



**SAFARI PLAINS**

**MABULA**

## SAFARI SPA MENU

## FACIALS

### Bespoke Facial

Our facials are bespoke & chemical free, yet performance driven with visible results. Your therapist will analyse your facial needs, take into consideration your expectation and prescribe the correct treatment approach for you. Our focus is always on deep pore cleansing, never stretching the pores or scarring the skin in doing so. Gentle in our approach, we know that hydration and effective supplementation are vital in preserving the skin's youthfulness. Never neglecting the sensitive skin under the eyes, dark circles and the importance of working on lifting and plumping up the skin. Preserving the skin and preventing pre-mature aging is our goal during your facial.

Facial	80 mins	700.00
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## THERAPEUTIC MASSAGES

### Bespoke Intuitive Herbal Oil Massage

You may choose from a range of Africology aromatherapy-infused massage oils, which are warmly applied and massaged deeply onto the body. This therapy works on tight muscles and lymph drainage, combating tension in stiff aching bodies. Massage is combined with herbal bags to improve circulation and absorption of essential oils. Your therapist will assist you in choosing the oil best suited for you from one of the following blends: Relaxing, Slimming Detox, Muscle Relaxing and Energising.

Back, neck & shoulder	60 mins	720.00
Full body	90 mins	885.00

### Majestic Awakening

Neck, shoulders and scalp. The treatment begins where your neck, shoulders and scalp are deeply massaged, dissipating tension and stress through touch and aromatherapy.

Back, neck & shoulder	35 mins	550.00
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### **Skin Adoration Wraps**

Our pure and natural Hypoxis Body Wrap is formulated with African potato and marula oil, warmly applied to soften, soothe and improve skin hydration while also fighting free radical damage. This herbal blend relaxes you on application, while the rich background sounds of Africa help the mind focus on the holistic experience. Enjoy a traditional foot ritual and deeply relaxing scalp massage while the wrap is melted into the skin. Finally, there is a soothing massage with body-conditioning marula oil, which creates a natural barrier to hold in moisture and improve collagen and elastin, to complete the experience.

Pregnancy Wrap	60 mins	990.00
Full body	120 mins	1750.00

## **MANICURE & PEDICURE**

### **Africology Standard**

For a beautiful respite from the high-energy nature of everyday life, join us for an experience with a difference. Your hands or feet will be massaged, your nails shaped and your skin richly hydrated with our all-natural products designed to undo environmental damage to your skin.

Manicure	45 mins	370.00
Pedicure	60 mins	420.00

In order to enjoy your time at Safari Spa, please arrive  
10 mins prior to your appointment.

A late arrival may mean that your treatment  
time is reduced.

Guests who want to change or cancel an appointment  
are kindly requested to provide 24 hours notice or the  
full cost of the appointment will be charged.

Email: [reception@safariplains.co.za](mailto:reception@safariplains.co.za)  
Bookings by appointment

[WWW.SAFARIPLAINS.CO.ZA](http://WWW.SAFARIPLAINS.CO.ZA)

