

# Lekkerwater's Food & Overberg Wines



# Lekkerwater's Food

Our menus are inspired by the cultures & produce of the region as well as the no-fishing and no-foraging rules that govern the De Hoop Reserve and the marine protected area that we look onto. We strive to ensure that we serve fresh, locally produced and farmed products that are organic wherever possible and steer well clear of frozen foods. Home style hearty meals are cooked with love and passion rather than by “fine dining” precision.

Please bear in mind that:

- our extremely small developmental footprint limits our back-of-house infrastructure, storage facilities and staff accommodation (and particularly the number of chefs that we can employ & accommodate).
- The lodge operates exclusively on solar electricity which restricts the number of modern (often energy guzzling) appliances that we can instal.
- All our supplies are over a half-day round trip drive away, so we are unable to pop over to the local stores to buy and provide for a last-minute request.

Our menus are a down-to-earth set of food choices that we hope you find to your liking. The dinner menu will be displayed in the main area from lunch time onwards. If there is something on the menu that you are not comfortable with, please advise our staff as early as possible, so that they can prepare an alternative dish for you. Please also remind the chefs and management of any dietary requirements and allergies that you may have. Whilst we will do our best to cater to various dietary constraints, please bear in mind our severe logistical constraints.



## Transparency

We believe everyone should know where their food and wines comes from.



## Local Sourcing

We aim to always source fresh and where possible organic produce from local suppliers. This supports the local economies and reduces our carbon footprint.



## Cooking each meal from scratch

We take wholesome, unfrozen ingredients and prepare fresh breakfasts, lunches & dinners daily.



## Sustainability

We strive do our part to minimise our negative impacts on our planet. We ban single use plastics wherever we can; we buy locally; we buy organics wherever can; we cook on gas or with solar electricity; our grey water is fully treated, our waste is recycled. We want to set the bar higher. Please help us to do so.

# Lekkerwater's Wines

Lekkerwater offers a selection of up to 12 local house wines that are included in the cost of your stay as well as another nine premium wines on our reserve list which are at extra cost. Please treat Lekkerwater as your home-from-home and therefore feel free to help yourself at any time to any of our soft drinks, teas, coffees, local 'house' (ie free) wines and beers. The fridges are there for you and are unlocked. If, however, you prefer to be served, our staff are readily available to do so. The choice is yours and please do whatever makes you most comfortable.

All your food, teas, coffees and nearly all alcoholic and soft drinks are included in your overnight cost. There is no need to dip into your wallet unless you decide to sample some of the regions 'Reserve List' premium wines, spirits or champagnes, or feel a need to drink still or sparkling water out of plastic bottles.

We have sourced most of our wines from the surrounding Overberg Region, a notable farming and wine producing region that stretches from the Elgin Valley in the west to Swellendam and Malgas in the east. We will do our best to keep to this list, but it may change from time to time depending on supplies & suggestions. Enjoy!

## HOUSE WHITE WINES

CREATION Whale Pod Sauvignon Blanc  
LOMOND Sauvignon Blanc  
PROTEA Chenin Blanc  
THELEMA Sutherland Chardonnay (Unwooded)  
ASHBOURNE Sauvignon Blanc/Chardonnay

## HOUSE ROSÉ

HERMANUSPIETERSFONTEIN Bloos

## HOUSE SPARKLING 'MCC' WINE

BENGUELA COVE Méthode Cap Classique Cuveé Sparkling Wine  
L'ORMARINS Méthode Cap Classique Sparkling Wine

## HOUSE RED WINES

PAUL CLUVER Pinot Noir  
RAKA SPLICED Red Blend  
BRUCE JACK Shiraz  
CEDARBERG Cape Atlantic Merlot:  
BOSMAN Generation 8 Cabernet Sauvignon

# Lekkerwater's White House Wines

(included in your accommodation prices)

**CREATION Whale Pod Sauvignon Blanc:** Creation wines are grown and produced in the Hemel-en-Aarde Valley just outside of Hermanus in the heart of South Africa's celebrated Walker Bay Wine Appellation. The winery traces its origins back to 2002 and their 40 hectares of undulating land are less than 10km from the sea, extending right up to 350 meters above sea level where temperatures rarely exceeding 30 degrees C during the growing season. Their wines reflect its proud maritime influences. The owners both come from wine pioneering stock spanning three generations and two continents. Creation has quickly developed a reputation for producing some of South Africa's most excellent wines and has recently been voted as one of the top 50 wineries in the world – one of only three South African wineries to make the list.



