

# Activities in St Francis Bay

# Leisure

### St Francis Links Golf Course

Designed by Jack Nicklaus, St Francis Links is known for their terrain, greens and variation in length and direction. The greens have simply been placed on top of the sand and follow the natural flow of the landscape. All players will find that St Francis Links presents a stiff mental and physical test from the first shot.

### Heritage Eco Center

Visitors are invited to explore the museum which depicts the natural wonders of the greater St Francis. The history of both St Francis Bay and Cape St Francis are well documented. Fascinating details enlighten the visitors on the rich waters of the area, local marine rescue and rehabilitation facility.

The Centre is open every Wednesday between 14h30 and 16h30 and Saturdays between 10h30 and 12h30.

### St Francis Bay Beach

Surfers are drawn to this part of the coast for the legendary waves, often joined by playful dolphins. Whales can be seen close to shore during winter and spring. Some good fishing spots can be found off the rocks.

Enjoy a variety of water sports or simply relax in the summer sun. Summer October- March Winter- April - August

### Ocean Safari's

St Francis Safari's offers an array of coastal adventures ranging from Dolphin and Whale Watching, Sunset Cruises and Canal Cruises. Enjoy a relaxing cruise along one of the most spectacular coastlines of Southern Africa whilst learning about the rich history of the coast. View the abundant sea mammals; including birds and unique fish species. To book contact 082 569 3750









## Shopping

### Nomvula's Knitting Shop

This is a community based upliftment project that has grown. They create beautiful, soft, comfortable products. Nomvula's Knitters range in age from their mid-twenties to seventy years old and are mostly women, all supporting families, or extended families.

### Markets

Every last Saturday of the month there is a Farmers Market held in the middle of St Francis Bay. People sell all sorts of fresh organic produce.

### Village Square Mall

Village Square offers a wide range of upmarket tenants and merchandisers, including hardware, books, home design, jewellery, stationery & toy stores to banks, Post Office and designer boutiques, you'll find that everything at the Village Square is housed in a stylish setting with easy access to the centre via St Francis Drive and Lyme Road South, making it centrally located.

### **Sports and Adrenelin**

### **Two Harbours Walk**

The 2 harbour walk starts from the Heritage Centre harbour and ends at the shoreline/coast to Port St Francis. This is a rocky, challenging walk but the magnificent views make it worthwhile.

#### **Mountain Biking**

St Francis has differnt mounting biking trails to enjoy. If you are not familiar with the area, pop into a tourism office to get a mouting biking trail map. 167 St Francis Dr, St Francis Bay, 6312 Phone:042 294 0076

### **Kite Boarding**

Kiteboarding is a surface water sport combining aspects of wakeboarding, windsurfing, surfing, and paragliding into one extreme sport. A kitesurfer harnesses the power of the wind with a large controllable power kite to be propelled across the water.

H20 Explorers offers Kiteboarding, surfing and fishing lessons. Contact Deon du Toit on 0832777234 / deon.ccst@gmail.com

### Surfing

St. Francis is known as one of the best surfing locations, SA Surf Camps have taught hundreds of people the art of Surfing. The instructors have a solid history and credibility in the South African and the International Surfing Community. All of their surf lessons, surf classes, and surf camps include the use of quality surfboards, wetsuits and gear.

Contact SA Surf Camps on +27 (42) 298-0050 / +27 (79) 269-6842 admin@surfcampsouthafrica.co.za











### Sand Boarding

Sandboarding is a board sport similar to snowboarding. It is a recreational activity that takes place on sand dunes, It involves riding across or down a dune while standing with both feet strapped to a board.

Contact Hans Verstrate on 0422970150 / info@oysterbaylodge.com

### Flyfishing

Fly fishing is an angling method in which an artificial "fly" is used to catch fish. The fly is cast using a fly rod, reel, and specialized weighted line.

Contact Ryan Walker on 083 661 6050

### Windsurfing

St Francis Bay is a great area for any sport where you require wind, such as windsurfing. Children as young as 8 can take up the sport.

Contact Arno Seyfert / 082 502 8887

### Kayaking, Canoeing and Boating

Little Venice Adventures hires out a variety of Kayaks, Canoes and small boats.

Kayaking is the use of a kayak to move across water. It is similar to canoeing by the sitting position of the paddler and the number of blades on the paddle.

Contact Alicia on +27 83 436 7234 / info@littleveniceadventures.co.za





167 St Francis Dr, St Francis Bay, 6312 Phone: 042 294 0076

Website Links: http://www.stfrancistourism.co.za/page/home http://stfrancisbay.co.za/







