

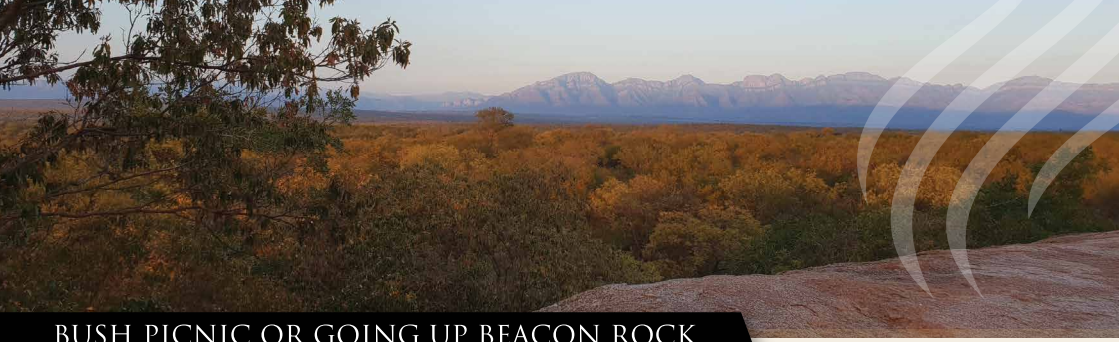
KARONGWE

P O R T F O L I O



ACTIVITIES AT KARONGWE PORTFOLIO
TO GIVE YOU THE FULL EXPERIENCE OF AFRICA

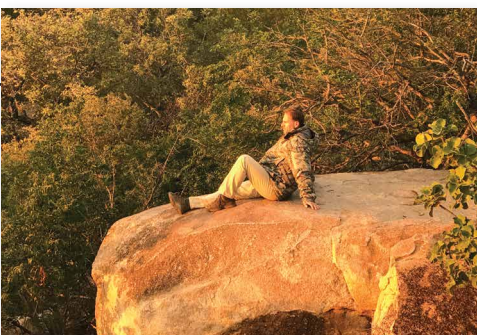
Located in Greater Kruger, Limpopo.
+27 11 817 5560 reservations@karongweportfolio.com
www.karongweportfolio.com



BUSH PICNIC OR GOING UP BEACON ROCK

ZAR 450 pp

Celebrate the magnificent view of the Lowveld from the top of the highest outcrop on Karongwe with a short climb accompanied by a Guide. Enjoy a sundowner with the backdrop of the Drakensberg mountains whilst soaking in the 360 view of the huge stretch of the valley whilst sipping on your favourite refreshment and picnic snacks.



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STAR GAZING
ZAR 265pp min 4 persons

Enjoy a relaxing time under the bright beautiful African sky, reclining in a hammock while learning about the night sky. In summer Orion and his dog Sirius can be seen chasing Taurus and Pleiades are cross the sky. In winter Scorpio and Corvus the crow is visible along with the ever present Southern Cross, Magellanic Clouds and the Coal Sack. With planets making appearances at certain times of the year, the rings around Saturn, the Many moon of Jupiter visible through good binoculars.

YOGA
ZAR 450 (min 5 pax)

Relax in the bush with a soulful meditative yoga experience - Ubuntu Yoga - which is a gentle African flavored practice. The fee also contributes to the Ubuntu Yoga Project at Nourish Eco Village. (Nourish NPO) to help train promising local candidates and help them to earn their certification

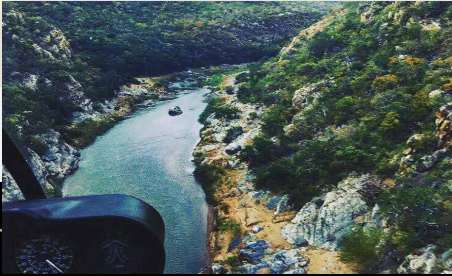
Prearrange your class or booking at least 24hours in advance at reception.

HELICOPTER FLIGHTS THROUGH THE OLIFANT'S GORGE

Enjoy an absolutely and unforgettably thrilling experience with a 40 min flight through the famous Olifant's River Gorge.

ZAR 13 500 per flight -

1 person	R 13 500.00 p.p.
2 persons	R 6 750.00 p.p.
3 persons	R 4 500.00 p.p.



