



## KÜYENTÜN SPA

Küyentün Spa abides by the Mapuche concepts of newen domo (the female force) and küyen (the moon), which rule the fertility of the Earth and its medicinal plants (lahuen). Four of our massage therapies represent different lunar phases of the wetripantu (the Mapuche New Year), delivering energy, wellbeing, and healing powers. Sabai is our latest addition, combining Eastern traditions with local herbs and plants grown in our organic garden.

We invite you to enjoy the services of Küyentün and relax your mind, body, and spirit.



## WE PÜRAPACHI KÜYEN | NEW MOON

Deep Tissue | 45 minutes

This treatment is designed to relax deeper layers of muscle and connective tissue, with a level of pressure and friction that varies according to the tension of the muscle and the tolerance threshold of each guest. Emphasis can be placed on specific trigger or focal points of muscle contractures, mobilizing and relaxing the muscular fascia and producing intense relief.



## RANGI PÜRAPACHI KÜYEN | CRESCENT MOON

Craniosacral Massage | 30 minutes

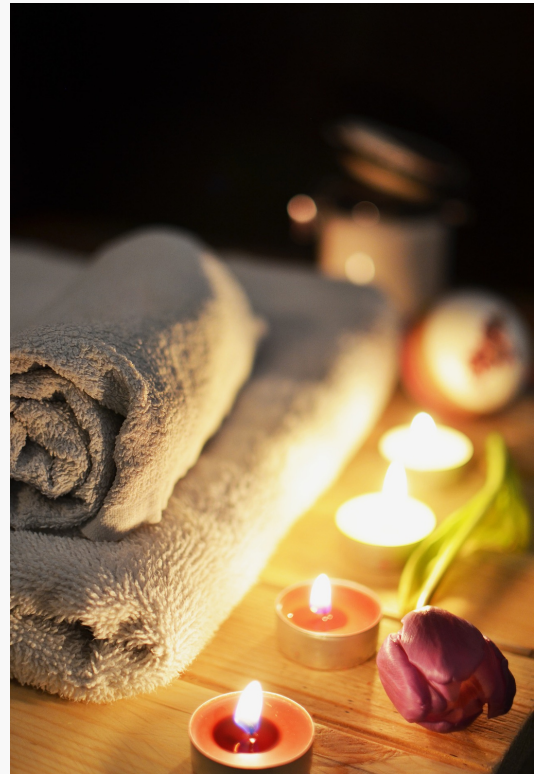
A combination of massage and aromatherapy, this treatment provides intense full-body relaxation through a firm and slow pressure of the fingers on specific points of head and neck, inducing a deep sense of calm. A gentle and stimulating technique, this treatment improves blood flow, nourishes the scalp, and provides relief from headaches and tension.



## APOY KÜYEN | FULL MOON

Lymph Drainage Massage | 30 minutes

Focused mainly on the arms and legs, this gentle massage drains impurities into the blood stream to energize the body and alleviate the sensation of heaviness or pain. Among its many benefits, it improves circulation, eliminates water retention, increases the metabolic rate, and is thought to provide a major boost to the immune system.



## RANGI NAGMECHI KÜYEN | WANING CRESCENT MOON

Relaxation | 50 minutes

This treatment targets the superficial muscular layers and fascia and is performed by means of gentle, ascending pressure and circular movements, which can vary according to the needs of each person. The massage can also be accompanied by a range of essential oils to enhance the experience and deliver maximum relaxation.





## SABAI

Herbal Compress Relaxation | 50 minutes

A treatment developed in India by Buddhist monks incorporating a pinda, a traditional herbal compress that offers several health benefits. It induces deep relaxation, relieves stress and fatigue, boosts both emotional and physical well-being, and improves blood circulation. It softens and nourishes the skin while the aromatic herbal vapours and ease respiration. It also soothes sore and overworked muscles while giving the body's energy reserves a huge boost. The hot or cold compresses may contain ingredients such as sea salt, quartz, or brown rice, combined with herbs and medicinal plants harvested from our organic farms, then mixed with essential oils. The massage starts from the bottom of the feet, slowly ascending with circular movements and moderate pressure. A gentle neck massage completes the this highly relaxing treatment.



## OBSERVATIONS

- Opening hours: 9.00am-7.00pm
- Treatments must be booked in advance through Reception.
- Not available for guests under the age of 12.

