



FINCH HATTONS
TSAVO NATIONAL PARK

CHYULU SPA &
WELLNESS CENTRE



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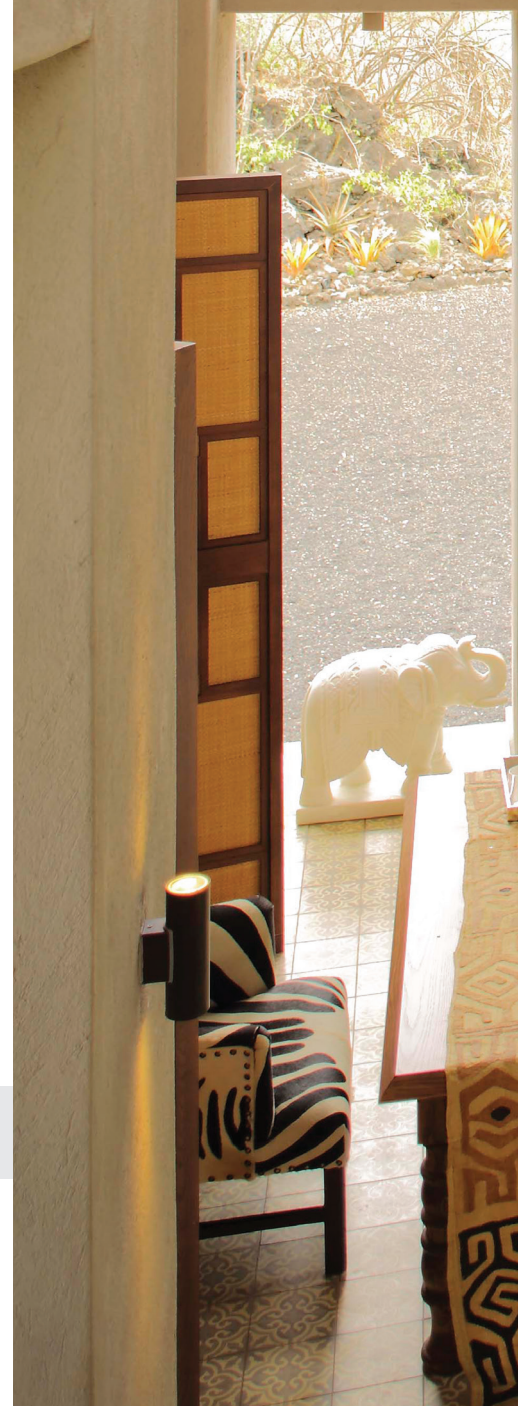
Relax, rejuvenate and refresh yourself at **Chyulu Spa and Wellness Centre**, with splendid views of the majestic Chyulu Hills. Our luxurious spa facility is complete with a yoga deck, two treatment rooms with air conditioning, an Infinity spa pool, Indoor and outdoor shower facilities, a gym, a Hammam and a relaxation area. The treatments are inspired by our tranquil settings, exotic indigenous ingredients, ancient African wisdom and modern expertise, all carried out by our exceptionally skilled therapists.

We offer the ideal escape - where harmony and tranquillity gently restore and align body, mind and soul.

We are proud of our partnership with **Africa Yoga Project (AYP)**; our Yoga Instructors are graduates of the renowned AYP program. The course is a 200-hour Yoga Alliance-certified teacher training that certifies holders to teach a 1-hour yoga class based on the Baptiste methodology.

Hours of Operation: 10:00am - 8:00pm

Contact Reception on: 0716 021 818, camp@finchhattons.com





OUR SIGNATURE EXPERIENCES

Each signature experience begins with a calming foot ritual on Mzima stones. This is followed by gentle welcome "touch" called the "Walk of the Elephants" and is completed with the chime of a bell - a journey that creates a deep sense of tranquillity.

THE CHYULU EXPERIENCE

The treatment begins with a full body exfoliation followed by a luxurious body mask formulated with mineralised clay and deeply nourishing oils that is designed to leave skin feeling soft, smooth and supple. This is followed by a 15 minute Hamman and finishes with our deep tissue Oringa (Maasai Rungu or wooden baton) body massage.

120 mins: \$150

THE FULL BODY EXFOLIATION

A revitalising sea-salt body scrub with deeply moisturising oils of Yangu & Baobab, Shea Butter and Aloe Vera extract that exfoliates whilst softening and nourishing the skin.

45 mins: \$50

THE NOURISHING BODY MASK

With mineralised clay and deeply nourishing Yangu, Baobab, Aloe Vera and Shea, this luxurious body mask helps to induce feelings of relaxation, stimulates lymphatic flow leaving the skin feeling soft, smooth and supple.

