

Garrison BISTRO

SOUP OF THE DAY (V) £3.50

With Ciabatta Bread

LEMON & HERB CRUMBED CALAMARI BURGER £9.50

Served with Tartare Sauce & Fries or Salad

JAW BREAKER BURGER £11.50

Topped with Fried Egg, Minute Steak, Bacon, Cheese and
Marinated Chicken Breast Served with Fries

DOUBLE MANTIS BURGER £10.00

Served with Fries

BBQ ASIAN CHICKEN WINGS (MILD/SPICY) £8.50

Served with Salad, Onion Rings & Fries

SURF & TURF (MINUTE STEAK & PRAWNS) £11.50

Served with Salad & Fries

CHEF'S SPECIAL OF THE DAY

CATCH OF THE DAY £8.00

Served with Fries or Salad

MONGOLIAN RIBS (300G) £9.50

Served with Coleslaw & Fries

GRILLED VEGETARIAN WRAP (V) £6.50

Served with Salsa & Fries

PANZANELLA SALAD (VEGAN/VEGETARIAN) £6.00

Tomatoes, Crispy Croutons, Red Peppers, Basil & Olives

MARINATED CHICKEN WRAP £7.50

Cheese, Jalapeno and Pineapple Served with Fries

Mantis St Helena