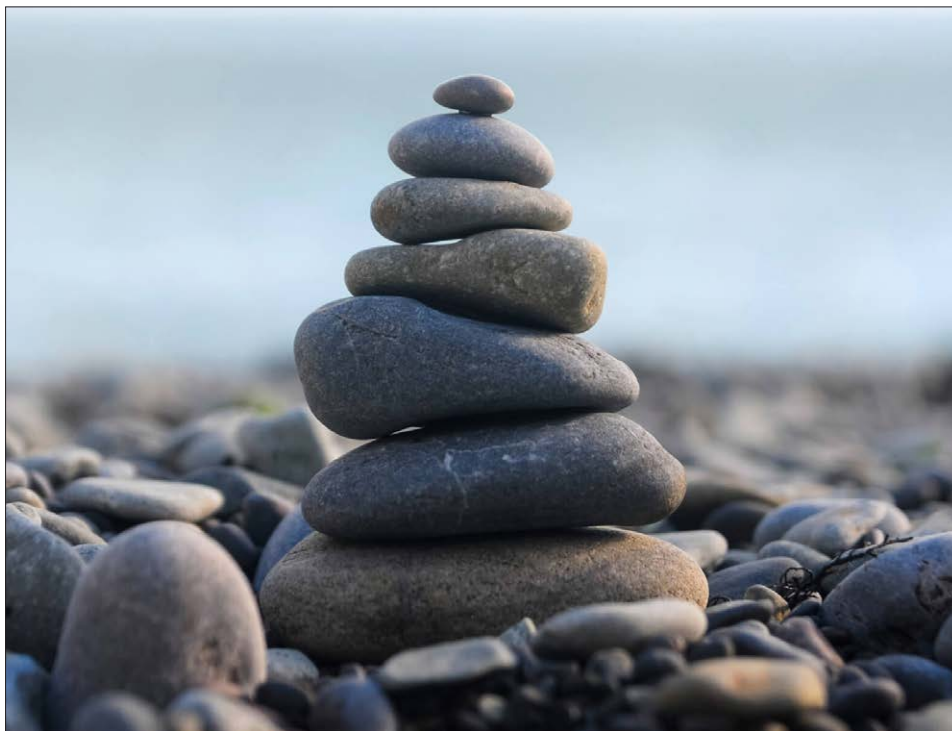


Boulders Wellness

TREATMENTS PRICE LIST 2023





Massages

SWEDISH FULL BODY MASSAGE

60min

R1 200

Swedish Massage is a manual therapy that emphasizes long strokes, kneading and friction motions to encourage proper circulation. The technique involves rubbing muscles together in the same direction as the flow of blood to the heart.

DEEP TISSUE MASSAGE

60min

R1 200

Deep tissue massage is a more forceful technique that releases tension deep in the muscles and connective tissues.

AROMATHERAPY MASSAGE

60min

R1 250

Rubbing and kneading of the skin with plant oils that give off strong, pleasant aromas (smells) to promote relaxation, a sense of well-being, and healing.

Facial Treatments

MADE FOR YOU FACIAL

45-60min

R 1 250

A treatment that doesn't only care for the face, but helps you to relax. All facials will be decided upon with you and the therapist during the consultation. Making sure you get the most out of the facials. All facials come with a hands, arm and foot massage.

KIDS PENGUIN FACIAL

R 750

Kiddies facial that includes double cleanse, massage, cream and SPF.

Hand & Foot Treatments

Our hands speak volumes, nurture yourself right down to your fingertips and toes. A complete treat for the hands and feet concentrating on the heels, cuticle work and a relaxing massage.

LUXURY SPA PEDICURE & EXPRESS MANI

85min

R1 200

LUXURY SPA MANICURE & EXPRESS PEDI

85min

R1 200

LUXURY SPA MANICURE & PEDICURE

1h45mins

R1 450

KIDS PENGUIN HANDS & FEET

R 200

File and paint hands or toes.

Add On's to Treatments

30 min Massage	R 600
45 min Massage	R 750
30 min Express Facial	R 650
Mini Manicure or Pedicure	R 500
Mini Manicure / Pedicure with Gelish Application	R 550
Luxury Manicure / Pedicure with Gelish Application	R 700
Gel Soak Off	R 200
Lash Tint / Brow Tint	R 240
Full Body Ex-foliation	R 380
Under-Arm Wax	R 250
Standard Bikini Wax	R 350
Brazilian / Hollywood Wax	R 500 / R550
Half Leg / Full Leg	R 400 / R550
Body scrub and massage 1H30mins	R1 400

****Bookings need to be made at least 5 days in advanced.**

Packages

ATLANTIC OCEAN PAMPER ME PACKAGE 2h45min R2 400
Aromatic facial, pamper manicure & pedicure. A customized, aromatic facial, using blends of aromatic, complexes, ending off with a luxury manicure and pedicure.
The perfect treat.

INDIAN OCEAN PAMPER ME PACKAGE 2h30min R2 400
Full body massage, mini facial, manicure or pedicure. This package will leave you feeling refreshed and revitalized. Getting pampered with a relaxing massage, a customized aroma facial, and your choice of a manicure or pedicure.

TWO OCEANS PAMPER ME PACKAGE 1h30min R1 900
30-minute neck and back massage, express facial, mini manicure, mini pedicure or a relaxing coconut scalp massage.

KIDS PENGUIN PACKAGE 90min R 850
File and paint and hands and feet and a penguin facial.

Etiquette & Policy

- We offer an environment of tranquility and relaxation.
- Robes, towels & slippers are provided for your convenience in the spa suite. You are welcome to wear these back to your suite after your treatment, if you choose not to, then simply place them in the bath once you have dressed back into your own attire.
- You may consult with the Therapist directly about style and depth of pressure prior to your treatment.
- Please advise of any health conditions, allergies, injuries or special needs which may affect your services.

ARRIVAL TIME

If your treatment is in your room, your therapist will arrive 15mins prior to your scheduled treatment time in order to set up the area. If your treatment is in an area of the lodge other than in your room you will be called in person just prior to the commencement time of your treatment and accompanied to the treatment space. Your therapist will have a short discussion with you in order to tailor your treatments to suit your personal needs.

LATE ARRIVAL

Please ensure you arrive 15 minutes prior to your agreed upon booking time, late arrivals will result in a reduction of treatment time. All spa appointments have been designed to allow appropriate time for full enjoyment of each service. Your late arrival may limit our ability to offer the fullest possible experience. Please be aware that late arrivals cannot be afforded extension of scheduled treatments due to having an effect on the next treatment booked. Your treatment will be rendered for the remainder of the scheduled appointment and charged at the full-service rate.

CANCELLATION POLICY

Scheduled treatments are reserved especially for you. We require 5 hour advance notice in order to cancel any service with no charge. If your appointment is not canceled within this notification period, your appointment will be considered confirmed. Any changes or cancellations made after the 24 hour window are subject to a charge for each service.

Hours

Therapists operate from Monday to Friday: 08h00-19h00
Saturday & Sunday: 08h00 – 18h30

Contact

Tintswalo at Boulders
Tel 021 612 0113
7 Gay Road, Simon's Town, Cape Town
www.tintswalo.com