



## Spa Menu

### SIGNATURE JOURNEYS

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#### **The Art Of A Natural Luxury Journey**

**90 min - R1,200**

30-minute full-body exfoliation with marula & neroli scrub to remove dead skin cells for a smoother, more radiant appearance and texture & 60-minute full-body Swedish massage with an indulgent marula & neroli balm.

#### **Golden Oil Mongongo Detox Journey**

**90 min - R1,400**

A full-body dry body brush to open pores and eliminate toxins, followed by a full-body exfoliation with a detoxing mongongo nut scrub & 60-minute full body massage using mongongo nut body oil that aids digestion and glowing skin complexion.

#### **Miracle Repair With African Potato Balm**

**75 min - R1,200**

A luxurious treatment to repair & heal skin on a deeper level. This treatment with the use of the brilliant African potato balm treats many skin ailments. Starting with a rejuvenating foot soak and scrub. followed by a full body massage using the award-winning African potato balm and hot compress towels to relax and improve skin restoration.

## Spa Menu

### MASSAGE

#### Body Rebalance

60 min full body - **R1,000**

45 min back, neck and shoulders - **R800**

30 min express back relax - **R500**

Indulge in a serene aromatherapy massage tailored to you, using our potent indigenous phyto oils. This experience ensures relaxation, hydration, and a radiant glow. It's elevated with our muscle melt relaxing gel and a warm compress.

#### Enhancements to any massage:

Rebalancing indigenous back mask 30 min - **R250**

Rose Oil & Rosehip Face and Scalp massage

30 min - **R250**

Rebalancing Indigenous Back Exfoliation

15 min - **R200**

### FACIAL THERAPY

#### Perfect Balance

60 min - **R750**

Extracts of neroli and precious rose to replenish & decongest to balance and clear skin leaving it cleansed, clean, hydrated, and glowing.

#### Express Facial

30 min - **R500**

Pressed for time but seeking a radiant complexion? Our express facial, tailored by expert therapists, delivers immediate rejuvenation. It includes a lymphatic drainage massage and finishes off with a cooling, anti-inflammatory, tension-releasing gel.

### HANDS AND FEET

#### African Handprint Ritual

Medicure with mask and polish 60 min - **R400**

#### African Footprint Ritual

Pedicure with mask and polish 60 min - **R600**

#### Leg Relief

45 min - **R500**

For travel-tired legs and aching muscles, unwind and relieve the ache and tension with a full foot and leg soak, and scrub ritual. This is followed by a healing and repairing mask that wraps around the feet and legs, restoring and improving the skin's texture and appearance while you receive a rejuvenating scalp massage. The experience is accompanied by a tension-releasing lymphatic drainage massage, finishing off with a cooling, anti-inflammatory, tension-releasing gel.

### KIDS SPA-FARI TREATMENTS

Massage 30 min - **R300**

Manicure/pedicure 15 min - **R200**