



# EXPEDITION PACKING LIST

We have compiled a list of the basic essentials that we believe will enrich your journey with us. It is important to keep things simple and not over-think and thus over-pack, remember you will have to carry your kit through quite a few airports along the way. It has been repeated many times over by our guests that people packed way too much and ended up not even using half of what was packed.

Please note that our local fixed wing and helicopter charter companies have very strict regulations on baggage weight, size and type. Baggage (including hand luggage) should not be heavier than 20 kg's (44 pounds); bags should not be larger than 25 cm (10 inches) wide, 30 cm (12 inches) high and 62 cm (24 inches) long and should be soft skinned, no rigid/hard covered bags are allowed. Though this is a guideline for those doing some flying it is also a great guideline for our expeditions, packing cumbersome hard cover bags is extremely difficult and being on an expedition that is mobile and getting into remote areas means space is relatively limited.

Once we are out on expedition we will have ZERO access to decent shops, don't plan on buying important items on route.

## ESSENTIAL SAFARI GEAR

- Binoculars. Fundamentally the most important piece of equipment needed for a safari, ideally a pair per person.
- Soft broad brimmed hat. The African sun can be fierce, we will provide you with a peak cap on arrival.
- Sunglasses. Very important to look after your eyes, polarized lenses advisable especially for the mokoros and boats.
- Camera plus accessories. We do have a charging station in camp so don't forget the chargers.
- Flash light and head light. There is ample light in your tents but we are out in the middle of the bush, so good light is needed for moving around the camp.
- Day pack/back pack (30l +). This doubles up as your carry on luggage and is very useful to keep all your other gear together.
- Important walking gear. Good walking shoes; Camel pack water blader or similar.
- Sunblock. At least SPF 30.

## CLOTHING

- An important note on clothing, it is advisable to wear neutral coloured clothes on safari, though this is not totally necessary all the time, we will insist on neutral colours for walking.
- Waterproof/windproof jacket.
- Warm fleece or jacket. Winter mornings can drop just below zero Degrees Celsius.
- Beanie. Winter mornings on the vehicles and mokoros can be rather chilly, though we do have great blanket lined ponchos to help.
- Short and long sleeve shirts (2 or 3 of each)
- 2 or 3 pairs of shorts
- 2 pairs of long trousers
- 6 pairs of underwear. Sports bra's may be useful for those days on bumpy roads. (Marleen's advice!)
- 6 pairs of socks
- Swimming costume
- Pajamas.
- A good pair of walking shoes. Boots or normal closed shoes, as long as they are tough and super comfy.
- Flip flops or sandals. Comfy for camp life and for chilled easy going activities.
- Personal and toiletries:
  - Tooth brush and tooth paste.
  - Soap, Shampoo and moisturiser. We do provide you with some fantastic biodegradable amenities that we ask you to use, but you may need these at other stops on your journey.
  - Sanitary requirements. Remembering that we won't have access to the shops during our expedition.
  - Insect repellent. Provided in camp and out on activities, but you may need it for other stops on your journey.
  - Hand sanitizer. Provided in camp and out on activities, but you may need it for other stops on your journey.

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## FIRST AID

Though we have a well-equipped first aid kit in camp, on drive, on the mokoros and out walking it never does any harm to be prepared and you may need it for another leg of your journey.

- Malaria prophylactics.
- Prescribed medication. Again please remember we will likely have no chance of buying prescribed drugs along the way, Maun and Kasane being our only options.
- Aspirin / Tylenol or Motrin for pain.
- Anti-histamines, tablets and cream for allergies and insect bites.
- After sun.
- Anti-diarrheal medication.
- Plasters and bandages.
- Antiseptic cream.
- Spare glasses if you wear contact lenses. Sometimes it's too much of a mission to put them in or simply too dusty.
- Cold and flu medication
- Rehydration salts sachets. It can get really hot out here.
- Eye drops.
- Motion sickness tablets.
- Heartburn remedy.

## OTHER USEFUL ITEMS

A good book or two or three (kindle or similar better). We will have more than one opportunity to chill and read. Below are some great books for before and during safari:

- Fortunes of Africa; Martin Meredith.
- Born in Africa; Martin Meredith.
- Diamonds Gold and War; Martin Meredith
- Africa, A Biography Of The Continent; John Reader
- The Power Of One; Bryce Courtenay an all-time favourite.
- The Trilogy of Deneys Reitz, Commando, Trekking on and No Out Span, great perspective on the early years in RSA and an amazing adventure, phenomenal read.
- The Africa House; Christina Lamb, early days in Zambia.
- On the edge of the rain; Beverly Harper. Paints a good picture of the early days here in Ngamiland. Easy reading, perfect for a hammock strung up on an island deep in the Okavango.
- Universal converter plug to charge up gadgets and batteries. We use the large 3 prong round.

## DOCUMENTS

- Passports. Please note your passport must be valid for at least 6 months and must have 3 or more unused pages.
- Relevant visas. Please double check with your local embassy for the most up to date requirements. Please note travel documentation remains your responsibility.
- Copies of medical prescriptions.
- For children under the age of 18, unabridged birth certificate. Additional documents are required when parents are travelling without both biological parents.
- Vaccination certificates. Especially for Covid-19 and Yellow Fever if you have been to a high risk country.
- Please see our T & C's document, this is massively important!!!

