

Relaxation & Restaration

A combination of professional massage techniques are applied with organic aromatherapy oils to ensure total body wellness.

# FULL BODY MASSAGE 60 / 90 MINS • US\$100 / US\$120

A classic massage leaving you relaxed from head to toe.

#### BACK, NECK & SHOULDER MASSAGE 45 MINS • US\$60

Your therapist will focus on the most common areas of tension, easing out any stress in the back, neck and shoulder area.

## REFLEXOLOGY FOOT TREATMENT 60 MINS • US\$60

A specialised foot massage involving the application of firm pressure to various reflex points on the feet to bring about balance and relaxation. This is followed by a classic foot massage.

Indulge with a nourishing hand or foot treatment. Professional products of

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### PEDICURE 60 MINS • US\$55

Includes foot buffing, scrubbing and soaking to soften any calluses and remove all hard skin.

Toenails and cuticles are neatened followed by a deeply relaxing foot massage.

No pedicure is ever complete without a perfect application of nail enamel.

#### MANICURE 60 MINS • US\$50

Hands are exfoliated and massaged, fingernails cut and filed, cuticles tidied. A coat of nail enamel can be applied, or nails can be buffed to a brilliant shine.

Speak to the manager or spa therapists to custom-create your own spa package.

Legendary Expeditions