SONOP

BREAKFAST MENU

- MUESLI

Bircher muesli with yogurt and apples poached in prickly pear.

--- SWEET

Pancakes with blueberry jam and whipped cream.

— HEALTHY

Pumpernickel with avocado, smoked fish and crushed boiled egg, black sesame seeds and pickled baby onions

— OMELETTE

Omelette filled with wok-cooked shrimps, spring onion, tomato, biltong, mushrooms and flavoured with rice wine and oyster sauce.

- EGGS BENEDICT

Eggs Benedict with roasted cherry tomatoes.

- NAMIBIAN-STYLE

Eggs with biltong, sweet potato and spinach.

--- SPICY

Poached egg, guacamole, roasted peanuts and spicy tomato coulis.