

	MAIN ROAD NETWORK		WIREBIRD SITES
	BUILT UP AREAS		COFFEE PLANTATIONS
	FOREST AREA		PLACES TO EAT
	PASTURES		TOILETS
	PLACES OF WORSHIP		POSTBOX WALKS <i>(See reverse)</i>
	SAFE DIVE SITES		FOOTPATHS <i>(See reverse)</i>
	SHIP WRECKS		PLACES OF INTEREST <i>(See reverse)</i>
	PICNIC SITES		INFORMATION
	SHOPPING		FUEL STATION
A	BANKS RIDGE	B	BARREN GROUND
C	BLUE HILL CAMPING AREA	D	BOER ROAD
E	COMMUNITY CENTRE HALF TREE HOLLOW	F	COMMUNITY CENTRE BLUE HILL
G	COWPATH	H	DEADWOOD PLAIN
I	DONKEY PLAIN	J	EBONY VIEW
K	HALFWAY HOUSE	L	HAUL ROAD
M	HOSPITAL	N	JAMES BAY
O	LADDER HILL	P	NEW GROUND
Q	NEWBRIDGE	R	PIPE RIDGE PASS
S	PRINCESS ROYAL COMMUNITY CARE COMPLEX	T	RUPERT'S BAY
U	THOMPSON'S WOOD	V	THOMPSON'S WOOD CAMPING AREA
W	WIREBIRD WAY	X	SANDY BAY BEACH



ST HELENA ISLAND
HERE FOR
you



ABOUT ST HELENA ISLAND

A paragon of biodiversity and a rich heritage spanning 5 centuries: St Helena unlocked. Discover the Island's essence through its natural and built attractions, and journey through time to a culture evolved from influences of Europe, Africa and

Asia. Scratch the surface of Britain's second oldest colony and sample some of the most thrilling adventures, heart-warming encounters and culinary marvels – all with breath-taking backdrops that resemble far flung Jurassic lands.

There is much to be explored in this idyllic isle of volcanic origins. Start your St Helena experience here.



St Helena Island
SECRET OF THE SOUTH ATLANTIC

Abounding with a varied range of walks and trails, the island's diverse landscapes offer everything from gentle ambles to challenging hikes, with natural beauty at every turn. Walkers have the chance to view some of the more remote parts of St Helena and encounter its endemic plants, unique wildlife and rich heritage.

Not to be missed is the **21 Post Box Walks**, devised by the St Helena Nature Conservation Group (SNCG).

With quirky names such as Lot's Wife's Ponds, Sharks Valley and Flagstaff, these walks cover some of the most scenic and untouched parts of the island. There is also a post box containing an ink stamp and a visitors' book at the end of each walk.

