

BROOK DALE ESTATE

STAY CURIOUS

EXPERIENCE BROOKDALE FACT SHEET

EXPERIENCE BOOKDALE ESTATE & MANOR HOUSE







We believe in individuality and exploring one's own curiosities. As such, we place great importance on understanding what it is our guests are looking to discover during a stay, while making time with us truly memorable. Each stay is a unique blend of people, experiences and places ... a beautiful mosaic of moments.

EXPERIENCE BROOKDALE ESTATE								
INCLUDED IN YOUR STAY These activities are coordinated by our in-house team and can be arranged prior to, or on arrival.		ADDITIONAL COST ACTIVITIES These activities are subject to availability and the costs are subject to change. Where *indicated, please request prior to arrival.						
CONCIERGE SERVICE	✓ Reservations & transfers	MANOR LUNCH	✓ From R 275 per person					
WINE ACTIVITIES	✓ Seasonal (eg: join the harvest)	MANOR DINNER	✓ From R 750 per person					
WINE TASTING	✓ Explore the range	TASTING ROOM	✓ Wine Tasting, Tue-Sun					
PERSONALISED DINING	✓ Tailored to taste & dietaries	THE BISTRO	✓ Lunch: Tue-Sun Dinner: Fri & Sat					
POOL	✓ Net on request for villa stays	PRIVATE EVENTS*	✓ Dependant on group size					
FITNESS ROOM	✓ 24-hour access	WELLNESS TREATMENTS	✓ View spa menu online					
LIBRARY	✓ A wide variety of books to borrow	GUIDED TOURS*	✓ In collaboration with African Lynx					
BATH MENU	✓ View warm bath options	GUIDED HIKES*	✓ Through nearby mountains					
TRAILS & WALKS	✓ Easy & challenging farm walks	HELICOPTER FLIPS*	✓ Cape Town Helicopters					
GARDEN GAMES	✓ Such as boules	HORSE RIDING*	✓ Alpha Equestrian (lesson/outride)					
BOARDGAMES	✓ Selection available	YOGA INSTRUCTOR*	✓ Arranged on request					
BAKING AT BROOKDALE	✓ Cookie baking for children (1hr)	PARAGLIDING*	✓ Winelands Paragliding					
OFFICE	✓ Space to work while away	CHILD MINDING	✓ Enquire for rates					



BROOKDALE

ESTATE

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EXPERIENCE PAARL

FACT SHEET

THINGS TO DO IN THE PAARL WINELANDS







Paarl is the little known gem of the Cape Winelands ... With all the charm of a historic country town, and the convenience of modern amenities, easy access and exemplary experiences, Paarl brings together the very best of what we love most on a journey to the region – tranquillity, adventure, history, food and wine.

Less than an hour away from Cape Town International Airport, yet a world away from the hubbub of the city, Paarl perfectly complements a trip to the Cape. Discover world-class cuisine, award-winning wines, expansive natural environments, a warm and welcoming community, as well as arresting landscapes.

TASTE		ACTIVE		MINDFUL	
DINING	Refer to dining fact sheet	HIKES	Guided or self-guided	MONUMENTS	Taal & Mandela
WINE TASTING	Ask us for a suggestions	CANYONING	Abseiling & kloofing	WELLNESS	Sante Day Spa
DAY OUT	Spice Route	CYCLING	Mountain, road, ebiking	YOGA	Yoga House
FOOD MARKET	Freedom Farmer's Market	HISTORY	Paarl Rock hike	NATURE	Reserve walks
COFFEE	Bean in Love	GOLF	Pearl Valley,& Boschenmeer	WALKING TOUR	Paarl Heritage Walk
CHEESE	Dalewood & Fairview	QUAD BIKING	Rhebokskloof Winery	ART	Various galleries
CHOCOLATE	De Villiers Chocolatier	FISHING	Fly & river	GARDENS	Meulwater Wild Flower
TOP PICK	Noop Restaurant	TOP PICK	Du Toitskloof Trail	TOP PICK	Day exploring the town

VISIT NEARBY AREAS. TRAVEL TIMES FROM BROOKDALE ESTATE, PAARL:

CAPE TOWN	45 minutes (no traffic)	STELLENBOSCH	25 minutes	WELLINGTON	25 minutes
CPT AIRPORT	40 minutes (no traffic)	FRANSCHHOEK	35 minutes	HERMANUS	1 hr 55 minutes