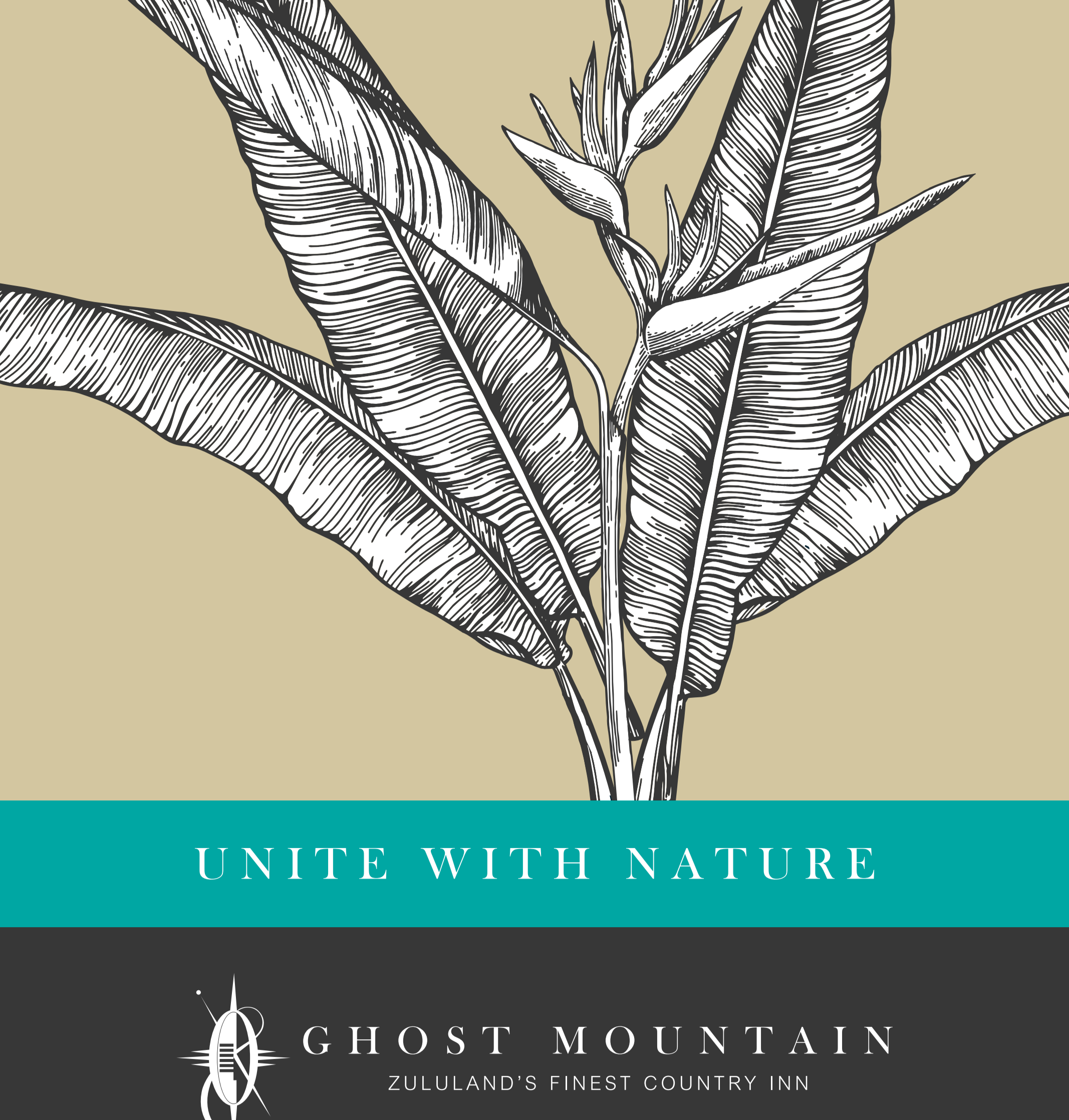
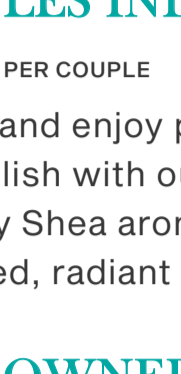