- Blue Point** – Green Flag Accredited | Difficulty rating 4/10 | Time required: 2.5 hrs | Trail format: Cul-de-sac (return by same path) | Scenic | Family Friendly | Picnic | Path Surface: Smooth but slippery
- Cox's Battery** – Green Flag Accredited | 3/10 | Time required: 2.5 hours | Trail format: cul-de-sac (Return by same path) | scenic; cultural-historic | Terrain difficulty (technical): walk; no steep climbs | Path surface: smooth solid with rocky section | Picnic | Family friendly
- Diana's Peak** – Green Flag Accredited | Difficulty rating 4/10 | Time required: 1.5 hrs out and 0.75 hours back | Trail format: Cul-de-sac (return by same path) | Scenic | Family friendly | Terrain Difficulty (technical): walk; no steep sections | Path surface: grassy; soil | Wildlife: (animal life): unique ecology
- Flagstaff** – Green Flag Accredited | Difficulty rating 2/10 | Time required: 45 mins up; 30 mins back | Trail format: Cul-de-sac (return by same path) | Scenic | Terrain Difficulty (technical): walk/stroll | Path type and surface: graded gravel and single file sandy | Wildlife: (animal life): endemic Wirebird | Family friendly
- Great Stone Top** – Green Flag Accredited | Difficulty rating 5.5 | Time required: 2 h and 1.5 h back | Trail format: Cul-de-sac (return by same path) | Scenic | Terrain Difficulty (technical): scramble | Path surface: hard; stony | Wildlife: (animal life): Red Billed Tropic bird
- Heart shaped Waterfall** – Green Flag Accredited | Difficulty rating 2/10 | Time required: 1.5 hours | Trail format: Cul-de-sac (return by same path) | scenic; educational (ecology) | Terrain difficulty (technical): walk; ladders | Path surface: smooth solid; protruding roots | Family friendly
- Lot** – Green Flag Accredited | Difficulty rating 6/10 | Time required: 3.5 hours | Trail format: Cul-de-sac (return by same path) | Scenic | Terrain Difficulty (technical): scramble | Path surface: solid | geologic feature
- Lot's Wife's Ponds** – Green Flag Accredited | Difficulty rating 6/10 | Time required: 3.5 hours | Trail format: Cul-de-sac (return by same path) | scenic; recreation | Terrain Difficulty (technical): scramble | Path surface: sandy/rocky/slippery when wet | Swim | Picnic
- Manati Bay** – Green Flag Accredited | Difficulty rating 7.5/10 | Time required: 4 hours | Trail format: Cul-de-sac (return by same path) | Scenic | Terrain difficulty (technical): walk; no steep climbs | Path surface: smooth but slippery | Picnic
- High Hill** – Green Flag Accredited | Difficulty rating 3/10 | Time required: 2 Hours | Trail format: Cul-de-sac (return by same path) | Scenic | Terrain difficulty (technical): walk; no steep climb | Path surface: smooth but slippery sections | Family friendly
- Lemon Valley** – Green Flag Accredited | Difficulty rating 2.5/10 one way, 7/10 return | Time required: 3.5 hours return | Trail format: Cul-de-sac (return by same path); option to return by boat | Terrain Difficulty (technical): walk | Path surface: soil | Scenic | Swim | Picnic, overnight hut
- Peak Dale** – Green Flag Accredited | Difficulty rating 2.5/10 | Time required: 45 min down, 50 min back | | Trail format: Cul-de-sac (return by same path) | Scenic, social | Terrain Difficulty (technical): walk; no steep sections | Path surface: hard surface | Family friendly, dog friendly
- Powell's Valley** – Green Flag Accredited | Difficulty rating 8/10 | Time required: 3.5 hours | Trail format: Cul-de-sac (return by same path) | Terrain difficulty (technical): scramble | Path surface: smooth solid | Scenic; cultural-historic | Family friendly and dog friendly.
- Prosperous Bay** – Green Flag Accredited | Difficulty rating 7/10 | Time required: 4 hours | Trail format: Cul-de-sac (return by same path) | Scenic | Terrain difficulty (technical) scramble | Path surface: solid/rocky/slippery | Swim | Picnic
- Sandy Bay Barn** – Green Flag Accredited | Difficulty rating 5/10 | Time required: 3 hours | Trail format: Cul-de-sac (return by same path) | Terrain difficulty (technical): walk; no steep climbs | Path surface: smooth solid | Scenic | Picnic
- Sharks Valley** – Green Flag Accredited | Difficulty rating 7/10 | Time required: 4.5 hours | Trail format: Cul-de-sac (return by same path) | Scenic | Terrain difficulty (technical): walk; no steep climbs | Path surface: smooth solid | Family friendly, dog friendly | Wildlife (animal/vegetation): Some game/birds | Swim
- South West Point** – Green Flag Accredited | Difficulty rating 4/10 | Time required: 3 hours | | Trail format: Cul-de-sac (return by same path) | Terrain difficulty (technical): walk; no steep climbs | Path surface: smooth with rocky section | Scenic | Wildlife (animal/vegetation): Some game/birds; flowers | Family friendly
- Sugar Loaf** – Green Flag Accredited | Difficulty rating 6/10 | Time required: 2 hours out; 2.5 back | Trail format: Cul-de-sac (two direction path) | Terrain difficulty (technical): scramble (scary heights), Path surface: rough | scenic; cultural | swim
- The Barn** – Green Flag Accredited | Difficulty rating 8/10 | Trail format: Cul-de-sac (return by same path) | Time required: 5 hours | Scenic | Terrain difficulty (technical): uneasy walk. Path surface: rocky
- Thompson's Valley** – Green Flag Accredited | Difficulty rating 8/10 | Time required: 4 hours | Trail format: Cul-de-sac (return by same path) | Difficulty (technical): walk; some steep slopes | Path surface: smooth / rocky / slippery | scenic/cultural-historic | Swim | Picnic
- High Peak** – Green Flag Accredited | Difficulty rating 2.5/10 | Trail format: circular | Time required: 1.5 hours | Terrain difficulty (technical): walk; no steep climbs | Path surface: smooth solid | Scenic | Wildlife (animal/vegetation): Some game/birds; flowers | Picnic

The footpaths are easier and more suited to families and less able walkers. These are:

- Brown's Hill** – Difficulty rating 2/10 | Time required: 1 hr
- Casons Gate to Fairyland flax mill** – Difficulty rating 3/10 | Time required: 1 hrs