**LOMOND WINES Sauvignon Blanc:** The Lomond winery is situated on the Agulhas Plain near the southernmost tip of Africa at Cape Agulhas – the meeting place of the Indian and Atlantic Oceans. The winery lies within sight of the sea, just 8km from the fishing village of Gansbaai. This maritime climate with the resulting cooling sea breezes ensures that the vineyards are kept cool which results in late ripening intense fruit. This unique combination of geography, geology and climate results in terroir that is perfect for producing excellent wines. We like to support Lomond not only for their excellent wines, but because they have set aside a patch of wild and untouched fynbos that contains recently discovered rare & endangered plant species.



**PROTEA Chenin Blanc:** Chenin is not a grape varietal that grows well in the Overberg so we have travelled over the passes to the Franschhoek Valley to the north of the Overberg to source our house Chenin. The inspiration for the brand is the protea, South Africa's national flower and name of South Africa's cricket team. Proteas are a fynbos family of 360 different species of flowers, many of which are on the rare & endangered list. Proteas come in a dazzlingly diversity of sizes and colours; each flower is exotic and special. This is a very light wine that is great for lunches and early afternoons. The bottle is gorgeous and celebrates the Proteas found widely in the De Hoop Reserve and elsewhere in the Cape Floral Kingdom.



**THELEMA Sutherland Unwooded Chardonnay:** Thelema Mountain Vineyards are a much celebrated family owned and managed wine estate with two vineyards from two different terroirs in the Cape Winelands – one at the top of Hellshoogde Pass that separates Stellenbosch and Franschhoek - their second vineyard is in the Elgin Valley situated just 9 kms off the Atlantic Ocean at altitudes of 140 to 250 meters above sea level. The cool maritime climate of their Elgin vineyards allows for slower ripening producing wines with vibrant concentrated fruit flavours and an elegant minerality.



**ASHBOURNE Sauvignon Blanc / Chardonnay** – This winery was founded in 1996 by Anthony Hamilton Russel and is located on a beautiful 64 hectare property in the Hemel-en-Aarde Valley, right on the eastern border of the Hamilton Russell Vineyards. The property is named after Anthony's great, great grandfather, Lord Ashbourne who was Lord Chancellor of Ireland in the late 1800s. More than two decades of family winemaking experience has gone into creating this unique blend of fresh, vibrant sauvignon blanc and an unwooded chardonnay.



# Lekkerwater's House Red Wines

(included in your accommodation prices)

**BRUCE JACK Shiraz** – Bruce Jack runs his own wine estate called The Drift in the Overberg Highlands on the R316 just outside Napier. He is on a mission to build up a powerful brand showcasing both great winemakers and great wines – whether under his name or under his wing. Jack gives as much thought to the label and wording of his wines as he does to the content. The Shiraz is a lovely wine, but be warned at 14.5% alcohol, it may take revenge on the unwary.



**PAUL CLUVER Village Pinot Noir**: This is a fourth generation family business that has been farming in the Elgin Valley for more than 120 years. Their focus is on producing world class wines that reflect the uniqueness of the valley, whilst being mindful of their actions both on the environment and on their community. To this end Paul Cluver have more than half their estate under conservation. The name of their farm is De Rust and this was the place where the ox wagons used to stop before heading up to Swellendam. The fine, fresh acidity in the Pinot Noir is natural, and adds poise and focus to the wine.



**RAKA SPLICED Red Blend**: Raka Wines are situated along a beautiful valley midway between Bredasdorp and Hermanus on the R326 road to Stanford. The name Raka is derived from the Afrikaans poem by N.P. van Wyk Louw about an African tribe that had been threatened by Raka, half man half beast. Raka has been the family's mojo for decades. Their "Spliced" red wine is a blend of primarily Cabernet Sauvignon and Shiraz with Merlot, Petit Verdot and Mouvedre.



