

### The Babor Facial Experience

HYDRA INFUSION 30min R600 All Skin Types

A fast and intensive hydration boost to saturate the skin with moisture, alleviating fine lines and wrinkles associated with dehydration.

REJUVENATING SKINOVAGE 60min R1 200 All Skin Types

A SKINOVAGE treatment based on restoring skin health. This unique facial can treat all skin types and can be customised to your skin needs.

#### HSR ANTI-AGEING FACIAL 90min R2 300

A Luxurious anti-wrinkles expert facial consisting of rich textures that are well absorbed into the skin to target fine lines and wrinkles, redefine facial contours and relax facial muscles for the ultimate skin indulging experience.

### Hydro Bath

It is an ancient knowledge that water has healing and cleansing benefits used traditionally across cultures and in symbolic rituals. Enjoy a therapeutic soak in the Hydrobath that can accommodate 2 people. It is situated on a wooden deck out in the open bush, giving guests the experience and feeling that they are one with nature.

BUSH HYDRO BATH TREATMENT 25min R450 (per person)

Our high-powered jet bath works on stimulating circulation and lymphatic flow, offering the relaxing powers of moving water but also presenting opportunity for the body to detox at the same time.

HYDRO BATH LUNCH PICNIC R600 (per person)
Enjoy a picnic lunch after you relaxed and rejuvenated
after your hydrobath treatment.





# BABOR The Babor Body Experience

FULL BODY MASSAGE 60min R1 100

The Luxurious full body massage offers you to choose between the SPA Shaping and the Energizing Collection. Stimulating your senses with the different aroma's escaping into a deep relaxation as your tension melts away and your skin is left ultimately nourished. The ENERGIZING collection dives into the mysterious phenomenon of the ocean, using marine elements from red algae for an intense energy and hydration boost. The SHAPING collection is rooted in the earth element, with the power of the poppyseed to support skin firmness and body contour.

POPPY SEED SCRUB AND SMOOTHING CREAM WRAP 90min R1 700 Using natural poppy seeds to exfoliate the skin's surface, this exfoliant prepares the body for a nourishing wrap. This treatment promotes skin elasticity, suppleness and supports skin regeneration.

MARINE SALT SCRUB AND MASSAGE 90min R1 900

An invigorating full-body sea salt oil exfoliant, paired with your preferred fragranced body oil. This treatment promotes an invigorated body, increased circulation and a smoother texture.

BUSHWILLOW MASSAGE 30min R600

Relax and unwind while you experience a stress releasing massage, focusing on the back, neck and shoulders.

MATIMBA MASSAGE 60 min R1 200

The Shangaan word meaning "strong" - A Full body, deep tissue, pressure point massage, designed to break down knots, relieve deep tension and improve circulation, leaving the muscles energised and revitalised.

Hands & Feet

STANDARD MANICURE/ PEDICURE

R700

EXPRESS NAIL TOUCH UP MANICURE/ PEDICURE

R400

## Spa Etiquette & Policy

We offer an environment of tranquillity and relaxation. Robes, towels and slippers are provided for your convenience in the spa suite. You are welcome to wear these to your suite after your treatment, if you choose not to you can place them in the bath once you have dressed back to your own attire. You may consult directly with the therapist on the style and depth of your pressure prior to your treatment. Please advise of any health conditions, allergies, injuries or special needs which may affect your service.

ARRIVAL TIME: If the treatment is in your room, your therapist will arrive 15mins prior to your scheduled treatment time in order to set up the area. If the treatment is in the area of the lodge or other than in your room you will be called in person just prior to the commencement time of your treatment and accompanied to the treatment space. Your therapist will have a short discussion with you in order to tailor treatments to suit your personal needs.

LATE ARRIVAL: All spa treatments have been designed to allow appropriate time for full enjoyment of each service. Your late arrival may limit our ability to offer the fullest possible experience. Please be aware that late arrivals cannot be afforded extensions of scheduled treatments due to having effect on the next treatment booked. Your treatment will be rendered for the remainder of the scheduled treatment appointment and charged at full service.