Cason's gate to Rosemary Plain – Difficulty rating 3/10 | Time required: 1 hrs

Cason's Gate to Thompson's Wood via Horse Ridge – Difficulty rating 3/10 | Time required: 1 hrs

Longwood Boundary – Difficulty rating 3/10 | Time required: 1 hrs

Peak Hill to Francis Plain – Difficulty rating 3/10 | Time required: 1 hrs

Plantation Forest – Difficulty rating 3/10 | Time required: 1 hrs

Samson's Battery – Difficulty rating 3/10 | Time required: 1 hrs

PLACES OF INTEREST

- Millennium Forest** – Situated in the North-Eastern corner of St Helena to recreate the Great Wood that existed before colonisation, visitors can pay to plant Gumwoods and become a part of the restoration effort.
- St Helena Distillery** – Possibly the most remote distillery in the world. The signature Tungi is made from the wild prickly pear, seen growing in most barren areas and crevices on the Island. In their range is also a coffee liqueur sourced from the local prestigious bean and the Gin, from the detoxifying Juniper berry.
- The Saint Helena Donkey Home** – The facility helps to promote the care, use and love of these Donkeys on the island of St Helena. A visit to the Saint Helena Donkey Home can be arranged upon request via Teeny Lucy, Chair of the Donkey Committee on **Tel: 23988**. Donations are accepted.
- SHAPE Centre** – St Helena's Active Partnership in Enterprise Centre provides training and work experience for disabled and vulnerable people on the island producing local, quality crafts, using local resources. Contact **shape@helanta.co.sh** or **call 24690**.
- Golf Course** – One of remotest 18-hole golf courses and club in the world, if you're ready to tee off the **contact 24421** to make arrangements.
- Meteorological station** – Watch the age old tradition of the weather balloon being released – **contact Metoffice.ops@helanta.co.sh** or **Tel: 24422** for more information.
- Bell Stone** – Strike the trachyandesite boulder with a stone and hear it ring.
- Clifford Arboretum and George Benjamin Arboretum** – Both are gentle walks featuring a wide range of endemic flora and fauna.
- Museum** – View the islands capsule of History at leisure on Monday, Wednesday, Thursdays and Friday from 10am – 2pm and on Saturdays from 10am to 12pm at the St Helena Museum.
- Public Library** – The St Helena Public library is the oldest in the Southern Hemisphere, offering a range of history books and other general reading. Opening times are as follows; Monday, Tuesday, Thursday, Friday from 9:30am to 1:30pm and 2pm to 5pm, Wednesday from 10am to 1pm and 2pm to 4pm and Saturday from 10am to 1pm and 6pm to 8pm.
- Prince's Lodge** – View the Castell Collection which claims to be is the world's largest collection of images and maps of St Helena.
- Jacob's Ladder** – Take on the challenge and climb the 699 steps that reach from Jamestown to Ladder Hill Fort. Once completed visit the museum for your certificate.
- Archives** – The St Helena Government Archives was established in 1962 and our earliest records date back to 1678. The Archives is open weekdays from 8.30am to 4pm and is located in the Castle Courtyard, Jamestown. The Archives team can assist with research on island history or even help trace your family tree.
- St James Church** – Situated in Jamestown, is the oldest Anglican Church in the southern hemisphere, founded in 1659, however at the time it was not very solidly built and by 1678 it was in need of repair. The church was reconstructed in 1774, although slightly altered is the one that stands today. The church spire, dating from 1843, was taken down in 1980, but was replaced in 2016. The church is often open to visit.
- Napoleons House** – Permanent residence of Napoleon and the place of his death 5th May 1821. It holds the main collection of Napoleonic artefacts.
- Napoleons Tomb** – At his own request Napoleon was buried at Sane Valley, where he often visited, now the Valley of the Tomb, on route to Longwood House.
- Briars Pavilion** – The first residence of Napoleon when he arrived at St Helena. For more information on visiting the Napoleonic properties, please visit the tourist office.
- High Knoll Fort** – Stands high above Jamestown. It is a massive structure and a wonderful example of military defensive structures of its time. The views from different aspects of the fort across the island are magnificent and well worth the effort of walking around it. The commencement of work is often attributed to Governor Brooke in 1790. However, the major construction is likely to date from 1798.
- Plantation House** – Built in 1792 as a country residence for the Governor by the East India Company and since main home to the thirty-five Governors that have been employed. The grounds are also home to the island's oldest inhabitant, Jonathan the Tortoise. Book a tour of Plantation House at the Tourist office.
- Maskelyne Observatory** – Nevil Maskelyne and the lesser known astronomer Robert Waddington came to St Helena in 1761 to observe the transit of Venus of that year. Maskelyne used a site near Hutt's Gate.
- Ladder Hill Fort** – Governor Robert Brooke built the first fortification here in 1790, extending it in 1797. The fort had its own water supply carried from what is now the Redhill Treatment works, below High Knoll Fort, in channel, probably of stone. The strategic value Ladder Hill Fort for commanding the approaches to Jamestown Harbour had been recognised by the time Napoleon arrived in St Helena and additional guns were sited there during the period of his captivity. It was further extended in the 19th Century and was described in 1883 by Benjamin Grant as the 'principal Fort on the Island'.
- Boer Cemetery** – Contains graves of the Boer prisoners of war who died during their captivity on St Helena. In 1913, the Union Government sent two granite monuments which are inscribed with the names of all who died. The cemetery was renovated during the visit of the South African Navy support ship SAS Drakensberg in June 1991. Nearby is a Baptist church and cemetery where there is a monument to Hudson Janisch, the island's only St Helenian Governor who died in 1884.
- Boer Camp Site** at Deadwood Plain was the home of first group of prisoners arrived on the island on board the MILWAUKEE on April 14th 1900. St Helena was the first overseas destination for the prisoners from the Boer War.
- St Pauls Cathedral** – Built in 1851, the building became a Cathedral church of the diocese of St Helena in 1959, this church is surrounded by burial places for Anglicans, past Governors, Bishops, Clergy as well as military personnel dating back hundreds of years and other religious denominations.