45 mins: \$50

COUPLES TREATMENTS

10% off all treatments.





MASSAGES

THE MAASAI ORINGA MASSAGE

The “Oringa” (Maasai rungu or wooden baton carved from the Eucalyptus tree) bears special symbolism and significance in the Maasai culture. The Oringa is used to apply deep pressure, roll and knead tissue to create a sensation of relaxation and well-being. This treatment is performed with natural aromatherapy oils and is excellent for reaching tired or painful muscles.

90 mins: \$85



SOUL OF TSAVO

Our signature massage combines the use of rhythmic hand movements and warmed poultices filled with volcanic healing pumice and sand obtained from our Chyulu Hills to gently ease tension and tightness.

60 mins: \$65

MZIMA WARMED LAVA STONE MASSAGE

Warm lava stones retrieved from the Mzima Springs release therapeutic heat deep into the muscles warming, relieving and soothing aching muscles. A deep tissue treatment that is perfect for breaking up knots and tension.

60 mins: \$85



SIDAI MASSAGE

A holistic treatment that is based on the psychological and physical benefits of essential oils. Swedish and deep tissue massage techniques are designed to relax the muscles ease tension, improve circulation and promote general well-being.

45 mins back, neck & shoulder: \$50

60 mins full body: \$65 | 90 mins full body: \$95



FACIAL

THE MZIMA SPRING FACIAL

A deeply hydrating and lifting facial that involves cleansing, gentle exfoliation, signature facial massage with a multi-active skin renewing serum that infuses skin with essential nutrients that increase hydration, plumpness and firmness while helping to soothe and repair skin's barrier.

60 mins: \$75

HAND & FOOT RITUALS

MZIMA HAND & FOOT RITUAL

A soothing, softening spa therapy for the hands that is designed to brighten, condition and soften the hands or feet.

60 mins: Manicure: \$35 | Pedicure: \$40

FOOT REFLEXOLOGY

Based on the ancient philosophy that specific points on the feet correspond with organs in the body, this traditional reflexology massage unblocks the energy channels to create harmony and aid general wellness.

60 mins: \$50

ABOUT D'VINE PRODUCTS

INK-AI by D'vine Ink-ái is a natural bath and body product that harnesses the restorative power of Africa's natural resources, ancient wisdom and traditional healing practices. Each of our products is made with ethically sourced natural ingredients, botanicals and plant extracts and each is designed to heal, protect and regenerate skin. Our product range comprises of three signature aromatherapy blends – RELAX, AWAKEN, SOOTHE – that capture the enchanting scents of Africa and have been carefully designed to instill a renewed sense of peace and tranquility.

Choose the blend that best suits your needs:

- Relax:** The range is made with a signature blend of wild-harvested Lavender, Ylang Ylang and Rose Geranium essential oils and is designed to combat stress and rebalance body, mind and soul.
- Awaken:** The range is made with a revitalizing blend of Bergamot, Orange and Eucalyptus essential oils and is designed to stimulate and energise the body, mind and soul.
- Soothe:** The range is made with a soothing blend of wild-harvested Eucalyptus, Lavender, Rosemary and Frankincense essential oils and is designed to relieve aches and pains and instil an overall sense of wellness.

OUR INGREDIENTS

Yangu Oil / Cape Chestnut Oil: The secret of smooth skin amongst the Maasai is the use of the Yangu nut oil to moisturize and protect the skin from the intense African heat. Yangu oil not only provides natural UV sun protection but it is also rich in anti-oxidants and essential fatty acids. This provides excellent emollience to skin and body-care products.

Baobab Oil: The baobab tree is one of the characteristic trees of Africa and is popularly known as the "tree of life", as every part of the tree is useful. The oil of the baobab seed contains high levels of anti-oxidants, vitamins A, D and E and essential fatty acids. It has excellent moisturizing properties, helps to improve elasticity and regenerate cells, and is an excellent ingredient for eczema or psoriasis.

Ugandan Shea Butter: Shea butter obtained from the nut of the Karite Shea tree has been used for centuries in Africa for its deeply moisturizing, anti-inflammatory, regenerative and anti-ageing properties. Shea butter is rich in anti-oxidants, vitamins A & E and essential fatty acids.

Aloe Vera: Aloe Vera has been used traditionally across Africa for healing wounds, relieving the sting of insect bites and as a soothing, cooling gel for excessive sun exposure and burns. It has anti-oxidant, anti-bacterial and anti-fungal properties, and helps to heal and rejuvenate as well as soothe and soften the skin.