Ghost Mountain

SPA



UNITE WITH NATURE



GHOST MOUNTAIN

ZULULAND'S FINEST COUNTRY INN

SPA PACKAGES

COUPLES INDULGENCE PACKAGE 3HRS

R4,875 PER COUPLE

Escape and enjoy precious time together with a friend or partner in our spa suite. Begin with a full body polish with our African botanical ingredients. After a relaxing shower, receive a side-by-side full body Shea aromatic massage followed by a hydrating facial and head massage. Feeling refreshed, radiant and glowing, enjoy a fresh fruit platter and a bottle of sparkling wine.

SUNDOWNER PACKAGE 2HRS

R2,000 PER PERSON

Melt away the day watching the stars appear with a long soak in an outdoor tub. Continue with a self-exfoliation and body mask steam session followed by a full body Afrique Aroma Massage. Prolong your newfound relaxation with a glass of bubbly and snacks, surrounded by lanterns in the relaxation area of the Spa. This experience is available on your own or shared as a couple.

TIME-OUT PACKAGE 90MIN

R2,065

Relieve all of your tension with a back exfoliation, followed by an anti-stress back treatment and aromatic back massage. Then enjoy a pressure point scalp massage, a revitalising citrus foot soak and pressure point foot massage.

THREE THIRTY PACKAGE 90MIN

R1,695

Create your own package using **any three** of the following 30-minute treatments:

[SHEA AROMATIC BACK, NECK AND SHOULDER MASSAGE](#)

[INDIAN HEAD MASSAGE](#)

[30 MINUTE REFLEXOLOGY](#)

[EXPRESS FACE TREATMENTS](#)

[EXPRESS PEDICURE](#)

[EXPRESS MANICURE](#)

[FULL BODY POLISH](#)



MASSAGE THERAPY

AFRIQUE AROMA MASSAGE 75MIN

R820

A therapeutic full body massage using a blend of aromatic African flora and fauna inspired aromatherapy oil blends. Select from the following oils:

Tropical Dusk (uplifting)

with Madagascan ylang ylang, tropical basil and bourbon geranium

Island Greens (energising)

with citronella, Madagascan Zanampoly, ginger and lime.

Fynbos Crush (detox)

using South Africa's indigenous health tonic Buchu, plus Madagascan black and pink peppers.

[HOT STONE FULL BODY MASSAGE 75MIN](#)

R995

[DEEP TISSUE SPORTS MASSAGE 60MIN](#)

R805

[SWEDISH FULL BODY MASSAGE 60/90MIN](#)

R735/R995

[REFLEXOLOGY 45MIN](#)

R735

[BACK, NECK & SHOULDER MASSAGE 30MIN](#)