PLACES OF WORSHIP

There are several different denominations on St Helena which have their own places of worship, these include, Anglican Churches including; St Paul's Cathedral and St James' Church, the oldest Anglican church in the Southern Hemisphere, Seventh day Adventist, Salvation Army Halls, Jehovah Witness and Apostolic.

PLACES TO EAT

There are a variety of eateries on the island, with many offering fast food and takeaway services. Visitors can often sample St Helena traditional stables such as fish cakes and pilau, reflecting many culinary historical influences. There are a few restaurants located in the heart of the island, Jamestown; Mantis, The Blue Lantern, The Orange Tree and Anne's Place. Offering an informal dining experience for all ages are restaurants located in Half Tree Hollow; Rosie's Taste 4 life, Tasty Bites and Joshie's Cafe.

PICNIC SITES

These Sites located around the island provide picnic benches and bins for public use.

WIREBIRD SITES

The endemic Wirebird (St Helena Plover) is a source of national pride and is featured on the island's coat of arms and flag. Be aware of where you step at these sites as these birds' nest on the ground. Tours of these sites can be booked – contact the Tourist office for information on tour providers.

DIVE SITES & SHIP WRECKS

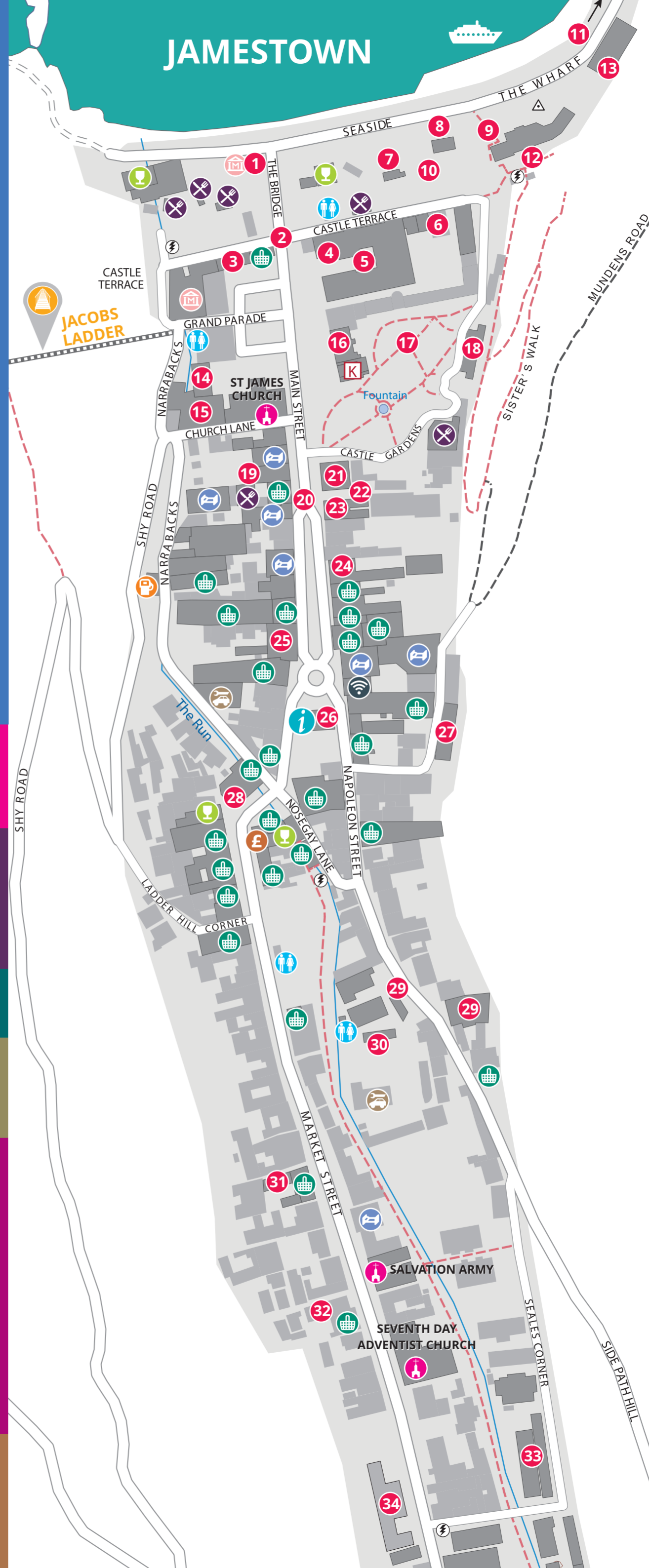
Popular dive sites boast a range of mixed habitats, including rocky reefs, with caves and areas of boulders, cobbles and sand. Dive into the past and explore the several shipwrecks found on the leeward side of the island. Each wreck battling against mother nature to preserve their memory from the deep below.

