



THE SPA

SIMPLY RELAXING. NATURALLY THERAPEUTIC.



OUR MASSAGES

OIL MASSAGE

1 HOUR - 20\$ / 160 000 kips

A massage to nourish the skin and relieve muscular tension. The oil massage is comprised of long rubbing and stroking motions.

LAO MASSAGE

1 HOUR - 15\$ / 120 000 kips

A massage to relieve stress off both the body and mind. The masseuse rests on the body's pressure points with rhythmic repetition, using her body weight to add force. The set routine starts with some foot reflexology and moves its way up to your head.

FOOT MASSAGE OR HEAD & SHOULDER MASSAGE

30 MINUTES - 10\$ / 80 000 kips

The head and shoulder massage helps cure headaches and leaves a real relief feeling, while the foot reflexology helps your whole organism to recuperate.



SANCTUARY

NAM NGUM BEACH RESORT

WORKING HOURS: 9AM – 9PM (LAST SESSION)

MASSAGES UNDERTAKEN IN YOUR ROOM

INFORMATION AND BOOKINGS AT THE RECEPTION

WWW.SANCTUARYHOTELSANDRESORTS.COM