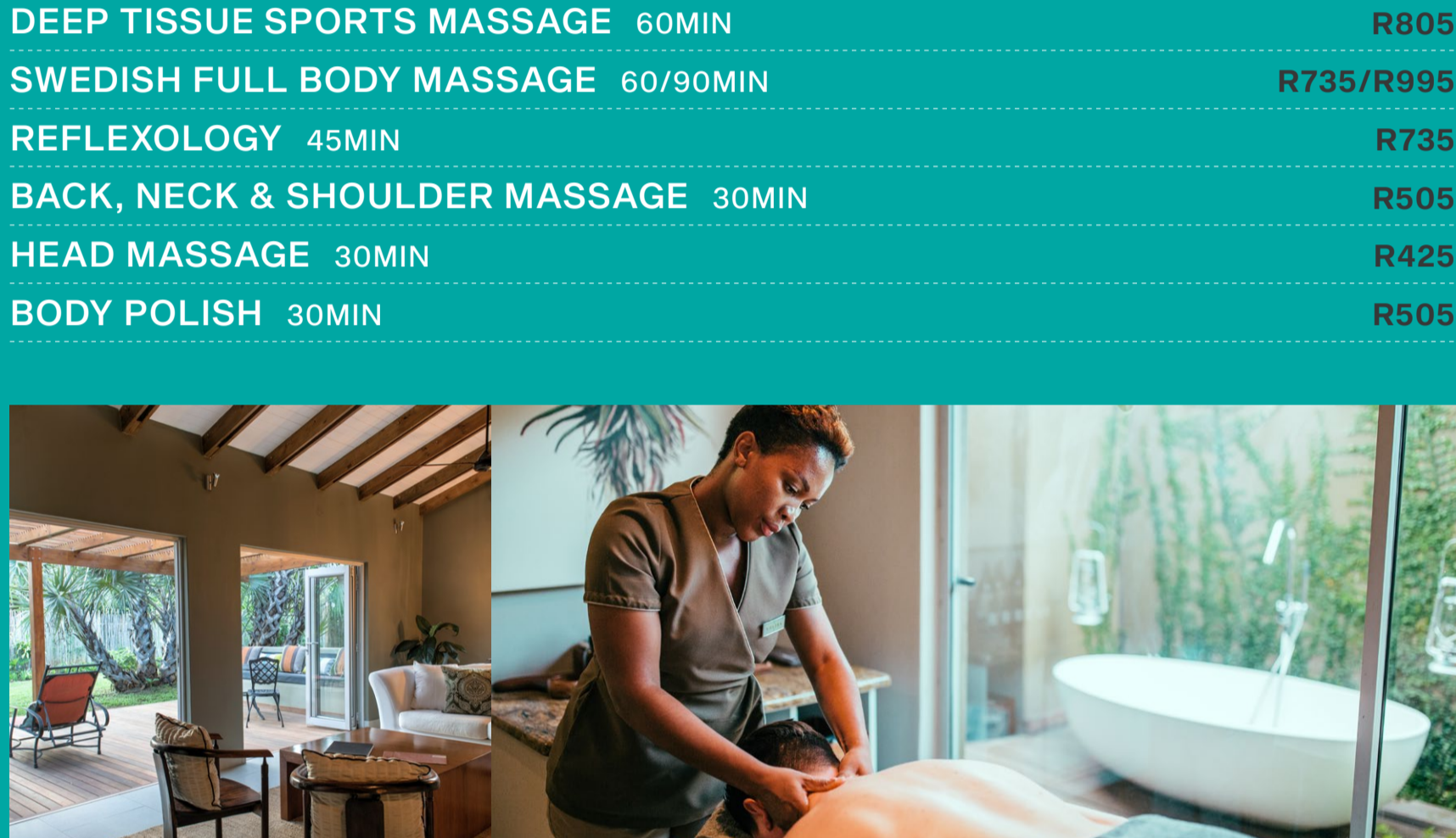
R505

[HEAD MASSAGE 30MIN](#)

R425

[BODY POLISH 30MIN](#)

R505



BODY MASKS

TERRES D'AFRIQUE

TERRE BLANCHE BODY MASK DETOX & SOOTHE BODY MASK (90MIN)

R1,500

Bentonite clay, combined with proudly African Buchu and Aloe Ferox work in harmony on the deep layers of the skin to remove heavy metals and toxins to soothe away the stress of everything from too much sun to urban pollution, and leave you soft and smooth to the touch.

BODY TREATMENTS

TERRES D'AFRIQUE

AFRIQUE GOLD DEEP MOISTURISER (90MIN)

R1,535

Explore the secrets of Mali and Ghana to experience one of the world's richest Shea butters. Begin your journey with a hydrating, detoxing facial using African botanicals, enhanced by signature massage techniques. Thereafter a slow, deep body massage results in profound relaxation, while the essential fatty acids and vitamins rehydrate, recondition and revitalise your body from head to toe.

AFRIQUE IN HARMONY BODY BALANCER (90MIN)

R995

A full body exfoliation melts the skin for the pure goodness of Terres D'Afrique Mozambican Coconut Oil which prepares antioxidants and Vitamin E into your skin. Soothing hands and the hand-carved wooden TriTouch drains the lymph to the lymph nodes. Pressure points applied along the body's meridians stimulate the body's natural curative abilities. Never have you experienced such relaxation.