ONE EXPERIENCE
A THOUSAND MOMENTS...

SCENIC HELICOPTER FLIGHTS BLYDE RIVER CANYON

Minimum of 1 hour and 10 minutes

ZAR 17 500 per flight -

1 person	R17 500.00 p.p.
2 persons	R 8 750.00 p.p.
3 persons	R 5 900.00 p.p.



TREE PLANTING FOR THE COMMUNITY

ZAR 350 pp

Leave your legacy in Africa and plant a tree in our local community or donate a tree. A t-shirt is given to you complimentary with every tree donated and leave knowing that you have made a very positive contribution to the environment. Choose between a fruit tree or indigenous tree.





TRADITIONAL EVENING DINNER

ZAR 450 pp

Make memories with your partner or friends while enjoying a unique traditional Shangaan African dinner. Cuisine in particular gives us distinct glimpse of a culture and its people. This fun filled experience will leave you with a new appreciation of cultural diversity which goes hand in hand with the whole experience and understanding of the beautiful Shangaan culture.

INTERACTIVE COOKING

ZAR 550 pp

Take pleasure in interactive cooking lessons of traditional South African cuisine with our local chefs and get to test your cooking skills afterwards. Choose between African and traditional warm Afrikaans cuisine.



GIN TASTING

ZAR 350 pp

Experience Gin pairing and Gin Tasting for an afternoon special event. If you are a Gin lover - experience the Gin pairing and Gin Tasting notes with variations for an afternoon special event.





VISIT TO THE LOCAL COMMUNITY / SCHOOL / ORPHANAGE:

ZAR 550 pp min 2 persons

Take pleasure in visiting our local community with a 1-hour tour to the nearby village. This tour allows you to see how the local people live, their culture and day to day program. It also gives you the opportunity to interact with the children at grass roots level and generally a very enriching experience.



LITTLE PAWS CENTRE FOR CHILDREN:

Complimentary for Children however Children's spa is extra

All adventures start with the first step and the first step to having fun for any child at Karongwe Portfolio is to experience our pure fun Little Paws Programme. We are proud to launch our Little Paws Programme which is full of fun interactive activities ranging from:

- Hair braiding • Face painting • Tracker 101 course • Cookie baking • Clay making tracks • Bubbles • Board games • Children's foot spa • Goodie bags • Children's veggie garden and many more exciting activities on offer.

Karongwe Portfolio prides itself in giving any child the best safari experience imaginable whilst enjoying their stay at any of our incredible lodges with the greatest of service provided by all members of staff. **Give your child a live changing experience.**





KARONGWE PORTFOLIO SPA

After Game Drive make a booking at reception for a relaxing African spa. The Theranaka spa products are purely South African and means – “Where I Stay, the Beauty of Africa”.

From heavenly aromas to herbal purity this unique body range is a mesmerising and innovative body and sense-soothing safari, replicating the earthy scents and the awe-inspiring wonder of this most profound continent.



AFRICAN AWAKENING Massage ± 90 min R900-00

Drawing inspiration from the Marula tree and the African traditional healing beliefs, an ultra relaxing indulgent full body massage was created. The skilful combination of contracting and oxygenating enhancing breathing techniques will awaken your senses and revive your body and mind. Enjoy the freedom of choosing your favourite scent from our selection of Marula-herb infused Fusion body oils to address your every need.

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AFRICAN VIGOUR Back Massage ± 45 min R550-00

Awarm aroma blend infused with circulatory-boosting essential oils is coupled with a deep tissue massage relieving deep seated tension all the way to the core of the muscle. A refreshing gel is applied, leaving your body feeling refreshed and invigorated.



BODY EXFOLIATION

± 45 min R500-00

Our cleansing preparatory body scrubs are made with a 100% natural blend of plant botanicals to gently and effectively eliminate dead skin cells, moisturise and leave the skin soft to the touch. Feel invigorated and revitalised as a message of new life and renewal will be weaved.

BODY WRAP

± 60 min R700-00

To commence this sensory journey you will receive a full body exfoliation, followed by a herbal fusion back or legs massage. Let your mind drift off while you are cocooned in a comforting envelopment of fragrant oils and African wraps from our therapeutic range. Choose the wrap that will treat, renew or invigorate the skin and drift away during a relaxing scalp massage. Bringing this journey to a close is the healing touch of your therapist applying nourishing Baobab lotion. An experience out of Africa!