**CEDARBERG Cape Atlantic Merlot**: This fine merlot with its signature gannet logo and label is what attracted us to the wine as Cape gannets can be seen almost daily flying past Lekkerwater. The wine is grown in the Cederberg region due west of the Overberg by one of South Africa's most interesting wine characters Dawid Nieuwoudt who grows his Ghost Corner wines in the Overberg near Elim (hence their inclusion into our Overberg wine list!) It was during the mid-1800s that the Nieuwoudt family set foot in the Cederberg. Six generations ago, no one would have guessed that that rugged, fynbos-covered area on the edge of the dry Succulent Karoo biome could ever become a successful high-altitude wine farm in the Cape winelands.



**BOSMAN Generation 8 Cabernet Sauvignon**: The Bosman family have been farming their land in Wellington since 1707 and more recently, have branched out into the upper reaches of the Hemel-en-Aarde Valley in the Overberg Region (to the west of Lekkerwater and inland from Hermanus). They are recognised as a leading producer of 'Fairtrade' wine, devoted to responsible handcrafted wines. Their Generation 8 Cabernet Sauvignon is a tribute to the eight generations of Bosmans who have been farming these lands over hundreds of years.



# Lekkerwater's House 'Champagne'

MCC (Méthode Cap Classique) are South African "champagne" styled wines made the traditional French way through the bottle fermentation process. Because the word Champagne is patented by the French, South African wine producers have elected to use the term Méthode Cap Classique Sparkling Wine or MCC.

**BENGUELA COVE Méthode Cap Classique Cuveé Sparkling Wine:** Boasting one of the most sought after terroirs overlooking the Atlantic Ocean, Benguela Cove Lagoon Wine Estate is located 18kms north-west of Hermanus on the shores of the Bot River Lagoon. Cool maritime winds caress the vines, resulting in a cooler median daytime temperature, allowing for slow ripening and thus preserving the gentle characteristics of their wines. Their bubbly is crafted with minimal interventions containing both Pinot Noir and Sauvignon Blanc grapes, proudly carrying the stamp of wine of origin Walker Bay.



**L'ORMARINS Méthode Cap Classique Sparkling Wine:** L'Ormarins is the main estate in the Anthonij Rupert Wyne portfolio that is situated in the Franschoek area. The farm has a combination of both low-lying land and moderate-to-steep slopes. Some of their grapes used in their MCC wines are sourced from the Elandskloof area in the Overberg.



# Lekkerwater's House Rosé Wine

**HERMANUSPIETERSFONTEIN Bloos:** The name of this wine originates from the founder of Hermanus, Hermanus Pieters. It is the longest Afrikaans name for a cellar anywhere. Their wines are just as uniquely named and they are the only wine cellar to use Afrikaans-only names. Their non-serious attitude has also led to a well-loved reputation as a fun and laid-back winery located near Hermanus. Their Bloos is their highly likeable and drinkable rosé wine made from a blend of Merlot, Malbec, Petit Verdot, Cabernet Sauvignon and Cabernet franc vines.



# Lekkerwater's "Reserve" White Wines

(Not included in your accommodation prices)

**SOUTHERN RIGHT Sauvignon Blanc:** Southern Right is a small Pinotage and Sauvignon Blanc specialist wine maker located just inland from the old fishing village of Hermanus on a beautiful 448-hectare property in the Hemel-en-Aarde Valley. Their wines are named after the Southern Right whales which frequent Walker Bay, just three kilometres to the south of the Southern Right vineyards as well as right offshore of Lekkerwater. With each bottle sold the winery contributes to whale conservation. **R 300 per bottle**



**THE BERRIO Weather Girl White** – This winery is located close to the small town of Elim near the southernmost tip of Africa and is one of our favourite wines. The Berrio is named after one of the four ships in Vasco Da Gama's fleet that sailed past Lekkerwater in 1497. It was the blessing of these same winds which propelled the Berrio to lead the fleet around Cape Agulhas, one of the most challenging sea journeys ever attempted at that time. The cooling effects of the winds that blow allow the grapes to spend more time on the vine and time on the vine makes a greater intensity. **R 395 per bottle**