AFRIQUE REDISCOVERED BODY REJUVENATION (45MIN)

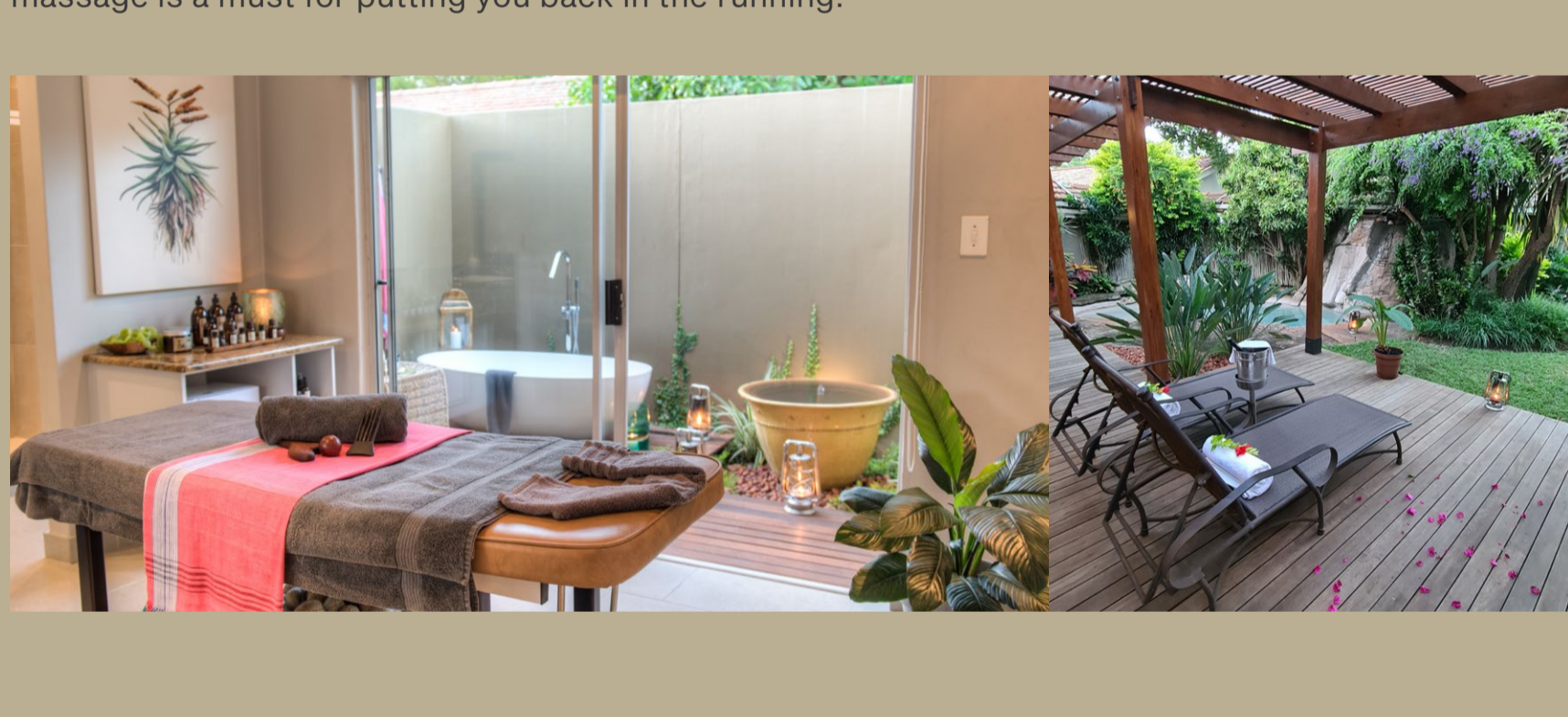
R720

Let your body experience rejuvenation. The warm amber scent of Omumbiri nourishes your skin and your soul. After a gentle exfoliation your skin is ready for the moisturising and healing of the rich Terres D'Afrique Omumbiri Body Butter. Rediscover skin that is smooth and soft of the touch, radiant and glowing to the eyes. Skin that feels as good as it looks.