- There are also eight shipwrecks around St Helena that divers can explore, which includes:
- **Bedgellet** – This salvage vessel for the Papanui, sunk in 2001.
 - **Frontier** – A drug running fishing trawlers confiscated and sunk in 1994.
 - **Portzic** – A fishing vessel, old and unrepairable, sunk in 2008.
 - **Atlantic Rose** – A boat first used for cargo and later converted into a fishing vessel until it broke its moorings and sank in 2006.
 - **Spangereid** – A coal ship that caught fire and sunk in 1920.
 - **Papanui** – A vessel that caught fire and sunk in 1911.
 - **Darkdale** – A royal fleet auxiliary tanker sunk by German U-boat in 1941.
 - **Witte Leeuw** – A cargo ship that sunk in 1613.

To explore St Helena's diving sites it would be advisable to book with a local Dive Operator. For more information, contact the Tourist office.

COFFEE PLANTATIONS

St Helena's Coffee is Bourbon Arabica that was introduced from Yemen by the East India Company in 1732. There are 4 coffee plantations on St Helena including; Rosemary Gate Coffee, Beardsville Coffee and Farm Lodge Coffee all located at Rosemary plain and Solomon and Company PLC coffee plantation in Sandy Bay.



- THE CENOTAPH
- TOWN GATE, TERRACE WALL & TERRACE
- SPORT CENTRE
- THE ARCHIVES
- THE CASTLE
- HUMAN RIGHTS OFFICE
- SWIMMING POOL
- RIFLE RANGE
- BANKING KIOSK
- FORTIFICATIONS & BASTIONS
- TO BOAT TRIP DEPARTURE POINT
- CUSTOMS/PASSENGER TERMINAL
- FREIGHT TERMINAL
- ATTORNEY GENERAL CHAMBERS
- THE OLD GAOL HM PRISON
- LAW COURTS
- CASTLE GARDENS
- SAMS RADIO STATION
- ASSOCIATION HALL
- SAINT FM
- PORTEOUS HOUSE
- BROADWAY HOUSE
- SAINT HELENA NATIONAL TRUST
- ESSEX HOUSE
- POST OFFICE
- ART AND CRAFTS CENTRE
- SCOUT HALL
- THE MARKET
- JAMESTOWN COMMUNITY CENTRE
- FREEMASONS HALL
- THE RUN
- FORESTERS HALL
- CONNECT SAINT HELENA
- COLEMANS HOUSE, POLICE STATION & IMMIGRATION OFFICE

- BANK
- BAR
- PLACES OF WORSHIP
- HOTEL
- MONUMENT
- FUEL STATION
- CHILDREN'S PLAYGROUND
- GARAGE
- PLACES TO EAT
- SHOPPING
- OPEN TOILET
- INTERNET/MOBILE