

Sea Spa Menu

There is no better place to relax, unwind and indulge one's *Mind, Body & Soul*

Signature Treatments

Kululeka Emoyeni Signature Treatment 120 min R 1815

A relaxing retreat which begins with a rejuvenating full body exfoliation, 30 min hot stone back and neck massage followed by an express pedi & facial.

Dune Sunset Signature Treatment 60 min R 905

Back exfoliation, followed by a peaceful 30 min back, neck & shoulder massage, finishing with a 15 min scalp massage.

Turtle Tracks Signature Treatment 120 min R 1750

Begin your journey with a 30 min deep tissue back massage, followed by a hydrating pedicure and ending off with an express facial.

Massage Therapies

Swedish Massage

Back & Neck 30 mins R 495 Full body 60 min R 865 90 min R 1080

Relieving aching muscles, improving blood circulation and reducing stress. The massage involves the use of hands, forearm, or elbows to stimulate the layers of the muscles. Relieving the stresses of everyday life.

Deep Tissue Massage

Back & neck 30 min R 495 Full body 60 min R 865 90 min R 1140

Much deeper pressure than the Swedish massage. Beneficial in releasing chronic muscle tension. Focus on deepest layers of muscle tissue & tendons.

Soul of the Sea Aromatherapy Massage

Back & neck 30 min R 495 Full body 60 min R 815 90 min R 1025

A therapeutic massage using a blend of essential oils to promote healing and a feeling of wellbeing and relaxation.

Basalt Hot stone Massage

Back & neck 30 min R 495 Full body 60 min R 865 90 min R 1140

Smooth flat heated stones are placed on specific parts of your body.

Helps ease muscle tension and promotes relaxation.

Head Massage

30 min R 495

This Scalp, nape and shoulder massage relaxes and relieves these areas of tension with the use of circular movements and essential oils.

Foot Massage

30 min R 495

This therapeutic treatment is an effective method to relax your body focusing on the tension points under your feet.

Kids Dancing Thonga Back Rub

30 min R 325

A gentle butterfly massage with long strokes - non intensive.

Facials & Manicures

Express Facial

30 min R 495

Ideal for those on the go. Cleanse, light exfoliation, pore refining mask, followed by a moisturiser.

Ladies Facial

60 min R 820

A hydrating treatment which revitalises and strengthens the skin, supplying moisture, vitamins and antioxidants, leaving your skin youthful & glowing.

Gentleman's Facial

60 min R 820

This is a relaxing facial designed specifically to combat signs of skin ageing, fine lines, wrinkles and loss of elasticity.

Express Manicure

30 min R 435

A quick manicure focusing on nail shaping, cuticle care and scrub finished with a nail polish of your choice.

Hydrating Manicure

60 min R 605

A luxury manicure where we focus on grooming of the nails, nail shaping, cuticle care, scrub and massage. Ending with a nail polish of your choice.

Express Pedicure

30 min R 495

Focusing on nail buffing, nail shaping, cuticle care and scrub followed by the application of one of our of nail polishes.

Hydrating Pedicure

60 min R 710

Enjoy a soothing foot scrub, soak, nails shape and cuticle care followed by a relaxing foot mask and massage which soothes, softens and nourishes sore and tired feet.

Body Treatments

Mabibi Body Wrap

60 min R 865

Kalahari Clay Wrap can provide multiple benefits by exfoliating dead cells replenish natural oils. It repairs your skin while polishing it leaving you feeling lighter and your soul nourished.

Salt Glow Exfoliation

30 min R 540

The desert salt scrub benefits your skin by exfoliating and removing old skin cells leaving you with hydrated, smooth, more lustrous skin. The signature oil mixed by the therapist will complete this worthwhile treatment.

Suggestion: Pair with a Kalahari Clay Wrap to lengthen and increase the benefits of this 100% natural treatment offer

Smell the Coffee

30 min R 540

This Scrub uses 100% coffee bean granules – helping to reduce puffiness while gently renewing dead skin cells, stimulating the skin and blood flow

Spa Etiquette

- Due to the relaxing atmosphere within the spa, we ask that you keep your voices low, respecting the other guests receiving treatments.
- Please arrive 15 mins early to fill out the consultation form.
- All ages are welcome – adult supervision required for guests under 16.

SPA PACKAGES – COUPLES ONLY

These treatments can only be offered together in our outdoor area, weather permitting.

Love Me Tender 120 mins R 3700

Time: 09h00 – 11h00 or 14h00 – 16h00

Aromatherapy full body massage, express pedicure, express facial, Sparkling wine & Cheese Board.

Soothe My Soul 60 mins R 1900

Time: 09h00 – 10h00 or 14h30 – 15h30

Swedish back and neck massage, your choice of a foot massage or Indian head massage. Cocktail of your choice.

Ladies Retreat 120 mins R 3895

10h00 – 12h00 or 14h00 – 16h00

Back exfoliator, back massage, ladies facial and express pedicure.

Cocktail of your choice.

Gentlemen's Retreat 120 mins R 3885

10h00 – 12h00 or 14h00 – 16h00

Back exfoliator, back massage, gentlemen's facial and express pedicure.

Cocktail of your choice.

Turn Up the Romance 75 mins R 2640

Time: 14h00 – 15h15 or 15h30 – 16h45

Aromatherapy back and neck massage ending with a scalp massage. Pamper foot treatments (wash, exfoliate and massage).

Sparkling wine & Cheese Board.

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