**SIJNN White:** This exciting vineyard is located on the Breede River between the tiny hamlet of Malgas and Cape Infanta. It gets its name Sijnn (pronounced 'sane') from the Khoisan word for the Breede River. At close on 15km as the crow flies due north of De Hoop, Sijnn is the closest winery to Lekkerwater. It is a beautiful pioneering wine estate in the "middle of nowhere". When the owners visited the Malgas region for the first time in 2000, they were blown away with the incredible soils and immediately set about finding a suitable property to purchase. These very poor, complex soils encourage a deep root bush-vine, perfectly suited to un-trellised vineyards with slow growth and low yield giving rise to intense, complex wines of great individual character. Their white is a blend of Chenin Blanc, Viognier and Roussanne. **R 530 per bottle**



**ATARAXIA Chardonnay:** The winery is named after the Greek word meaning "A serene state of mind, free from worry and preoccupation." Ataraxia lives up to the hype on a farm aptly called Skyfields, perfectly positioned on a commanding rise in the beautiful Hemel-en-Aarde. Their unapologetically wooded chardonnay mirrors the terroir in which their vines are grown, with stony, clay rich shale soils and the heavily maritime-influenced climate. **R600 per bottle**



**GHOST CORNER Semillon:** The extreme, harsh and mysterious landscape at the southernmost tip of Africa has been the inspiration for the Ghost Corner wines. More than 130 ships have found their last resting place in these treacherous waters close by, where navigation was just about impossible on dark and stormy nights. Inland from this dramatic coastline, in the Elim Ward, lie the Ghost Corner vineyards. They make the most of excellent growing conditions, the cooling south-easterly breezes and the extreme climate. The deep lime-rich soil with plentiful slate and gravel deposits give rise to the exceptional Ghost Corner wines including this Semillon, a truly delicious white blend and one of our favourites. **R450 per bottle**



# Lekkerwater's "Reserve" Red Wines

(Not included in your accommodation prices)

**SOUTHERN RIGHT Pinotage.** Southern Right was founded in 1994 by Anthony Hamilton Russel and today is a small Pinotage and Sauvignon blanc specialist winery located on a strikingly beautiful 448 hectare property in the cool, maritime, Hemel-en-Aarde Valley appellation, just behind the old fishing village of Hermanus.. Pinotage is a South African speciality varietal and the Southern Right Pinotage with its intense classically styled, clay-grown wine is packed with complex berry fruit, beautiful tannins and subtle wood spice. **R400 per bottle**



**LOMOND Pinot Noir.** More than anything, the Lomond Pinot Noir tells the story of Lomond's specific sense of place close to the southernmost tip of Africa. The wine is bright red in colour with strawberry edges. The decision to plant Pinot noir at Lomond was made in 2008 as the conditions and terroir of the Cape Agulhas region are very conducive to producing an interesting Pinot noir wine, with the cool climate allowing the grapes to spend more time on the vine. Situated in the Uilenkraal River Valley, Lomond is one of only a handful of producers permitted to carry the Cape Agulhas appellation on its labels. The grapes from which Lomond's Pinot Noir are made were hand selected from a 3,59ha vineyard situated 7km from the ocean, with 18 different soil types, varied topography from 30-250m above sea-level, southern facing slopes and an influence of ocean breezes which add complexity to the development. **R450 per bottle**



**SJINN Red.** An exciting new vineyard between the tiny hamlet of Malgas and Cape Infanta, on the banks of the Breede River – called Sijnn (pronounced Sain) by the original Khoisan inhabitants. Perched on a plateau about 15km from Lekkerwater. The Trafford family bought the 309-acre farm in 2003 and began planting vines in 2004. Today, there are 40 acres of Chenin Blanc, Viognier, Roussanne, Syrah, Mourvèdre, Touriga Nacional, Trincadeira and Cabernet Sauvignon with some Grenache on the way. Naturally low yielding, at just 1.6 tons per acre, the entire vineyard is only producing 2,000 cases annually, though there is a little room to grow. **R700 per bottle**

