MASSAGE TREATMENTS

You are invited on a journey of peace and tranquillity to relax and restore body, mind and soul, and experience the unique silent language and vocabulary of strokes and pressures.



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| Reflexology A unique technique used to reduce stress, promote balance and healing in the body through reflex pressure points on the feet. | 45 min - 650 N\$ |
| Foot Massage A very nice and relaxing massage on the feet to soothe sore and tired feet. | 45 min - 490 N\$ |
| Swedish Massage A firm but gentle pressure applied to improve circulation, ease muscle aches and tension. 60 min – 650 N\$ / | ′ 90 min – 750 N\$ |
| Deep Tissue An invigorating massage that treats muscle pain and improves stiffness in the muscle. | 60 min - 750 N\$ |
| Back Massage A great massage to ease tension in your back, neck and sho | oulders. |
| | 45 min - 450 N\$ |
| Moisturizing Facial A wonderful hydrating facial for dry/dehydrated skin. Your skin gets cleansed, Exfoliated and a mask applied to revitalize the Skin. | 60 min - 690 N\$ |
| Aromatherapy A very relaxing and smooth massage using oil blended with aromatic essential oils. Deeply relaxing and improves circulation. | 75 min - 750 N\$ |
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Kindly note that our massage therapists are not based at Immanuel Lodge, therefore we ask you to pre-book the treatments. Massages are done one after the other but couple massages are available on request.

All prices included VAT