



SPA MENU

Couples Romantic Retreat

120 MINS / R3,000

A blissful journey starting with a private jacuzzi session and a refreshing drink with your significant other. This is followed by a full-body exfoliation, helping to soften and smooth the skin while you gently inhale the calming aromas of Marula and Neroli. Next, surrender to a side-by-side couple's massage using a deeply hydrating body balm, specially tailored to suit your preferred pressure and areas of tension.

Pure Being Shea Butter Massage

60 MINS / R850

Giving full hydration back to the skin using your choice of our curated butters: Energize and Uplift, Stillness Sleep Enhancing, Escape and Relax or Nourish.

Destress Muscle Release

60 MINS / R850

This massage targets stiff and sore muscles by concentrating on the areas of lactic acid build-up. Pressure is altered from medium to deep to adapt to those tough tension areas and improve circulation. A cooling gel is applied to the upper back to refresh, calm and soothe the relieved area.

Relaxation Aromatherapy Massage

60 MINS / R780

A relaxing light-to-medium pressure full-body massage using the beautifully-blended aromatherapy oil of your choice: Condition & Hydrate, Detox & Uplift or Relax & Destress.

Back, Neck, Shoulder & Foot Relief

60 MINS / R780

A popular option for those wanting to relieve tension in the upper body through a combination of manual manipulation and healing oils. The treatment includes a gentle foot massage with Healing Earth's award-winning antioxidant-rich and deeply detoxifying peppermint, rosemary and eucalyptus-infused foot ritual products.

Foot and Leg Relief

30 MINS / R450

A cleansing foot ritual to gently exfoliate and soften the feet. Enjoy a relaxing foot and lower leg massage to melt away tension and soothe tired muscles.

Back, Neck and Shoulder Reliever

30 MINS / R400

Target muscle tension in the upper back with this focused massage using your preferred degree of pressure.

Relaxing Head Massage

30 MINS / R400

Gently stimulate pressure points on the head, releasing tension and offering additional benefits such as improved hair growth, headache relief and increased circulation.

OPTIONAL EXTRAS

Full Body Polish

30 MINS / R450

Soften and smooth the skin with your choice of Healing Earth body polishes to increase circulation, revive tired, dry skin and release a natural glow.

Extra Time

30 MINS / R350

Extend your choice of any 60-minute massage with additional time as you surrender in complete tranquillity and bliss.