AFRIQUE RELEASED MUSCLE DE-STRESSER (60MIN)

R735

Katrafay, Ravintsara, Ravensara. These unique Madagascan oils have for centuries proved their muscle relaxing and anti-inflammatory properties. They stimulate the immune system, and fortifying the body. Add to that the healing and softening effects of baobab oil. and this deep tissue massage is a must for putting you back in the running.



FACIAL TREATMENTS

TERRES D'AFRIQUE

AFRIQUE MYSTIQUE ANTI-AGING FACIAL (90MIN)

R1,090

Using Terres d'Afrique Lymph Wands enhances the lifting and firming properties as this age-defying facial smooths out fine lines and wrinkles by 'straightening' the damaged collagen. A wealth of Africa's potent antioxidants stimulates the skin's collagen and elastin production.

AFRIQUE ARISING REHYDRATION FACIAL (60MIN)

R1,090

By stimulating the blood flow to the skin, the Afrique Arising massage technique allows the omega-rich Terres d'Afrique oils and linoleic acids to rehydrate and regenerate the deep layers of the skin. With vitamins from the Baobab working to restore the skin's elasticity, leaving it supple, plumped and smooth to the touch.

AFRIQUE RESTORED DETOX FACIAL (60MIN)

R975

The detox process begins with a combination of deeply relaxing massage and Shiatsu pressure points of the face using Terres d'Afrique signature Lymph wands, stimulating the lymph drainage that helps eliminate toxins and reduce congestion. Then a cleansing mask extracts heavy metals and toxins from deep within the epidermis, leaving the skin ready to soak in omega-rich botanicals for a natural radiance.

AFRIQUE AWAKENING EXPRESS REJUVENATION FACIAL (45MIN)

R900

Hydrating, detoxing and anti-aging African botanicals, enhanced by signature massage techniques, smooth away the signs of life's jet lag, leaving your skin refreshed, radiant and glowing.



FACIAL SKIN CARE

DERMALOGICA

Dermalogica facial treatments are customised to meet your skin's needs based on your personal face mapping skin analysis.

FACE MAPPING SKIN ANALYSIS 5MIN

INCLUDED WITH ANY DERMALOGICA FACIAL

A professional, in depth skin analysis.

PROSKIN 30 30MIN

R475

Radically boost your skin in 30 minutes by targeting key areas for maximum impact.

