot stone or aromatherapy massage, which is followed by a 30-minute express facial. A destressing milk bath will be ready for you along with a delicious snack platter and a glass of bubbly.

### Appel "Gents" Package (120 min)

R1 350

A package specifically designed for the gents. Get deep tension relieve with a 45-minute back, neck and shoulder massage, followed by a luxury spa pedicure with a foot massage and a medi-heel treatment to soften and stimulate those tired feet. Sit back and relax with our best gentleman's drink – this package is sure to leave you feeling renewed and ready to conquer anything!

### Nurture by Nature Body Wrap Package (120 min)

R1 900

Nurture your body as you indulge your skin and senses with this unique African body experience. After a full body massage we apply a mud clay and body wrap - using earth's best kept secrets. While cheerfully cocooned, letting nature do her work, you can enjoy a relaxing scalp massage. To end, you will receive a salt scrub and then take a hot shower.

## JAN BRANDES “ADD ON” TREATMENTS

Just like one of Jan Brandes' picture-perfect paintings, your pamper session would not be complete without a few little finishing touches. Any of the below treatments can be added to one of our signature packages, or simply select them as individual treatments.

- 45 min head and scalp treatment (including scalp massage) **R700**
- 45 min massage **R700**
- 30 min express facial **R650**
- Luxury spa manicure or pedicure **R550**
- Luxury spa manicure or pedicure with gel **R620**
- Paraffin hand or foot dip **R150**
- Mini manicure or mini pedicure **R420**
- Mini manicure or mini pedicure with gel **R470**
- Medi heel treatment (for severe dry, cracked heels) **R150**
- Gel soak-off **R150**
- Lash tint / brow tint **R150**
- Lip / brow / chin wax **R150**
- Underarm wax **R220**
- Standard bikini wax **R350**
- Brazilian wax **R450**
- Half leg / full leg wax **R350/R450**
- Full body exfoliation **R400**

## PLEASE TAKE NOTE OF THE FOLLOWING

- In order to ensure you receive the best quality and a truly relaxing time, we sadly are not able to accommodate late bookings. Please book well in advance via phone call or e-mail.
- Please arrive 15-minutes before your appointment.
- If you have chosen a pedicure, please bring along sandals or flip flops that are easy to slip on, we don't want your new polish to be ruined.
- Towels and robes will be provided; all you need to do is arrive ready for a wonderful time.
- Packages that come with a glass of bubbly will be your choice of alcoholic or non-alcoholic.
- All massages, facials and spa packages can be booked as individual treatments or as a couple treatment.
- Vergenoegd Löw Spa will not be held liable for loss of personal possessions, so be sure to keep them in a safe place. However, you won't need anything for this experience!

## PAYMENT AND CANCELLATIONS

- We accept cash, credit or debit card payments. Vergenoegd Löw Boutique Hotel residents may add the amount to their room account and settle on check-out.
- Please be advised that cancellations within 12 hours of your treatment as well as no-shows are liable to pay full cancellation fees.

## OPERATING HOURS

- Tuesday to Saturday: 9am - 5pm | Sunday: 9am – 2pm | Monday: closed
- NB We will be closed on the 1st and 2nd of January, as well as the 24th and 25th of December to ensure our staff get to spend the festive season with their families.



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## CONTACT US

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