

ELEMIS

DEFINED BY NATURE, LED BY SCIENCE

ELEMIS FACE TREATMENT MENU

FACE: TOUCH | ANTI-AGEING

ELEMIS PRO-COLLAGEN AGE DEFY R890
75 min

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

**Independent Clinical Trials*

ELEMIS PRO-DEFINITION LIFT AND CONTOUR R890
75 min

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

FACE: TOUCH | SKIN SOLUTIONS

ELEMIS SUPERFOOD PRO-RADIANCE R890
75 min

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energizing, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health.

**Independent Clinical Trials*

FACE : TECHNOLOGY

The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Visibly healthy, nourished and energized skin.

TECHNOLOGY | ANTI-AGEING

ELEMIS BIOTEC LINE ERASER | 60min R 1250

Target wrinkles and energize the skin towards optimum performance with micro current pulses and red and blue light therapy. A powerfully rejuvenating clinically proven* facial treatment that effectively irons out wrinkles and fills out lines.

**Independent Clinical Trial.*

ELEMIS BIOTEC FIRM-A-LIFT | 60min R 1250

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.

TECHNOLOGY | SKIN SOLUTIONS

ELEMIS BIOTEC RADIANCE RENEW | 60min R1250

This cellular-boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, while the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.



MOSAIC
LAGOON LODGE

MILKWOOD SPA

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PACKAGES

BOTANICAL BUFFET JOURNEY | 90min R895

Create your own unique body experience by combining lingering fragrances from Africa with organic plant extracts, botanical oils and unrefined earth mediums. Choose your distinctive ingredient favourites and fragrances to combine a personal treatment preparation that buffs away all the dull skin, detoxes the body and leaves your skin soft and nourished. A treatment shaped by you- for you.

AFRICAN REJUVENATION RITUAL | 120min R1,295

This invigorating experience starts with gentle back cleanse, exfoliation and massage before your therapeutic facial. The lifting massage is nature's solution to reactivate your being and bring it into harmony. While you absorb your restorative mask enjoy the scalp, foot and hand massage.

DAY IN THE MILKWOODS | 240min R2,295

When you need the best of both worlds. Begin with a stress relieving full body massage and signature skin treatment followed by your luxurious Hand and Foot treatments. Complete your experience with a healthy Milkwood Spa lunch.

BODY | MESSAGES

AFRICAN AWAKENING/HEAD AND NECK MASSAGE | 30min R325

Fragrant botanical oils are gently poured over your scalp and then massaged into your head and neck. This treatment takes you on a journey of deep relaxation while leaving your scalp hydrated, nourished and your mind cleared. The African Head Massage is sheer relaxation.

KHOI-KHOI DECADENCE/NECK AND BACK 45MIN R425

Let the stress and worries flow away as we massage your tense neck, shoulders and back. The heated stones will release muscle stiffness and leave you relaxed and refreshed.

MAJESTIC ROLLING SANDS/MASSAGE | 60min R695

Experience a deeply relaxing massage with rolling, arm movement over your complete body. The invigorating massage will leave your body refreshed while the fragrant massage oil will calm your senses and leave your body nourished, hydrated and deeply relaxed. Choose between our luxurious scented oils or a warm soybean candle.

BALANCING SOUL | 60min R695

A balancing massage treatment helping to relax, relieve tension in the scalp and feet as well as working on calming and relaxing pressure points to help restore energy balance. Perfect for frequent flyers and to reduce swelling and water retention in the feet.

KALAHARI COUPLES EXPERIENCE | 75min R1,200 for 2

Made with African Shea butter, sustainable Palm oil and Soybean extracts, this botanical candle massage will leave your skin ultra-hydrated and nourished. Enjoy a deeply relaxing couples massage after your couples Koi San Red Bush Tea Ritual.

BODY | SCRUBS & WRAPS

DESERT GLOW BODY BUFF/EXFOLIATION | 45min R425

A bespoke, stimulating and refreshing full body exfoliation that will stimulate blood circulation while unwanted rough skin will be buffed away with botanicals from the plains of the Kalahari. Your skin will feel smooth and deeply nourished.

AFRICAN BALANCE COCOON WRAP | 60min R625

After gently exfoliating the whole body you will be wrapped in a bespoke nourishing fragrant oil and botanical clay that improves lymphatic flow, removes toxins from skin and refreshes your whole body. When unveiled after the treatment, your skin will be silky smooth, invigorated and moisturised.

FACE | THERAPEUTIC SKIN TREATMENTS

(a must for Signature Kalahari journey packages)

AFRICAN METAMORPHOSIS | 60min R695

Hydrate even the most dry and dehydrated skin with natural lipids from African Shea butter, Jojoba oil and Rosemary oil this treatment leaves the skin deeply moisturized and repairs the natural skin barrier, bringing life back to dry, dull skin. Suitable for all skin conditions, excluding oily and acne-prone skin.

BAOBAB TREE SKIN TREATMENT | 75min R1,295

This invigorating experience starts with gentle back cleanse, exfoliation and massage before your therapeutic facial. The lifting massage is nature's solution to reactivate your being and bring it into harmony. While you absorb your restorative mask enjoy the scalp, foot and hand massage.

HANDS & FEET | MANICURES & PEDICURES

CALABASH DANCE | 30min R325

For a beautiful breather from the high-energy nature of everyday life, join us for an experience with a difference. Buff away the dry skin with salt from the salt pans of the Kalahari Desert. Enjoy the soothing experience where your hands and arms/legs and feet will be exfoliated and luxuriously massaged to leave your skin refreshed, smooth and nourished with a subtle bronze glow. Your hands/feet will feel ready for another journey.

JACK BLACK SIGNATURE FACIAL | 45min R450

A facial specifically for men.