



Spa Menu

Sauna or Steam Bath Cleansing Session

Guided by a trained member of staff, you will enjoy relaxing foot baths, cleansing showers, timed sweat-sessions, light exercises and cool-down swims. You will be spoiled with fresh juice, home-made sorbets and delicious fruit salads.
120 minutes –US\$ 40

Enjoy a variety of treatments and relaxing body massages at one of the wellness areas or in your room:

Ayurveda Ritual

pamper your body and mind with the fragrance of rose and honey. Ayurveda is a gentle, smooth technique based on achieving physical and mental harmony with nature.

full body massage | full body scrub | feet scrub | shower | sauna or steam bath |
body milk

90 minutes – US\$ 90

Hammam Ritual

feel like you have been reborn with the fragrance of rosemary and eucalyptus. This oriental package is a privileged, relaxing experience cleansing both body and soul.

back, neck and shoulder massage | full body scrub | face and neck mud | shower |
steam bath | body milk

90 minutes – US\$ 90

Swedish Massage

combining soft rhythmic strokes with movement of the joints, this deep tissue massage relieves muscle tension and can be both relaxing and energizing.

full body massage

60 minutes – US\$ 60

Hot Stone Massage

heated, smooth stones are placed on certain body points to loosen tight muscles and balance energy centres. It's the perfect treatment for people who have muscle tension but prefer lighter massage.

full body massage | hot stones

90 minutes – US\$ 90

Shiatsu Massage

Shiatsu is a form of Japanese bodywork that uses localized finger pressure in a rhythmic sequence on acupuncture meridians. It is relaxing yet the pressure is firm, and there is usually no soreness afterwards.

full body massage

90 minutes – US\$ 90

Thai Massage

aligns the energies of the body using gentle pressure on specific points, compressions and stretches. It's like yoga without doing any work, reducing stress and improving flexibility.

full body massage

90 minutes – US\$ 90

Sports Massage

the focus isn't on relaxation but on preventing and treating injury and enhancing athletic performance, helping to loosen muscles and increasing flexibility.

full body massage

90 minutes – US\$ 90

Chocolate Massage

a relaxing and decadent treatment for your body. Rich in anti-oxidants and feel-good happiness, this treatment relaxes the body, nourishes the skin and stimulates blood circulation.

full body scrub | full body mask | shower | body butter

90 minutes – US\$ 90

D-Stress Massage

as most tension accumulates in the neck, back and shoulders, this massage provides an ideal way to reduce stress levels and enjoy your holiday.

back, neck and shoulder scrub | neck, back and shoulder massage

45 minutes – US\$ 45

Foot Reflexology

a pressure therapy based on the premise that areas on the foot correspond to areas of the body. The benefits are calmness and serenity, improved circulation, increased energy and balanced emotion.

foot scrub | foot bath | massage | body milk

40 minutes – US\$ 40

Hand Spa Manicure

for softer, smoother, younger-looking hands try out the Hand Spa Manicure.

hand scrub | manicure | massage

30 minutes – US\$ 30

Foot Spa Pedicure

Pedicures not only keep feet looking pretty, they also keep skin moisturised, help to relieve tension and stimulate circulation.

foot scrub | foot bath | pedicure | massage

30 minutes – US\$ 30

Ultimate Relaxing Facial

An intensive detoxifying treatment, designed to target and eliminate your specific skin concerns. Exclusively tailored to your skin type. Your therapist will help you choose the most beneficial treatment for you, ensuring maximum results.

skin analysis | cleanse | exfoliate | mask | massage | mist | day cream

110 minutes – US\$ 110

Kinu Signature Facial

This treatment will deeply resurface the skin. All particles of pollution will be removed and deeply repaired and protect the skins deeper layers to provide you with a smooth, healthy and glowing complexion.

cleanse | exfoliate | mask | massage | mist | day cream

60 minutes – US\$ 60

Express Facial

A quick fix for beautiful skin.

cleanse | exfoliate | massage | day cream

30 minutes – US\$ 30

Yoga of the day

Just let the instructor guide you all the way through

75 minutes – US\$ 75

Pre-Kili yoga

Work on with Pranayamas and get ready to exercise with less oxygen!

75 minutes – US\$ 75

Post-Kili yoga

Integrate the hike, interiorize the effort, and retain the stretch.

75 minutes – US\$ 75

Lover's yoga

Tune differently with your partner.

60 minutes – US\$ 100 per couple

Invigorating yoga

For those needing a deep and strong toning-up practice.

75 minutes – US\$ 75

Stress releaser

Free yourself from tensions and enter your Kingdom of Peace.

75 minutes – US\$ 75

Happy kidneys and liver

Detox and purify.

75 minutes – US\$ 75

Ego eradicator

Ancient Kundalini meditation technique putting you in touch with your true and most inner self.

75 minutes – US\$ 75

Meditation and deep relaxation

Let the mind be. Still like water, unruffled by ripple or breeze.

75 minutes – US\$ 75

Make an appointment through our staff

Advance bookings are essential