PROSKIN 60 60MIN

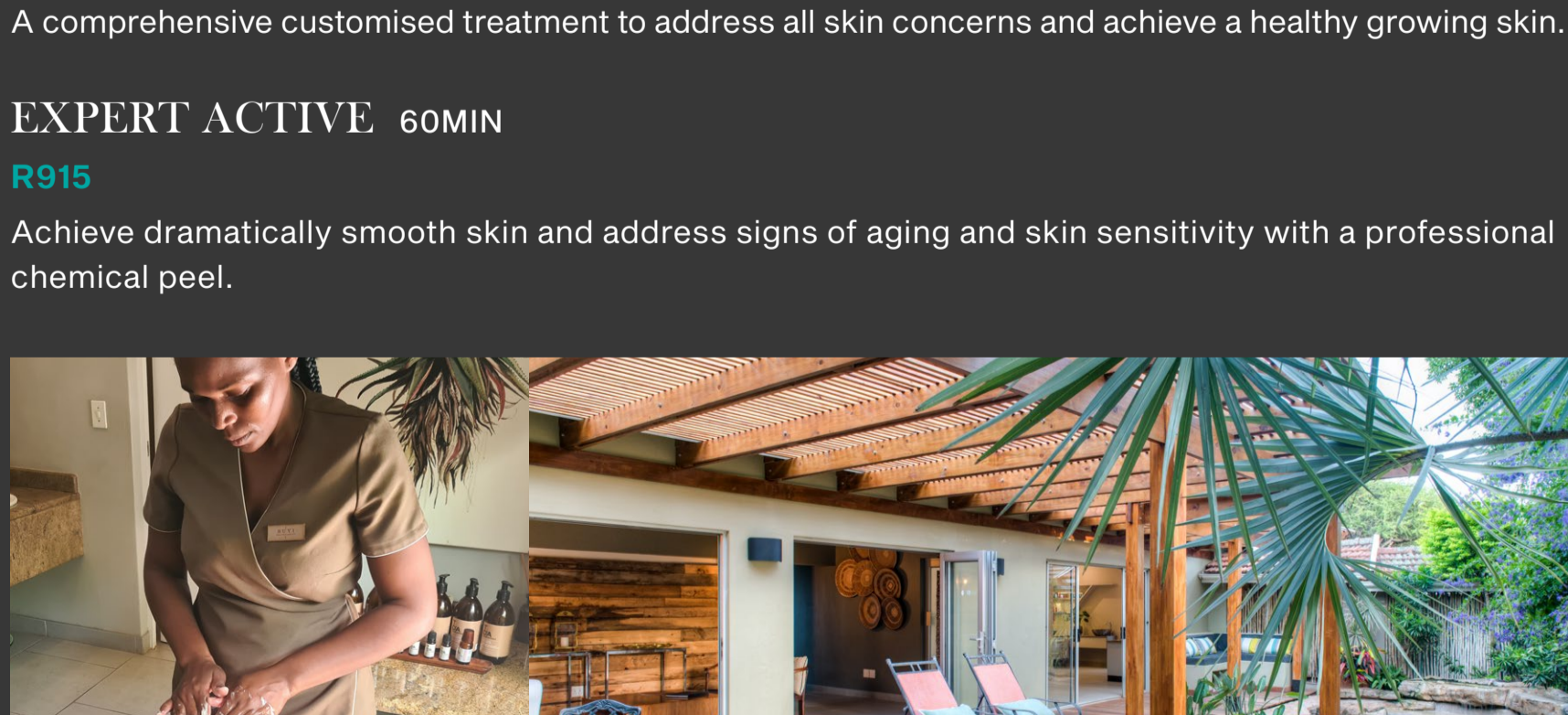
R845

A comprehensive customised treatment to address all skin concerns and achieve a healthy growing skin.

EXPERT ACTIVE 60MIN

R915

Achieve dramatically smooth skin and address signs of aging and skin sensitivity with a professional chemical peel.



ESSENTIALS

[OPI GEL MANICURE](#) 60MIN R500

[MANICURE](#) 45MIN R290

[EXPRESS MANICURE](#) 20MIN R195

[OPI GEL PEDICURE](#) 60MIN R560

[PEDICURE](#) 60MIN R345

[EXPRESS PEDICURE](#) 20MIN R215

[OPI GEL SOAK OFF](#) 30MIN R110

[OPI GEL OVERLAY](#) 30MIN R295

[PARAFFIN WAX \(ADD\)](#) 20MIN R110

[FRENCH PAINT \(ADD\)](#) R110

[FULL LEG WAX](#) 45MIN R370

[ARM WAX](#) 20MIN R210

[FACE WAX](#) 25MIN R265

[HALF LEG WAX](#) 25MIN R265

[BIKINI WAX](#) 30MIN FROM R185

[UNDERARM WAX](#) 15MIN R135

[EYEBROW / CHIN / LIP / SIDE WAX](#) 15MIN R85

[EYELASH TINT](#) 15MIN R115

[EYEBROW TINT](#) 15MIN R85

**Rates are valid until 31 October 2022. Unless otherwise stipulated, rates are per person.*

**Rates are subject to change without prior notification.*

SHARE YOUR EXPERIENCE

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WWW.GHOSTMOUNTAININN.CO.ZA

safari@ghostmountaininn.co.za | +27 (0)35 573 1025