



SPA MENU



"Come with us on a journey where our focus is to help you connect with nature and recharge your mind and body. Our spa treatments are designed to ensure that your wellness needs are met while you are with us"



About the Wild Herb Company

Founded amidst the challenges of the 2020 global pandemic, The Wild Herb Company stands as a testament to resilience, innovation, and a deep commitment to natural wellness. Originating from a foundation of over 18 years in massage therapy, our journey began with a profound transformation during a tumultuous period.

Educational initiatives

Beyond product creation, **The Wild Herb Company** contributes to the wellness community by offering training in the art of therapeutic massage to therapists across Kenya. This commitment to education reflects our dedication to fostering growth within the industry.

Commitment to authenticity

Having experienced dissatisfaction with inauthentic spa products during years in the industry, **The Wild Herb Company** is committed to providing **100% natural** products. Each creation is meticulously crafted to genuinely enhance healing and wellness, reflecting our unwavering commitment to authenticity.

Join us on a holistic journey of natural healing, education, and innovation. The Wild Herb Company invites you to embrace the transformative power of our products and experiences, where nature meets wellness in perfect harmony.



Our products

At our spa, we have made a conscious effort to ensure that all products are organic. We only use skin care and massage products that are made from natural and plant-based ingredients. Using organic products is also a way for us to support small independent businesses who are committed to sustainable and ethical practices.

To further enhance the guest experience, we may add herbs harvested from our garden, to the foot soaks and your massage oil. These provide both aromatic and **therapeutic** benefits.



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Bliss | USD 80 | 60 minutes

Melt away any deep seated tension with a combination of massage techniques including kneading and pressure point stimulation. Your therapist will tailor make your massage to focus on areas on your body that hold fatigue and require extra care.

Rest | USD 120 | 90 minutes

Start your treatment with a warm foot soak enhanced with fresh herbs. Next experience smooth heated stones gliding over your body to enhance relaxation. The heat of the stones and their healing energy penetrate into deep layers of the muscles allowing you to experience deep relaxation.

Exhale | USD 100 | 90 minutes

Start your treatment with a warm foot soak enhanced with fresh herbs. A steam inhalation of mint, lemon grass and holy basil will open up your airways and further enhance relaxation. Warm oil is then used to massage tired achy muscles. The heat from the oil alongside expertly conducted massage will enhance relaxation.

Tuliza mawazo | USD 160 | 2hrs, 15 mins

In Kiswahili, 'Tuliza Mawaso' means 'calm your thoughts'. Start your treatment with a full body scrub which will exfoliate dry dead skin. Next a luxurious shower enhanced with Bliss shower melts will clear your airways and have you breathing better. A therapeutic massage follows. Here the therapist focuses on muscles that are tense or overly tired. The treatment ends with a hydrating masque applied on your whole body and a blanket to further warm and soothe you. Experience rest in the wilderness.