THERENAKA ESSENTIAL CARE FACIAL

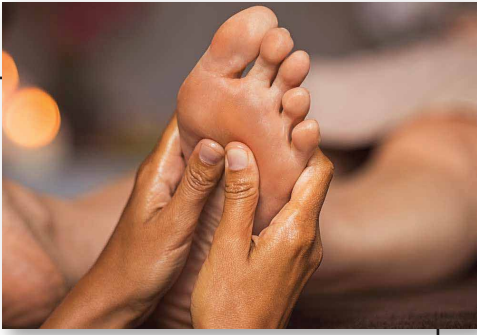
± 60 min R550

Influenced by nature and focused on naturally improving the condition of the skin. With Mother Nature as your chemist and the powerful gift of touch, the treatment was designed to create a healing experience from the earth and leave you feeling renewed and revitalised with guaranteed results. This idyllic and rejuvenating facial will repair, hydrate and re-balance the skin's natural protective functions whilst leaving the skin feeling smooth, radiant and ultra nourished.

HAND RITUAL/TREATMENT

± 30 min R250-00

Ideal for the "always working hands". Experience the healing touch as your hands and forearms are gently exfoliated with re-mineralising Atlantic sea salts, following by an ultra relaxing massage that addresses every exhausted muscle in your hands and arms with its soothing qualities. The healing properties of an Aloe Ferox gel mask soothes and hydrates the hands whilst the application of a Baobab infused lotion will leave the hands soft to the touch.



FOOT RITUAL/TREATMENT
± 45 min R300-00

This "soulful" journey will take your feet through a Geranium and Pine sugar exfoliation whilst soaking in a herbal salt foot bath. Allowing your feet and legs to relax completely, a muscle soothing foot and leg massage with wooden implements will commence followed by a cool, revitalising mask. Nourishing Baobab infused lotion will be applied to prepare your feet for their journey ahead.



AFRICAN WOOD MASSAGE
± 90 min R900

Mimicking the rhythmical patterns of an African dance, the Theranaka™ signature massage blends light stretching techniques and specially designed body and facial wooden implements to relax and restore your weary body. Being drizzled with a warm olive and Shea butter ointment will nourish and heal dry skin whilst experiencing blissful relaxation and rejuvenation.



4 HOUR ANTI- POACHING WALK
ZAR 1800 pp make in reservation, 24 hours in advance – candidates need to be screened to be fit and able to withstand a long walk and heat.

Take up the opportunity to experience a once in a lifetime - first hand anti -poaching excursion on foot with an anti-poaching specialist. Learn about the tracking methods and more about the plight of poaching of our precious wildlife. This experience will leave you with a clearer understanding and unforgettable memory.

A walk with Karongwe Private Game Reserve anti-poaching team is like taking a step into a completely different world. This is not just a walk through the bush. You walk through the Bush while being aware of not just the wild animals but also of the so called "kill Zones" possible "ambush zones" and "escape routes". You become aware of where possible poacher might be waiting for darkness you also become aware of where to walk and where not to, you really become exposed to how real this war for conservation really is.

Even though this walk is filled with the dangers of not only the nature but also the poacher you definitely find a sense of safety with the experience of the anti-poaching team.

PHOTOGRAPHIC HALF DAY WORKSHOP

ZAR 1700 pp (min 4 pax) – Book in 24 hours in advance

4 hours broken down into 1h45 minute lessons. Each section will include a short guided practical session and time for questions.

Lesson breakdown

- Introductions
- Camera basics:
 - Camera settings and ways to use them
 - Gear and what to get
 - Phone photography VS Camera
- Composition and Framing
 - Types of composition
 - Making an imagine
- Postproduction:
 - Building a colour style
 - Programs and where to start (Participants will need either phone or laptop)
 - Editing on your phone, which apps to use
 - Lightroom desktop
 - Editing on camera

Participants will receive:

- Workbook to take notes and follow along during lessons.
- Each lesson will be video recorded and sent to participants to keep.
- Access to a WhatsApp group for any further questions and assistance during their stay.

