

S E R O N D E L L A



# AFRICOLOGY®

## Spa Menu

### THERAPUTIC MASSAGES

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**Intuitive Herbal Oil**  
R500

**Back 30 mins**

**Body 60 mins**

**R1000**

Choose your aromatherapy infused massage oils to be warmly applied to combat tight muscles, lymph drainage and tension and a restless mind

**Balancing Scalp & Leg Ritual**  
R850

**45 mins**

A balancing treatment to target the symptoms of jet lag and long travel on the areas often neglected to relax and restore energy balance, also good for pregnancy.

**Shea Aromatherapeutic**  
R1350

**75 mins**

Easy-melting Shea from Ghana blended with healing African Potato, rooibos and natural essential oil selection creates a sublime, beautiful body experience including a scalp massage.

### SIGNATURE MASSAGES

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**Soul of African Journey**  
R850

**Back 45 mins**

**Body 90 mins**

**R1500**

Using Marula oil blended to soften signs of aging through its anti-stress action. This treatment starts with the application of warm, soothing mud to release negativity stored in the muscles and includes a scalp massage.

**Destress Body**  
R1300

**60 mins**

Targeting areas that carry stress in the body combined with shea balms infused with healing African potato and essential oils to calm the mind. This treatment starts with a deep tissue back massage, followed by a sensory scalp massage and then foot massage.

**Muscle & Joint Magnesium Deep Tissue**  
R550

**Back 30 mins**

**Body 60 mins**

**R1100**

**Body 90 mins**

**R1600**

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