

Sun hat/baseball cap
Shorts and T-Shirts
Long Sleeved Shirts
Light Weight Jacket
Jeans/trousers
Warm jumper/fleece
Flip-flops, trainers or walking boots
Waterproof Mac/Poncho

## MISCELLANEOUS

Malaria Pills
Sun Screen
Mosquito Repellent
Small Torch
Camera
Sun Glasses
Binoculars

## PROVIDED

Soap, shampoo, body wash, hand sanitizer and towels
First Aid
Torches in tents
Power to charge cameras and cell phones

## PLEASE NOTE

Laundry will be done at camp and is sun dried
You will not be able to use hair dryers
Internal flights have a weight restriction of maximum 15kgs inclusive of hand luggage
Check with your doctor for advise on which vaccinations you may require and which malarial prophylactics to
use (Malerone is recommended)